



CountrySide Lakes

941 Village Trl • Port Orange, FL 32127 • (386) 756-3480

MARCH MADNESS



MARSHA SPAR's Ohio State Buckeyes and CAROLYN PACE's Kentucky Wildcats will be fierce rivals again this year!

ST. PATRICK'S DAY



DOT VINING has the luck of the Irish!

March 2025

MESSAGE FROM THE EXECUTIVE DIRECTOR

March is a fun month starting with Namesake Day. In our community there are dozens of residents with the same first names. We had fun grouping some of them together for the photos in this newsletter.

Search the internet to find out what your name means and its origin. It's called onomatology. You might discover something fascinating.

During this month, spring officially begins as does daylight saving time. You may have felt that seasons and years moved slowly when you were a kid but zoom by now. Experts say as we age, our perception of time feels like it really does fly.

Everyone can be a little Irish for a day in March, so plan to wear green and join in on the St. Patrick's Day fun we have planned.

College basketball fans know the madness begins this month. March Madness has been a tradition since 1939, so we will be rooting for our favorite teams.

Above all, let's remain happy and active throughout the month.

MANAGEMENT TEAM

KRIS WILLIAMS - Executive Director
PETER PAKURIS - Senior Marketing Director
JULIE SMITH - Nursing Director
STEVEN BERNSTEIN - Executive Chef
JERNY RIEVES - Activities Director
DANLADI MAIDUGU - Maintenance Director
CELIA LAUREANO - Housekeeping Director
CHAD OWENS - Physical Therapy Director
JANET MUNSON - Business Office Manager

Happy Namesake Day



- PAT NELLIS • PAT BARNES
- PAT LOVE • PATSY BEATON
- PATRICIA PARRISH • PAT KRIEGER
- PAT ANDERSON
- PAT JONES • PAT WOLF



- MIKE HELLAND
- MICHAEL LYNN
- MIKE ENTLER
- MICHAEL MOODY
- MARIE HELLAND
- MARIE GRUETER



- BARBARA YOUNG
- BARBARA LAMPERT
- BARBARA POTTER
- BARBARA RUSKIN



- BILL KUCHAR
- BILL SMITH
- BILL POTTER



- SANDRA CHRISTOPHERSON
- SANDRA MOODY
- BETTY SOUTH
- BETTY WILSON



- JOYCE MCGRAW
- JOYCE MIRABAL
- KATHLEEN PETERSON
- KATHY MCMINN
- KATHY HAWK



- JEAN DOLEN
- JEAN DEXTER
- CAROLYN CAPUTO
- CAROLYN PACE



- NANCY RODDA
- NANCY MOETZ
- NANCY FLEET



- JOHN SAUNDERS
- JON JACKSON
- JIM BROOKER
- JOAN LONERGAN



EXECUTIVE CHEF



STEVEN BERNSTEIN has been in the hospitality industry for four decades. He is a graduate of the prestigious Culinary Institute of America in Hyde Park, NY.

Chef Steve has been the Executive Chef at some of the

finest hotels, cruise ships, and wellness resorts in the country.

Born and raised in New Orleans, he started working in a restaurant at the age of 14. He went on to be a chef at the famed Scottsdale Princess Hotel in Scottsdale, AZ followed by the role of Chef Saucier at the elegant Wrigley Mansion in Phoenix, Executive Chef of the Mississippi Queen steamboat, and Executive Chef of the 5-star Enchantment Resort in Sedona.

Chef Steve was named the Executive Chef of the Hilton Daytona Beach Oceanfront Hotel ten years ago.

He and his wife Julie reside in Ormond Beach with their two cats, Frankey and Olive.



- 3/2 . TAXI NOCELLA
- 3/3 . JILL GRAZIANO
- 3/4 . NICK NICHOLAS
- 3/8 . SONNY FRIEDLAND
- 3/9 . LANA BRANNAN
- 3/9 . STEPHANIE RIJ
- 3/10 BETTY WILSON
- 3/19 JACK DESKINS
- 3/20 URSULA O'BRIEN
- 3/22 JOAN FORBES
- 3/24 BOB SWILLING
- 3/30 MIKE HELLAND
- 3/31 JANE MARINE (107)

STAFF BIRTHDAYS

- 3/4 . STEVE DAIGLE
- 3/10 BEA KOSSEWSKI
- 3/15 KIM UNDERWOOD
- 3/16 DESTINY FOSTER
- 3/27 TONYA HAYES
- 3/28 KIM NOBLE

THE 100 CLUB



JEAN DOLEN, SARA HART, JANE MARINE, LIBBY PARISI, IRENE ROSTINE, and GILBERT ABREAU (not pictured HELEN FINLEY)

EMPLOYEE OF THE MONTH



ELENITA STEWART is a valuable member of our waitstaff. She originally joined the culinary team 12 years ago.

Born and raised in the Philippines, Elenita met her future husband there and they moved to the United States 26 years ago. They live in Port Orange with their son and enjoy dining at different restaurants.

NUTRITION ADVICE FROM JERNY

Listen to your body! It will tell you very clearly which foods to eat and what to avoid.

Over time, when we nourish our bodies with the appropriate foods in the appropriate amounts, we become very tuned in to what our bodies need at any given time.

Once good eating habits and choices have been in place for a while, you will become very aware of what your body needs and when it needs it. Embrace healthy habits as a gift instead of a curse and find what works for you ... for a lifetime!



FASHIONABLY ATTIRE FOR AN EVENING OF FUN AND DANCING: MARKETING ASSISTANT MICHELE KOWALSKI, MIKE ENTLER, LIFESTYLE DIRECTOR JERNY RIEVES, KATHY MCMINN, THERESA COMO, AND EXECUTIVE DIRECTOR KRIS WILLIAMS



SARA CARPENTER, MELANIE BUCCOLA, EXECUTIVE CHEF STEVEN BERNSTEIN, MARIE HELLAND, AND JOAN LONERGAN