



# CountrySide Lakes

941 Village Trl • Port Orange, FL 32127 • (386) 756-3480

January 2024



The CountrySide Lakes "Salus Award" was presented to broadcasting legend Claire Metz for her exemplary achievements in community welfare and public service.

Trudy Simmons presented the award to Claire at a spectacular year end holiday party citing her excellence in broadcasting over four decades.

## MESSAGE FROM THE EXECUTIVE DIRECTOR

Looking back at 2023, the pandemic no longer dominated our daily lives, climate change became more undeniable, and artificial intelligence increased its presence. Here at CSL, we received top honors for the 12th year in a row and welcomed new residents with fascinating life stories.

All in all, it was a good year and we should count our blessings.

The year ahead is like a new chapter waiting to be written. It holds the promise of happy times, good health, and prosperity. In fact, some of the best days of our lives may not have happened yet.

We look forward to enhancing the lifestyle here for all our residents in 2024. The staff is dedicated to providing the highest level of care and services. As always, the safety, well being, and happiness of our cherished residents is our mission.

Every new year brings challenges but with it hope and optimism. My wish for 2024 is for you and your loved ones to have the best year ever.

## MANAGEMENT TEAM

TRUDY SIMMONS - Executive Director  
PETER PAKURIS - Marketing Director  
KRIS WILLIAMS - Nursing Director  
GEORGE GAUNT - Culinary Director  
BARBARA LOVELACE - Lifestyle Director  
ANDREW SWEENEY - Maintenance Director  
CELIA LAUREANO - Housekeeping Director  
CHAD OWENS - Physical Therapy Director  
SHERI MARCUM - Business Office Manager





Alice Pelphrey



Rosalie McClintock



Rosemary Wolfe



Priscilla Brodie



Kris Williams



Sandy & Michael Moody



Kathy McMinn



Betty Snover



Joan Daigneault



Kim Noble





## NEW YEAR'S RESOLUTIONS

Dorothy Lebo:  
"Think positive"  
Lorraine Seitzberg:  
"Be kinder to people"  
Jean Dexter  
"Lose weight"  
Glenda Villanueva:  
"Eat less"  
Chick Joyce:  
"Walk more"  
Rosalie McClintock:  
"Stay healthy"  
Nancy Fleet  
"Call my cousin weekly"  
Jon Jackson:  
"Meet more residents"  
Alice Pelphrey:  
"Give more and receive less"

## HAPPY BIRTHDAY

1/2.. Ethelyn Hamlin  
1/3.. Martha Coffin  
1/6.. David Braddish  
1/8.. Helen McGrane  
1/13 Michael Lynn  
1/19 Pam Boone  
1/23 Jon Jackson  
1/24 Gretchen Garnache  
1/25 Sue Avery  
1/29 Don Daigneault  
1/31 Ruth Compton

## STAFF BIRTHDAYS

1/9.. Wade Pope  
1/9.. Glenda Reilly  
1/10 Diana Brecount  
1/12 Janet Munson  
1/22 Marissa Petranto  
1/25 Greg Lawrence  
1/30 Dale Holmes

## THEY CALL US ELDERLY

Submitted by Pam Boone



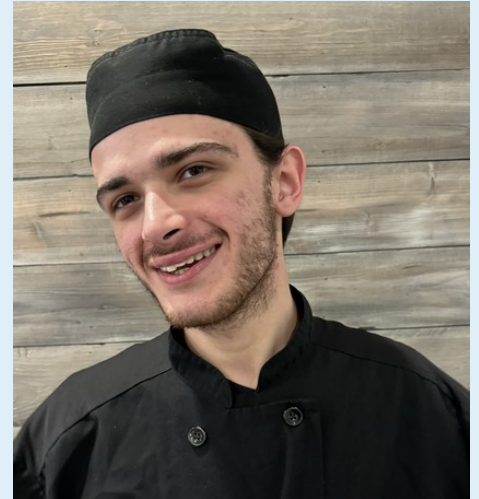
We were born in the 30's-40's-50's and have lived through eight decades, two centuries, and two millennia.

We got to know the first computer and now have smartphones. We went to a video store but now stream. We dodged infantile paralysis, meningitis, polio, tuberculosis, swine flu and Covid. We rode skates, tricycles, bicycles, and mopeds but now have walkers.

Yes, we've been through a lot but what a great life we've had. You could say we had an analog childhood and a digital adulthood. Our generation has literally lived through and witnessed more than any other in every dimension of life.

A big round of applause to the members of a very special generation. Even still, they call us elderly!

## EMPLOYEE OF THE MONTH



DYLON MCNALLY was a student at Mainland High School in Daytona Beach. Upon graduation three years ago, he joined CSL in the culinary department. Today, he is our Prep Cook and loves preparing cold dishes for the residents.

Born in Pittsburgh, PA, Dylan resides in New Smyrna Beach. His pastime passion is gaming at home, especially Pokémon.

His bucket list contains only one item - skydiving. He is determined to do it one day.

Dylon feels he has great co-workers and they agree he deserves to be "Employee of the Month". Congratulations!

## SAVE THE DATE



MONDAY, JAN. 22 @ 6 PM



Executive Chef George Gaunt has elevated our culinary operations far beyond expectations. This lavish holiday party buffet was sumptuous and featured a magnificent ice sculpture sleigh he carved out of a block of ice overflowing with shrimp.



"The Maestro and The Divo" teamed up for an unforgettable evening of opera. Stewart Spar and Angel Delgado are truly gifted artists who thrilled a capacity audience with beautiful music.