

CountrySide Chronicle

MONTHLY NEWS CALENDAR

NOVEMBER 2020

THANKFUL FOR OUR VETERANS & HEROES!



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CSL32127

From the Director's Desk

Hurricane season is coming to an end, thank goodness. Only a couple of close calls – whew! Now the biggie still hanging around is COVID-19. Oh ya, don't forget flu season is upon us now, too. Please get your flu shot. We certainly don't want anyone fighting that this year. All of our plates are pretty full.

So during these last two months of the year let's try to find good in all the things we face. Remember, you don't have to face anything alone. Friends, family and even perfect strangers can be helpful during this season. The holidays can be very hard and stressful on anybody. This time of year tends to bring buried things to the surface and old healed wounds can be reopened.



Be patient, be kind and love the people who are in your life.

You can make a difference.

Charlie

Bella's Corner

Follow Bella's photos & videos

@CSL32127

What not to share with your pet for thanksgiving dinner.

"So much of Thanksgiving centers around food and eating that people are often tempted to feed a traditional holiday meal – complete with turkey and stuffing – to their pets. But those foods can actually make your dog or cat very sick, and at times, can even be deadly," caution Broward County Animal Care and Adoption Division Veterinarians.

THANKSGIVING FOOD YOU SHOULD **NOT** FEED YOUR PET

- Gravy/Butter
- Bread (raw)
- Stuffing
- Ham
- Marshmallow
- Bones/Fats/Skin
- Desserts
- Onions
- Garlic
- Grapes/Raisins
- Cranberry
- Green Beans (cooked)
- Mushrooms
- Cake
- Alcohol
- Mashed Potatoes
- Corn (on the cob)
- Nuts



THANKSGIVING FOOD YOU **CAN** FEED YOUR PETS

- Turkey (unseasoned/cooked)
- Sweet Potatoes
- Green Beans (raw)
- Carrots (unseasoned)
- Pumpkin
- Apples
- Bread (baked)
- Corn
- Eggs (cooked)

RESIDENTS SPOTLIGHT



Welcome New Friends!

We are so happy to have you here with all of us. We look forward to seeing you in activities and getting to know you better. Welcome to the CountrySide Lakes family!

William "Bill" Andrasco
Corinne "Carrie" Baker
Laverne Bridges
Donald Carter
Rosella Dunkel
William "Bill" Eddings
George Hartman

Hubert "Bob" Hoke
Katherine "Kathy" McMinn
Richard "Duke" Oskandy
Gerald Pace
Nancy Rodda
Phyllis Shepherd
JoAnne Simonton

