

# CountrySide Lakes

941 Village Trl • Port Orange, FL 32127 • (386) 756-3480

# HAPPY MOTHER'S DAY



Executive Director, Trudy Simmons, with some of our wonderful mothers: Marie Grueter, Stephanie Rij, Janice Amroian, and Martha Coffin

#### MEMORIAL DAY



Some of our proud veterans: David Braddish, Glenda Villanueva, Bill Smith, Mike Helland, Ron Fogel, Art Mountcastle, Bill Potter, George Phillips, and Don Daigneault

# May 2024

# FROM THE EXECUTIVE DIRECTOR

One hundred mothers reside in our community, many of whom are grandmothers and great-grandmothers.

Mother's Day will be a reminder of just how special you are and how much joy you have brought to everyone in your family. To them, you are a superhero. You are their universe.

You gave your children the purest love there could be and taught them to live a life with dignity. Your influence is powerful and has helped to shape the people your children have become.

While we celebrate the mothers of CountrySide Lakes this month, we will also reach into our hearts in remembrance of our own mothers. They may no longer be with us, but we know God reserved a special place in heaven for them. They are just a prayer away on Mother's Day and every day of our lives.

The brave, military heroes who lost their lives while defending our country will be honored this month on Memorial Day. God bless them for their ultimate sacrifice.

#### MANAGEMENT TEAM

TRUDY SIMMONS - Executive Director
PETER PAKURIS - Marketing Director
KRIS WILLIAMS - Nursing Director
GEORGE GAUNT - Culinary Director
BARBARA LOVELACE - Lifestyle Director
ANDREW SWEENEY - Maintenance Director
CELIA LAUREANO - Housekeeping Director
CHAD OWENS - Physical Therapy Director
SHERI MARCUM - Business Office Manager

## **SOLAR ECLIPSE**



All eyes to the sky for the historic 2024 "Great American Eclipse" attended by Kathy McMinn, Lorraine Seitzberg, Alice Pelphrey, Kate Eichler, Ann Lombardo, Joyce McGraw, Priscilla Brodie, Rosalie McClintock, and Burniece Miranda (Back row) Pat Barnes, Pat Krieger, Fran Grisley, Nancy Moetz, Kathy Hawk, Carolyn Pace, and David Tanajes



Lifestyle Director, Barbara Lovelace; Executive Director, Trudy Simmons; Business Office Manager, Sheri Marcum, and Marketing Director, Peter Pakuris

#### BASKETBALL CHAMPS



Kathy Hawk, Kathy McMinn, and Pat Krieger with their certificates (and beer)

## 8-BALL POOL SHARKS



Glenda Villanueva, Jack Deskins, David Tanajes, Don Daigneault, George Phillips, and Suze Hamilton

# **PAINTING CLASS**



Potential masterpieces by Anne Cosenza, Suze Hamilton, and Joan Lonergan

#### HAPPY HOUR



George Phillips, Waller Estes, Jack Deskins, Don Daigneault, David Tanajes, and Art Mountcastle

#### TEA PARTY



Sharkey & Janet Thomas, Anne Cosenza, and Marie Helland

#### RESIDENT SPOTLIGHT



MIKE HELLAND is a retired Physical Therapist who was a gymnast in high school and Seton Hall University where he majored in Health & Physical Education.

During a college summer job as an elevator operator in an office building in Manhattan, a beautiful young girl named Marie who worked in the building rode the elevator. It was love at first sight and they got married three years later.

After a tour of Army duty in the Korean War, Mike developed a successful 30-year career in Physical Therapy. He and Marie moved to Florida in 1980. They are active CSL residents and "Ambassadors" for new residents. Mike conducts exercise classes for residents three mornings a week. He likes to explain each exercise and why it's beneficial. According to Mike, he has them "Do activities to offset inactivity."

Thank you, Mike, for being an awesome resident.



# **SWEET MOTHERS**

We asked resident mothers what is your favorite sweet treat? Suzanne Walker "Tiramisu" Kathy Hawk "Reese's Peanut Butter Cups" Pat Krieger "Chocolate Cream Pie" Melanie Campbell "Butterscotch Candy" Joyce McGraw "Vanilla Ice Cream" Priscilla Brodie "Dark Chocolate" Pam Boone "Carrot Cake" Nancy Fleet "Hot Fudge Sundae" Suze Hamilton - "Kit Kat"



5/12 DOROTHY LEBO 5/18 MARCIA SEALS 5/20 GINI DRAUGHON 5/28 KLARA KERN

#### **STAFF BIRTHDAYS**

5/11 DEBRA RUSH 5/16 MADISON TAYLOR 5/17 VIVIAN ROBERTS 5/19 RYAN GARDNER 5/22 BARBARA LOVELACE 5/28 DAWNIELLE DERRICK 5/28 ELENITA STEWART

Ursula O'Brien "Cheesecake" Bette Wilson "Salted Caramel Ice Cream" Alberta Rocco "Chocolate Pudding" Pat Barnes "Rum Cake" Alice Pelphrey "Lemon Meringue Pie" Gini Draughon "Fruitcake" Dorothy Lebo "Mint Choc Chip Ice Cream" Marilyn Sullivan "Strawberry Swirl Ice Cream" Sandy Moody "Chocolate Cake" Kathleen Borgaro "Warm Apple Pie à la mode" Kathy Santi - "Baklava"

## **HONOR FLIGHT**



Craig Posey, Jack Deskins, and Jim Brooker depart for the "Honor Flight" which honors veterans and escorts them to the various war memorials. They also get to witness the changing of the guard at Arlington Cemetery: A memorable trip!

# EMPLOYEE OF THE MONTH



AMBER BOYCE is basically a shy person who gets really excited about camping.

Pictured here at a campsite, Amber has a massive yurt tent furnished with lights, a fan, and a queen-sized mattress.

Born and raised in a small town in Massachusetts, Amber came to Florida twelve years ago and resides in Daytona Beach.

She started working at CSL nearly ten years ago as an overnight aide/med tech, and is currently applying to become an LPN. It will be a lot of hard work but she is determined to get certified.

Her long-term goal is to be an out of state Travel Nurse taking assignments throughout the country.

Amber cares deeply about our residents and will literally "rush" to their assistance because she has only one speed, which is "super fast," so get out of her way if you see her coming.

Congratulations, Amber, we love you!



PAJAMA PARTY FUN WITH JACK DESKINS, PAT BARNES, LORRAINE SHELDON, ROSALIE MCCLINTOCK, BARBARA RUSKIN, DAVID BRADDISH, ALICE PELPHREY, NANCY FLEET, FRAN GRISLEY, AND PAT KRIEGER



FASHION FORWARD AND LOVELY; DIANE KAYE, JEAN DEXTER, JOAN LONERGAN; HOUSEKEEPING DIRECTOR, CELIA LAUREANO; PAT BARNES, FRAN GRISLEY, AND LEFKI DEMOPOULOS

