



CountrySide Lakes

941 Village Trl • Port Orange, FL 32127 • (386) 756-3480

HAPPY FATHER'S DAY



JON JACKSON, BILL SMITH, BILL POTTER, CARL THOMPSON, and SONNY FRIEDLAND



GREG RODERICK, Frontier Management CEO, and LEAH MILLER, VP of Sales, visited with Executive Director TRUDY SIMMONS.

June 2024

MESSAGE FROM THE EXECUTIVE DIRECTOR

Welcome to June, which is considered the month of vital energy and youth, from the Latin word Juno. It certainly applies to many of our residents who are active and maintain a youthful outlook. They attend exercise classes, utilize the walking path around the property, and participate in such activities as corn hole, axe throwing, and basketball. Physical activity improves strength and balance so stay active and enjoy a happy healthy lifestyle.

Father's Day is celebrated this month. We will have the opportunity to honor 30 proud dads who reside in our community, many of whom are grandfathers as well. They have provided for and influenced the growth of their families so honoring them on Father's Day will be our privilege.

Every June, the U.S. flag is commemorated on National Flag Day. You are invited to join our veterans outside on that day to salute the stars and stripes which grace the entrance of our property.

MANAGEMENT TEAM

TRUDY SIMMONS - Executive Director
PETER PAKURIS - Senior Marketing Director
KRIS WILLIAMS - Nursing Director
GEORGE GAUNT - Culinary Director
BARBARA LOVELACE - Lifestyle Director
ANDREW SWEENEY - Maintenance Director
CELIA LAUREANO - Housekeeping Director
CHAD OWENS - Physical Therapy Director
SHERI MARCUM - Business Office Manager

RESIDENT SPOTLIGHT



GILBERT ABREU will be 100 years old this month. He was born in Matanzas, Cuba in 1924 and emigrated to the United States with his wife Gladys and daughter Victoria in 1963 to escape Communism.

Gilbert worked for TWA installing covers on plane seats. Gladys was a professor in Cuba and went back to college in the U.S. to get her doctorates and became a college professor.

Gladys and Gilbert saved and were able to buy a small home within three years of living in the U.S. Gilbert has always been very grateful to this country for allowing his family to live and thrive in freedom.

In November 2021, Gilbert first came to stay in a respite apartment at CSL until his hurricane damaged home was repaired. He loved living here so much that he permanently moved in and has been an active resident.

Gilbert, affectionately known as "El Cubano", has a daughter, two grandkids, six great-grandkids and five great-great-grandkids.

Happy Birthday Gilbert and welcome to CountrySide Lakes' exclusive "100 Club".

OCCUPATIONS

Prior to retirement, our dads had very interesting occupations.

WARREN ANDERSON
NASA Designer Engineer
STEWART SPAR
Certified Public Accountant
DON DAIGNEAULT
Police Detective
JON JACKSON
Family Practice Physician
MICHAEL LYNN
Architect
JIM BROOKER
Commercial Title Insurance
BILL POTTER
Bank President & CEO
SONNY FRIEDLAND
Managed a Book Company
JACK DESKINS
State Oil and Gas Inspector
AZIZ HANNA
IBM Programmer
SHARKEY THOMAS
Supermkt Mgr/Restaurateur
GEORGE PHILLIPS
Silk Flower Wholesale/Retail
CARL THOMPSON
Kodak Film Editing Manager
CHARLES CRAFT
Public School Administrator
DAVID BRADDISH
Labor Negotiator
BILL SMITH
Florida Power Light Foreman
ALLAN TRUEBLOOD
Bank Owner
RON FOGEL
Systems Analyst
JIM BARLOW
Retail Store Security
ART MOUNTCASTLE
Career Army Pilot



6/4 GILBERT ABREU
6/8 KATHY LEWIS
6/8 ART MOUNTCASTLE
6/20 BARBARA POTTER
6/21 STEWART SPAR
6/21 ALBERTA ROCCO
6/22 LORRAINE SEITZBERG
6/24 IVEY BEDELL
6/24 EMILY WOLFE
6/26 DAVID CORNELIUS
6/27 GINI RAWLINSON
6/29 CHARLES CRAFT
6/30 PATSY BEATON
6/30 IRMA TROVATO

STAFF BIRTHDAYS

6/3 SANYA HIGBIE
6/9 L. HIGGINBOTHAM
6/14 MARIA MORGAN

OUR CARING NURSES



JULIE SMITH, KIM NOBLE,
TRUDY SIMMONS, KRIS
WILLIAMS, and MARY MIS.
Thank you for all that you do!



STAYING FIT



Maintaining vital energy and a healthy lifestyle is the goal of fitness instructor Mike Helland's morning exercise classes. Join the group and improve your strength and balance.

FASCINATORS



Hat lovers Emily Wolfe, Lefki Demopoulos, David Tanajes, Ruth Smith, Janet Thomas, Pat Love, Melanie Campbell, Andrew Sweeney, Celia Laureano, and Matthew Peters



LEMON TREE PLANTING



Green thumbs Pat Kreiger, Sharkey Thomas, Andrew Sweeney, Kathy McMinn, David Braddish, and Kathy Hawk

TEQUILA TIME



Tequila was flowing at the Cinco de Mayo party. Having a great time are Kathy Hawk, Nancy Fleet, Joyce McGraw, Priscilla Brodie, Suzanne Walker, Nancy Moetz, George Phillips, Allan Trueblood, Stewart Spar, David Braddish, Michael Lynn, Jack Deskins, Art Mountcastle, and David Tanajes.



EMPLOYEE OF THE MONTH



ASHLEY SCHROEDER was hired as a Dietary Aide in the Culinary Department only a few months ago but in the short time she has been with CSL, residents have overwhelming acknowledged her outstanding service and positive attitude.

Born in Port Orange, Ashley still resides in her birth town with family and Max, her eight year old Boston Terrier.

She graduated from Atlantic High School in 2023 and as a surprise graduation present, her family took her to the Brevard Zoo. That was a real treat since Ashley hopes to one day be a veterinarian.

In her spare time, Ashley explores her artistic side with painting and pencil drawing while listening to her favorite hip hop recording artists.

Congratulations Ashley and keep up the good work!



EXECUTIVE CHEF GEORGE GAUNT SURROUNDED BY LOVELINESS AT THE "CHEF'S TABLE" EVENT WITH KARIN MURPHY, LEFKI DEMOPOULOS, MIKE ENTLER, DOT VINING, BARBARA RUSKIN, AND ALICE PELPHREY



INDOOR HORSE RACE COMPETITION FEATURING JOCKEYS FRAN GRISLEY, KATHY MCMINN, KATHY HAWK, PAT KREIGER, MARSHA SPAR, AND DOREEN BROWNING