November 1–12, 2020

Activities are shown in red.
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
<p>9:00 am Visit the Library 2nd Fl B Side Hall</p> <p>10:30 am Church Outside Social distancing rules apply – close in heart but 6 feet apart Backyard</p> <p>2:00 pm Ice Cream Door to Door</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <hr/> <p>WASH YOUR HANDS!</p>	<p>9:00 am Billiards Billiards Room</p> <p>Exercise 1ST & 2ND FL RESIDENTS 3rd Fl Exercise Rm</p> <p>9:30 am Exercise 3RD FL RESIDENTS 3rd Fl Exercise Rm</p> <p>10:15 am Assigned LRC Dining Room</p> <p>1:15 pm Amazing People Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>2:00 pm Assigned Bocce Small Groups Dining Room</p> <p>3:00 pm Assigned Bingo Small Groups Dining Room</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>10:15 am Assigned Card Games Dining Room</p> <p>1:15 pm Amazing Arts Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <hr/> <p>WASH YOUR HANDS!</p> <p>2:00 pm Assigned Bocce Small Groups Dining Room</p> <p>3:00 pm Assigned Bingo Small Groups Dining Room</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Exercise 1ST & 2ND FL RESIDENTS 3rd Fl Exercise Rm</p> <p>9:30 am Exercise 3RD FL RESIDENTS 3rd Fl Exercise Rm</p> <p>10:15 am Crossword Small Groups See Stephanie</p> <p>1:15 pm Amazing Places Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>2:00 pm Assigned Bocce Small Groups Dining Room</p> <p>3:00 pm Assigned Bingo Small Groups Dining Room</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>Bible Study Social distancing rules apply – close in heart but 6 feet apart Dining Room</p>	<p>9:30 am Championship Boxing Atrium</p> <p>Billiards Billiards Room</p> <p>1:00 pm Funny Videos Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <hr/> <p>WASH YOUR HANDS!</p> <p>2:00 pm Assigned Bocce Small Groups See Stephanie</p> <p>3:00 pm Assigned Bingo Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>Exercise 1ST & 2ND FL RESIDENTS 3rd Fl Exercise Rm</p> <p>9:30 am Exercise 3RD FL RESIDENTS 3rd Fl Exercise Rm</p> <p>10:00 am Puzzles Billiards Room</p> <p>10:15am Adventure Class Atrium</p> <p>1:15 pm Sing A long Songs Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>2:00 pm Assigned Bocce Small Groups See Stephanie</p> <p>3:00 pm Assigned Bingo Small Groups See Stephanie</p> <p>4:00 pm HAPPY HOUR</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>9:30- 10:30am Aquatic Aerobics Backyard</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Assigned Bingo Social distancing rules apply – close in heart but 6 feet apart Dining Room</p> <p>2:00 pm Arts & Crafts Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Visit the Library 2nd Fl B Side Hall</p> <p>10:30 am Church Outside Social distancing rules apply – close in heart but 6 feet apart Backyard</p> <p>2:00 pm Ice Cream Door to Door</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <hr/> <p>WASH YOUR HANDS!</p>	<p>9:00 am Billiards Billiards Room</p> <p>Exercise 1ST & 2ND FL RESIDENTS 3rd Fl Exercise Rm</p> <p>9:30 am Exercise 3RD FL RESIDENTS 3rd Fl Exercise Rm</p> <p>10:15 am Assigned LRC Dining Room</p> <p>1:15 pm Amazing People Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>2:00 pm Assigned Bocce Small Groups Dining Room</p> <p>3:00 pm Assigned Bingo Small Groups Dining Room</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>10:15 am Assigned Card Games Dining Room</p> <p>1:15 pm Amazing Arts Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <hr/> <p>WASH YOUR HANDS!</p> <p>2:00 pm Assigned Bocce Small Groups Dining Room</p> <p>3:00 pm Assigned Bingo Small Groups Dining Room</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>THANKFUL FOR VETERANS Veterans Day Breakfast By Reservation 7:00 am - 9:30 am</p> <p>10:00 am VETERANS DAY PROGRAM In Lobby</p> <p>1:00 pm BINGO Join Stephanie in the Atrium</p> <p>2:00 pm BOCCE Join Stephanie in the Atrium</p> <p>3:00 pm HAPPY HOUR Join Stephanie in the Atrium</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>Bible Study Social distancing rules apply – close in heart but 6 feet apart Dining Room</p> <hr/> <p>WASH YOUR HANDS!</p>	<p>9:30 am Championship Boxing Atrium</p> <p>Billiards Billiards Room</p> <p>1:00 pm MUSIC WITH SWEET MELISSA Social distancing rules apply – close in heart but 6 feet apart POOL DECK</p> <hr/> <p>WASH YOUR HANDS!</p> <p>2:00 pm Assigned Bocce Small Groups See Stephanie</p> <p>3:00 pm Assigned Bingo Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>

CSL BIRTHDAYS NOVEMBER

RESIDENTS

November 5
Agnes Campbell

November 8
Dolores Jacklets

November 9
Don Campbell

November 15
Karin Prasse

November 18
Clarence Bloom

November 25
Arlene Chappius

November 29
Barbara Johnson

STAFF

November 3
Jocalyn Humphrey
Lori Thompson

November 18
Freddie Brockington

November 19
Liz Padilla

November 30
Linda Fenty
Andrzej Leszczynski

HAPPY THANKSGIVING!



