



CountrySide Lakes

941 Village Trl • Port Orange, FL 32127 • (386) 756-3480

October 2024

MESSAGE FROM THE EXECUTIVE DIRECTOR

October is considered a kind month because it marks the transition from sweltering summer days to the cool weather of autumn. Acts of kindness are prevalent during the month, even though we should all take a moment throughout the year to be kind to someone or show gratitude to those who are kind to us.

Awareness is one of the principals of kindness, particularly health awareness. That's why October observances include: Breast Cancer Awareness Month, World Mental Health Day, Health Literacy Month, and Global Diversity Awareness Month.

Of course, it just wouldn't be October without pumpkins, Halloween, and Oktoberfest. However, the month is synonymous with spiritual wellness which connects us with something greater than ourselves.

Spiritual wellness can guide our actions, help ground us particularly in the face of adversity and periods of change, and give us purpose and meaning in life.

Wishing you a wonderful month full of kindness, awareness, and spiritual wellness.

MANAGEMENT TEAM

TRUDY SIMMONS - Executive Director
PETER PAKURIS - Senior Marketing Director
KRIS WILLIAMS - Nursing Director
GEORGE GAUNT - Culinary Director
BARBARA LOVELACE - Lifestyle Director
ANDREW SWEENEY - Maintenance Director
CELIA LAUREANO - Housekeeping Director
CHAD OWENS - Physical Therapy Director
SHERI MARCUM - Business Office Manager



10/4 - 10/5 OKTOBERFEST



10/9 ALL DAY CARNIVAL



10/31 HALLOWEEN COSTUME PARTY



THE MOST INTERESTING AND LOVING COUPLES RESIDE HERE AT CSL.

**PAT & GEORGE
ANDERSON**

MARRIED 22 YEARS. THEY LOVE TO TRAVEL AND HAVE BEEN TO EVERY CONTINENT.

**SARAH & DAVID
CARPENTER**

40 YEARS MARRIED. THEY ENJOY FINE DINING WITH MANHATTAN COCKTAILS.

**JUDITH & CHARLES
CRAFT**

63 YEARS OF MARRIAGE FILLED WITH LOTS OF TRAVEL AND ATTENDING CONCERTS.

**JOAN & DON
DAIGNEAULT**

MARRIED 71 YEARS. HE WORKED AT A GOLF CLUB. SHE WAS A "SEXY GOLFER."

**GRETCHEN & RICHARD
GARNACHE**

37 YEARS MARRIED WITH MANY LOVELY CRUISES IN THEIR 42 FOOT YACHT.

KATHY & GEORGE HAWK

MARRIED FOR 65 YEARS. THEY MET ON A BLIND DATE AND THE REST IS HISTORY.

MARIE & MIKE HELLAND

MARRIED 71 YEARS. THEY MET IN AN ELEVATOR AND IT WAS LOVE AT FIRST SIGHT.

**JEANETTE & BOBBY
KLEIBER**

50 YEARS OF MARRIED LIFE TAKING LOTS OF CRUISES, TWICE TO ALASKA.

**JOAN LONERGAN &
JIM BROOKER**

THEY MET TWO YEARS AGO AND ENJOY BRIDGE, SPORTS, DINING OUT, AND DANCING.

**BARBARA &
BILL POTTER**

MARRIED 35 YEARS. SHE SANG IN A HARMONY GROUP WHILE HE PLAYED GOLF.

**ALINE & NORMAN
ROBERT**

74 YEARS MARRIED. THEY LOVED TRAVELING BY MOTOR HOMES AND CRUISES.

**MARSHA & STEWART
SPAR**

MARRIED 58 YEARS. SHE PAINTS, HE PHOTOGRAPHS AND PLAYS BEAUTIFUL MUSIC

**ANNE COSENZA &
BOB SWILLING**

TOGETHER 20 YEARS. THEY HAVE TRAVELED TO EVERY WEST COAST FLORIDA TOWN.

