



CountrySide Lakes

941 Village Trail • Port Orange, FL 32127 • (386)756-3480

EASTER



MARIE & MIKE HELLAND with
PASTOR MIKE BAYLY

PASSOVER



JEAN DOLEN will celebrate her
105th birthday during Passover

APRIL 2026

Message from the Executive Director

Easter and Passover are uniquely aligned this year. The holy holidays overlap starting this week.

Christian and Jewish residents share a foundational faith in the same God. While their religions have separate core beliefs, our residents are united in their spirituality and deep faith in God.

Wishing you and your loved ones a blessed Easter and a joyful Passover.

Later this month, Earth Day will be a highly significant occasion. A tree in honor of senior lives will be planted by the Garden Club on our grounds.

This "Tree of Life" will symbolize eternal living as well as a connection between heaven and earth. Over the years, it will take on different meanings for each of us. As it matures, the tree will bear "a soul in every leaf".

TreePeople, a California based environmental group, inspired this project. Please check out their website and support its mission.

Management Team

KRIS WILLIAMS - Executive Director
PETER PAKURIS - Senior Marketing Director
JULIE SMITH - Nursing Director
STEVEN BERNSTEIN - Executive Chef
AIMEE WILSON - Activities Director
DANLADI MAIDUGU - Maintenance Director
CELIA LAUREANO - Housekeeping Director
CHAD OWENS - Physical Therapy Director
JANET MUNSON - Business Office Manager

The Benefits of Walking

Walking is a highly effective, low-impact exercise for seniors. Regular walking strengthens the heart, lowers blood pressure, and improves circulation.

In addition, walking helps maintain bone density, reducing the risk of osteoporosis and hip fractures. Walking regularly helps manage or prevent type 2 diabetes, stroke, and certain types of cancer.

By strengthening muscles and improving joint flexibility and balance, walking reduces the likelihood of falls. Walking releases endorphins, which can reduce anxiety, depression, and improve mood and self-confidence. It also helps slow cognitive decline and supports better sleep quality.

Join other residents each morning for a pleasant walk around our grounds. According to studies, walking just fifteen minutes, four times a week, can lead to a longer, healthier life.



Early morning walkers JOE KITZER, CAROL FAUST, SUE WRIGHT, ADRIENNE BOND, MARIE HELLAND, MIKE HELLAND, SAMMY SCAFF, DAN O'ROURKE, PAT KRIEGER, KAREN TOWNES, BARABRA JENSEN

Happy Birthday



- 4/2 MIKE ENTLER
- 4/3 VICKI WELCH
- 4/6 PRISCILLA BRODIE
- 4/8 JEAN DOLEN
- 4/9 ADRIENNE BOND
- 4/10 R. B. BUCKNER
- 4/10 ERLINDA ASUNCION
- 4/11 HEATHER CLOTHIER
- 4/13 LEFKI DEMOPOULOS
- 4/15 ROSALIE MCCLINTOCK
- 4/23 EDIE HOLBROOK
- 4/24 JOAN LONERGAN
- 4/28 JANET VACCHIANO
- 4/30 JOYCE MIRABAL

Staff Birthdays

- 4/9 DEBRA POPE
- 4/22 TAMI BENTON
- 4/29 LAURA KOEHLER



Chef's Table



LINDA KERR, ROSALIE MCCLINTOCK, KATHY MCMINN, CLAUDETTE KRUPNICK, JANET VACCHIANO

Green Day



PAT WOLF, BOB HICKS, CLAUDETTE KRUPNICK, BARBARA & ROBERT REED

Employee of the Month

PAULA CAROLEO is a funny lady. Look at her reaction to learning she is "Employee of the Month"

In addition to having a sense of humor, Paula has a degree in criminal justice from UCF and worked as a corrections officer at the Tomoka Correctional prison.

She is a U.S. Army veteran who was a heavy wheeled vehicle mechanic. Based in Fort Bragg, Paula served in Korea and later in Kuwait and Iraq as a private government contractor.

Born and raised in Florida, Paula has always loved cars. She does her own mechanical work on vehicles from replacing oil, brakes, and transmissions.

She is our personable evening concierge who is a worthy Employee of the Month. Yes, you really are Paula!!!



Resident Spotlight



LIBBY PARISI has always been a very active person who loves to keep busy.

At 102, she enjoys lots of different things especially games and people. In fact, she says "people are my medicine".

Born and raised in Massachusetts, Libby was the youngest of seven children. She worked in management in the food industry before retiring at the age of 57.

Libby and her husband Sam, a WWII Navy veteran, were Florida snowbirds until they decided to build a house in South Daytona which became her home for 38 years. They were married for nearly 75 years when Sam passed away two weeks before his 100th birthday.