I am thankful for my beautiful family.

A wife that thinks I'm handsome and funny, most of the time.

Two sons that have grown up to be men.

A daughter who is crazy pretty. And growing into her own.

I am blessed to work at a community where we have the best residents and the most amazing staff.

I am so thankful for all the life lessons, stories of good triumphing over evil, and the inspirational conversations I have had with relatives and people in my life.

If you take the time to surround yourself with people who make you a priority in their life, not just an option, you will always have an infinite number of reasons to be thankful.

Charlie



I am thankful for everyone here at CountrySide Lakes has remained healthy and Covid free. I think of all of you as family and only wish good things for everyone.

I am forever thankful for the staff that has worked tirelessly during this pandemic. The hours they have given to us are so precious as this is time they could have been spending with their own families. I can never thank you enough.

I'm thankful my own family has stayed safe and healthy during this pandemic.

Mischaelene



I'm always thankful for my wonderful parents who taught me to live, laugh and work hard. And for my precious, loving son who taught me the meaning of unconditional love and last but not least my fur babies Lola, Suki & Bagheera for their unconditional love and emotional support.

Robyn



I am thankful for my two beautiful daughters. I am thankful to have a wonderful life with so many people who care about me. I am thankful for a great job with great people. I also am very thankful for my best fur-friend Jax!

Andrew



I am thankful for my beautiful children, my amazing wife, and the wonderful life that I am able to share with them. I am grateful for being able to use my talents in culinary to share my love of food with all of you. I am thankful that even in hard times I have a team that gives me their very best and have become my second family. I am thankful for all of you and hope that this holiday is a reminder we have so much to be thankful for.

Chef Kris



I am thankful for my health, my family, my career, my coworkers, and residents.

Celia



I am thankful, for YOU! I am so ever thankful to be working in such a loving, caring, and compassionate place with so many amazing people.

Culinary team goes so far above and beyond for me on a daily basis. I hope you all know how much I love you!

Housekeeping is a dedicated, tireless group of people who work so hard to keep us healthy and beautiful. Front desk team handles every little detail for all of us and are just to good to be true.

Nursing team there are no words other than great, amazing, phenominal, patient, kind, loving, HEROES!

Thankful for each and every person that shows up here every day to make a difference.

Stephanie



We are thankful for our Health, Family, each other and all of our wonderful patients.

Chad and Angela



I am thankful for my family, friends and my incredible job here at CSL. Even in this uncertain time I am truly blessed to be here and have the love and support of family & friends. I am thankful that all are safe and healthy.

Trudy

Sign up for Veterans Day Breakfast and Thanksgiving Lunch or Dinner at the front desk.

VETERANS DAY BREAKFAST

7:00 or 8:00 am

THANKSGIVING LUNCH

11:00 am, 12:15 or 1:30 pm

THANKSGIVING DINNER

4:00, 5:15 or 6:30 pm

1 person per table only



Online holiday shopping assistance Monday, Nov. 30th.

See Stephanie to schedule a time. 10 am to 4 pm

November 13–26, 2020

Activities are shown in red.
Wellness classes are in blue.

13	14	15	16	17	18	19	20	21	22	23	24	25	26
Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
<p>9:00 am Billiards Billiards Room</p> <p>Exercise 1ST & 2ND FL RESIDENTS 3rd Fl Exercise Rm</p> <p>9:30 am Exercise 3RD FL RESIDENTS 3rd Fl Exercise Rm</p> <p>10:00 am Puzzles Billiards Room</p> <p>10:15 am Adventure Class Atrium</p> <p>1:15 pm Sing A long Songs Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>2:00 pm Assigned Bocce Small Groups See Stephanie</p> <p>3:00 pm Assigned Bingo Small Groups See Stephanie</p> <p>4:00 pm HAPPY HOUR</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Check out a Book 2nd Fl B Side Hall</p> <p>9:30 am Billiards Billiards Room</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Assigned Bingo Social distancing rules apply – close in heart but 6 feet apart Dining Room</p> <p>2:00 pm Arts & Crafts Small Groups Dining Room</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <hr/> <p>WASH YOUR HANDS!</p>	<p>9:00 am Visit 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<p>WASH YOUR HANDS!</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>