**JANET & SHARKEY
THOMAS**

16 YEARS OF MARRIAGE WITH CRUISES AROUND SOUTH AMERICA & EUROPE.



10/2 OUIDA BOYLE
10/2 CHERYL FLANAGAN
10/3 BARBARA RUSKIN
10/4 JUDITH CRAFT
10/4 DOT GROSSNICKLE
10/4 NANCY RODDA
10/4 MIDGE SOLOMON
10/5 CAROLYN PACE
10/5 JANET THOMAS
10/6 PATTI COLEMAN
10/9 HELEN FINLEY
10/14 LOIS CARR
10/14 LIBBY PARISI
10/17 BILL SMITH
10/22 BETTY SOUTH
10/24 PAT LOVE
10/26 CHARLES FINK
10/26 GEORGE PHILLIPS
10/29 PAT NELLIS
10/29 BEVERLY ROSS

STAFF BIRTHDAYS

10/7 ILSA DESOUSA
10/8 SARAH STOVER
10/10 PAULA CAROLEO
10/10 MARY MIS
10/11 ANDREW SWEENEY
10/18 DYLAN MCNALLY
10/21 KAYLEE GOYCOCHEA
10/23 LINDA WEBSTER



EMPLOYEE OF THE MONTH



KIM UNDERWOOD, an Army veteran, joined our culinary team four months ago. She had previously worked as a server in the food industry for over twenty years.

A resident of Port Orange who grew up in Chattanooga,

Tennessee, Kim was a radio operator in Germany during her tour of duty with the Army. She is an avid gardener who enjoys growing little trees, and has cultivated four cedar trees and an avocado tree.

Congratulations, Kim!

BOOT SCOOTIN' LINE DANCERS



CELIA LAUREANO, JOAN LONERGAN, PAT ANDERSON

WE DID IT AGAIN!

CountrySide Lakes has been voted "Best Independent and Assisted Living" for the 13th year in a row by the Hometown News Readers Poll.

U.S. News & World Report has recently ranked us "Best Independent & Assisted Living" in the state of Florida.

We are grateful for the recognition and will strive to continue being the leading community in senior living.



RESIDENT SPOTLIGHT



PAT KRIEGER is one of our most active residents. She grew up on a farm in Pennsylvania where she attended a one room schoolhouse. A true farm girl, Pat has always had a garden growing vegetables, hydroponic and aquaponic plants, and raising tilapia for food.

Pat is a spiritual person who says she "lives her life for the Lord" and it has been quite a life. She was in the control room for the Apollo 11 moon landing, sold real estate for land developers, worked as a police service aide, and has traveled to nearly every state in the country. In addition, Pat has owned several motor homes, travel trailers, and boats.

Moving to CountrySide Lakes was a big decision but according to Pat: "It was the Lord's plan to bring me here. When I first came for a tour, I said this is it, I'm home." She loves her friends and the lifestyle here, especially the staff: "Everyone must love their job because they do it so well."

They all also love Pat, who is a very special resident.

CHEF EXTRAORDINAIRE



Whether it's three meals per day, a lavish buffet, a gourmet Chef's Table event, or a cookout by the pool, Executive Chef GEORGE GAUNT does it all. Kudos to Chef and his team for all the memorable dining experiences.



WONDERFUL IN WHITE; PAT KRIEGER, NANCY MOETZ, JEAN DOLEN, ALICE PELPHREY, NANCY FLEET, LIFESTYLE DIRECTOR BARBARA LOVELACE, ANNE COSENZA, ROSALIE MCCLINTOCK, PAT LOVE, KATHY MCMINN, JACK DESKINS, DOROTHY LEBO, PAM BOONE, ERLINDA ASUNCION, EXECUTIVE DIRECTOR TRUDY SIMMONS



THESE ARE SOME OF THE PROUD PATRIOTS WHO RESIDE IN OUR COMMUNITY; DON DAIGNEAULT, MIKE HELLAND, MARVIN KINDY, RON FOGEL, CLARENCE BLOOM, BILL SMITH, GEORGE ANDERSON, JACK DESKINS, CHARLIE FINK, SHARKEY THOMAS, BILL POTTER, JIM BROOKER, NICK NICHOLAS, AND GEORGE PHILLIPS. THANK YOU FOR YOUR SERVICE TO OUR COUNTRY.