Libby has a devoted son in Massachusetts, two grandchildren and two great grands.

When she was 100 and still driving a car, she decided to move here to CountrySide Lakes mainly because of all the many activities offered. Activities are important to Libby and her favorite is bridge. She plays twice a week and loves it.

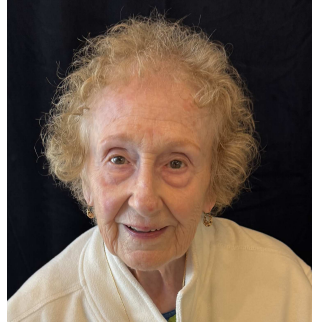
In the above picture, Libby is holding a powerhouse bridge hand consisting of high honor cards totally 28 points. With her typical great sense of humor, Libby admitted she has never drawn such a winning hand in her life but "I did for the picture" (lol)

Everyone loves Libby. What's not to love

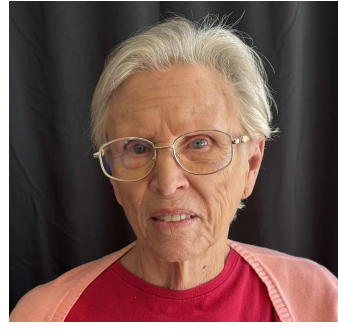
Red Carpet Welcome Party for Our Newest Residents
Wednesday, April 15 @ 3:00 PM in the Atrium



STAN BUTLER



MARILYN MOSELEY



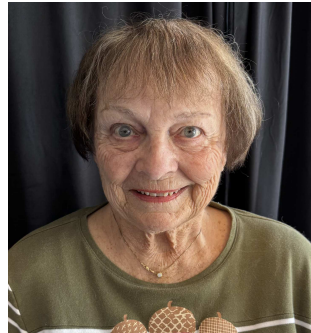
SANDY BEAULIEU



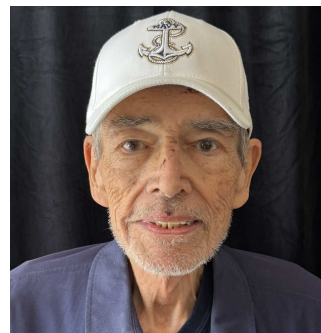
NORMA RUPP



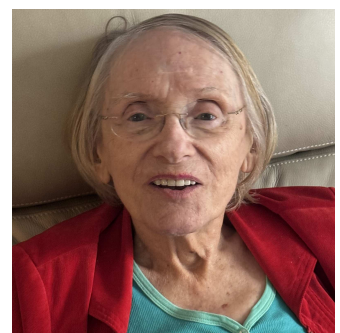
STEVIE GRAHAM



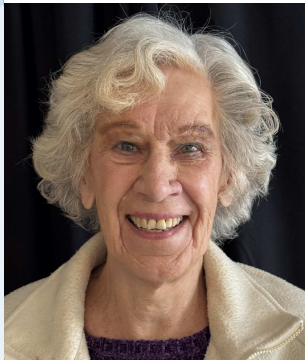
DONNA JARUS



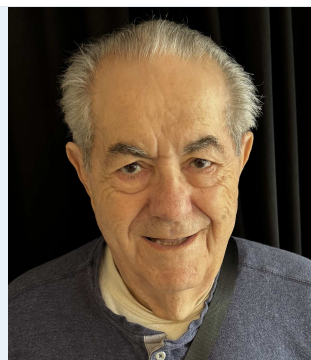
HERB MOSSMAN



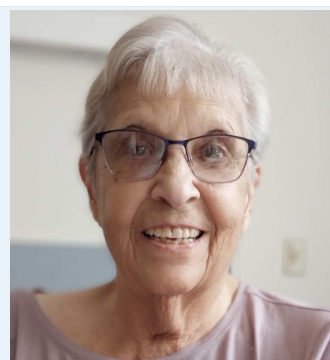
SUE MOSSMAN



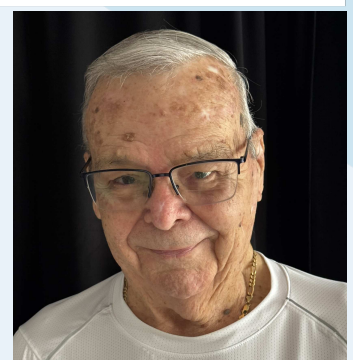
WILMA KOHLER



VICTOR DIMICHINA



JOANN KING



LARRY KING



Hosted by Resident Ambassadors

MARSHA & STEWART SPAR, KATHY MCMINN, MARIE & MIKE HELLAND