November 27–30, 2020

27

28

29

30

Friday	Saturday	Sunday	Monday
10:00 am Christmas Tree Decorating Each Floor	9:00 am Library 2nd Fl B Side Hall	9:00 am Library 2nd Fl B Side Hall	9:00 am Billiards Billiards Room
9:00 am Library 2nd Fl B Side Hall	9:30 am Billiards Billiards Room	10:30 am Church Outside Social distancing rules apply – close in heart but 6 feet apart Backyard	Exercise 1ST & 2ND FL RESIDENTS 3rd Fl Exercise Rm
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10:00 am Puzzles Billiards Room	2:00 pm Bingo Dining Room	6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium	10:15 am Assigned LRC Dining Room
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WASH YOUR HANDS!			3:00 pm Assigned Bingo Small Groups Dining Room
			6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium

Activities are shown in red.
Wellness classes are in blue.



THANK YOU EVERYONE FOR ALL YOUR SUPPORT!

October was breast cancer awareness month and everyone showed their dedication to the cause by wearing pink on Fridays. You raised \$46.00 to keep Stephanie's hair, and \$254.00 to cut it off! All monies were donated to MyHopeChest.org.

We are so thankful for all the love and support Trilogy has shown our residents. Especially during these difficult times. Thank you for all you do for us Tabby and Team



Cudas Closet

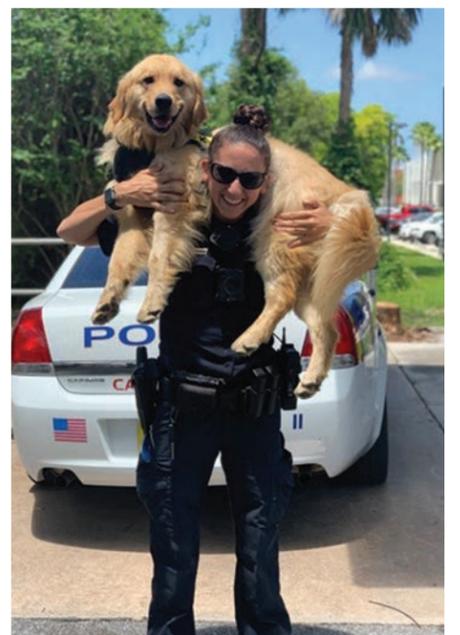
Throughout the school year, CUDAS UnHooked assists students with basic clothing needs. These students dream of enjoying special events such as Homecoming and Prom, just as their peers. All too often these at risk or homeless students are forced to support and clothe themselves before they're taught the necessary skills and have the essential resources to do so.

Whether to improve students' self-esteem or alleviate the anxiety and social pressure that surrounds not having these basic clothing needs, there are so many factors that perhaps a new shirt or appropriate fitting shoes might help.



Please make a donation to Cudas Unhooked a gift of clothing, food or supplies for the Thanksgiving season.

We are thankful for our Emergency Services Heroes!



Robyn Dodd

Please welcome our new Director of Sales & Marketing, Robyn Dodd. She is a Florida native, which does make her unique. She was born in Sanford, Florida which was home to Sanford Naval Air Station. Her father was a Navy pilot, so she grew up in the military lifestyle. They only moved once to Pensacola and then her dad was permanently stationed in Orlando.



She has been in sales and marketing in one form or another for years and holds a Florida Real Estate License. Her son, now 23, attended UCF in the Criminal Justice program and aspires to be a Detective. She has an adorable chihuahua, Lola, and two cats, Suki and Bagheera.

After caring for her father through his later years, she realized being involved with seniors was her passion. She looks forward to bringing great new residents into the community and is proud to be part of the CountrySide Lakes family.

CountrySide Lakes®

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