



CountrySide Lakes

941 Village Trl • Port Orange, FL 32127 • (386) 756-3480

HAPPY BIRTHDAY

Aug 2.. - Helen Whetstone
Aug 3.. - Ruth Smith
Aug 6.. - John Saunders
Aug 11 - Kathy Santi
Aug 20 - Howard Shaw
Aug 24 - Dona Kowalig
Aug 31 - Ellie Barrett

STAFF BIRTHDAYS

Aug 6.. - Lilia Burns
Aug 16 - Gina Forsyth
Aug 17 - Mona Waiters
Aug 30 - Marquia Kyles

DIRECTORS

BRANDI BETTIN - Executive Director
TRUDY SIMMONS - Nursing Director
PETER PAKURIS - Marketing Director
STACEY GILMER - Comm. Relations Director
BARBARA LOVELACE - Activities Director
KRIS FAVATA - Culinary Director
CELIA LAUREANO - Housekeeping Director
ANDREW SWEENEY - Maintenance Director
CHAD OWENS - Physical Therapy Director
SHERI MARCUM - Business Office Manager



August 2022

MESSAGE FROM THE EXECUTIVE DIRECTOR

It's August and unfortunately the pandemic is still in effect. We wish to thank everyone for your understanding and patience whenever we have had to postpone communal dining and activities as mandated by the health department. It saddens us to suspend planned events and temporarily close the dining room because we know how much you enjoy them. However, it is comforting to know that we are getting through these difficult times together as a community.

Despite the pandemic, love is in the air at CountrySide Lakes. We are blessed to have ten loving couples residing in our community. In this month's newsletter, we highlight our wonderful couples and their amazing stories. Even Bella, our awesome therapy dog, is sporting heart shaped love sunglasses.



Finally, congratulations to our veterans Clarence Bloom, David Braddish, Bob Fortune, Sonny Friedland, and Mike Helland who have been selected to participate in the prestigious "Honor Flight" in Sept.

CLARENCE & ELEANOR BLOOM



Married 64 years ago in New York. Clarence lived in PA and met Ellie in NY. On their first date, they took a romantic cruise. They have three children, three grands, two great-grands.

NORMAND & ALINE ROBERT



Married 72 years ago in Canada. They have traveled the world and even walked with penguins. This adventurous couple, who speak fluent French, has traveled across the United States in a motor home. They have four children and four grands.

GEORGE & KATHY HAWK



Married 63 years ago in Pennsylvania. They met on a blind date and went bowling (she won). Kathy and George have three daughters, eleven grands, four great-grands.

MICHAEL & MARIE HELLAND



Married 69 years ago in New York City. They met in an elevator of all places and attended a college athletic event on their first date. Mike and Marie have three children, two grands, and (wait for it) six grand dogs.

FRANK & CHARLOTTE CARBONE



Married 57 years ago in Brooklyn. As kids, they grew up across the street from each other and went to their high school prom together. They have two children and four grands.

MARTIN & RITA LINSEY



Married 46 years ago in California. They met in Disneyland at a singles dance and since then have shared a love of beaches, camping, and wine tasting. Their marriage has combined seven children which they refer to as "yours, mine, and ours."

STEWART & MARSHA SPAR



Married 56 years ago in the Bronx. They met because Marsha's mother wanted her to date a CPA. Three months later, she proposed to Stewart! They have four children, nine grands, two great-grands, and one on the way.

JAMES SHIDEL & KATHLEEN ANDREWS



They have been together for 12 years after having met in a gym in Massachusetts. This picture was taken on a romantic cruise. Ardent bird lovers, they have four species of birds: canary, parakeet, finch, and a cockatoo.

DONALD & CARMEN DYSARZ



Married 58 years ago in Illinois. They met in a roller skating rink and their first date was in a movie theater. On their honeymoon, they drove in a Volkswagen convertible to Wisconsin Dells. They are proud parents of a son.

DONALD & JOAN DAIGNEAULT



Married 69 years ago in Long Island. According to Don, it was a shotgun wedding! (Joan completely disagrees.) They honeymooned in Niagara Falls. They have three children, five grands, and two great-grands.

Quench Thirst With Lemonade

For many, nothing satisfies summertime thirst better than a chilled glass of lemonade. Research shows that sour flavors stimulate salivation, which hydrates the mouth and creates a thirst-quenching feeling long after the drink is finished. Additional studies also suggest that tart flavors and scents, especially citrus, are often associated with refreshment.

A Cool Combination

A cousin of the Popsicle, the classic Creamsicle has been a refreshing summertime delight since it debuted in the 1930s. Recognized by its outer shell of tangy orange sherbet that surrounds a mellow vanilla ice cream center, the cool and creamy treat has been adapted as a flavor for a variety of desserts and sweets.

Wardrobe Rewind

Swimming pools of old originated one of today's popular warm-weather fashions, the tank top. The casual sleeveless shirts, worn by both women and men, got their design from the top portion of the one-piece bathing suits common during the 1920s. Because pools back then were often called tanks, the top took its name from the place where the suits were worn.



"Painting With a Twist" was a fun event led by Sheri Marcum. Her students were (from left) Pat Love, Dennis Ross, Frank Carbone, David Tanajes, Alice Pelphrey, Kathy McMinn, and Barbara Lovelace. They creatively painted miniature palm trees on a beach.



Pizza and beer get-together with party guys (from left) Carl Thompson, Chuck Anost, Bob Fortune, and David Tanajes.