

CountrySide Chronicle

MONTHLY NEWS CALENDAR

AUGUST 2020

Join us for activities!

Although we must do everything in small groups, the fun does not stop! We are so thankful to enjoy games, crafts, and friendship. Be sure to see Stephanie if there is an activity you would like to have!



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From the Director's Desk

"Be patient," is what my grandmother used to say, reminding us that it was part of being mature, part of being a grownup. I am pretty sure we are all mature and grownups at this point.

COVID-19, isolation, separation from friends and families, masks, no masks, information, conflicting information, it's certainly enough to make us all a little stir crazy. Sometimes we all feel a bit trapped and cooped up. Some of us even want to stomp our foot and tell this all to go away. If it was that easy, trust me, it would have happened months ago.

We are in this together. We will get through this together. Ask for help, ask for someone to talk to, don't let this thing beat us. We can do this.

Make sure our conversations include words like "us" and "we"... try hard not to use words like "they" and "them" – which are very divisive words. We need all the inclusion we can get, and not just from a COVID-19 viewpoint. We have to work together and listen to each other. I always end my Director's Note with the phrase, "make a difference today". No one else can do it for you – you have to make the effort, you control this, no one else. Make your small



corner of the world a little better every day. If you do that, think of the cumulative result at the end of the year... you will have succeeded in making it better and you will also have made a difference. I promise the person who that has the largest impact on will be you.

Charlie

RESIDENT SPOTLIGHT

George Hartman

George was born and raised in the Commonwealth of Virginia. He was married for forty years to the love of his life, Sandy, whom he misses dearly. They were blessed to have two loving children, Rick and Michelle. George worked as a permit inspector for the Virginia Department of Highways. He loves the outdoors and is an avid sportsman, spending his leisure time fishing, and as an accomplished shooter, he was once named the "Competitive Trap Shooting Champion of Virginia." Since moving here, he enjoys the swimming pool, indoor bocce, and looks forward to fishing when the weather cools down. Welcome to the family George, we are glad you are here!



Bella's Corner

Follow Bella's photos & videos

   @CSL32127

Bella is still practicing social distancing, so her friend Harper has been keeping up with her daily grooming.



Cudas Unhooked

We have dedicated the past two years to supporting Cudas Unhooked in New Smyrna Beach. These kids face challenges that most have not ever had to encounter. The Cudas program ensures they have mentors, supplies, and all of the possibilities to overcome their challenges and excel well beyond their own expectations. Stephanie has grown attached to each one and enjoys sharing stories about all of you with the kids and loves to tell all of you about them. Stephanie will continue to support the house next year when they receive a whole new group of children. We truly make a difference in their lives and they impact all of us every time they succeed.



August 1-12, 2020

1	2	3	4	5	6	7	8	9	10	11	12
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
<p>9:00 am Billiards Billiards Room</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>GET SOME SUN AT THE POOL</p> <p>10:00 am Exercise 3rd Fl Exercise Rm</p> <p>Assigned Activities See Stephanie</p> <p>1:00 pm Adventure Videos Social distancing rules apply - close in heart but 6 feet apart Atrium</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>SHOOT A GAME OF POOL!</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Assigned Activities Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply - close in heart but 6 feet apart Atrium</p>	<p>9:00 am Library 2nd Fl B Side Hall</p> <p>10:30 am Church Outside Social distancing rules apply - close in heart but 6 feet apart Backyard</p> <p>2:00 pm Ice Cream Delivery Door to Door</p> <p>6:30 pm Movie Social distancing rules apply - close in heart but 6 feet apart Atrium</p> <p>WASH YOUR HANDS!</p>	<p>9:00 am Billiards Billiards Room</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>9:00 am Exercise 3rd Fl Exercise Rm</p> <p>9:30 am Exercise 3rd Fl Exercise Rm</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Funny Videos Social distancing rules apply - close in heart but 6 feet apart Backyard</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Stephanie's 50th Bucket List Atrium</p> <p>6:30 pm Movie Social distancing rules apply - close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>10:00 am Exercise 3rd Fl Exercise Rm</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>9:30 am Exercise 3rd Fl Exercise Rm</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Animal Videos Social distancing rules apply - close in heart but 6 feet apart Atrium</p> <p>Aquatic Aerobics Backyard</p> <p>WASH YOUR HANDS!</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Stephanie's 50th Car Show Atrium</p> <p>6:30 pm Movie Social distancing rules apply - close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>9:30 am Exercise 3rd Fl Exercise Rm</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Bird Videos Social distancing rules apply - close in heart but 6 feet apart Atrium</p> <p>Aquatic Aerobics Backyard</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Stephanie's 50th Malt Shop Atrium</p> <p>6:30 pm Movie Social distancing rules apply - close in heart but 6 feet apart Atrium</p> <p>Bible Study Social distancing rules apply - close in heart but 6 feet apart 2nd Floor Activity Rm</p>	<p>9:00 am Walmart Grocery Orders for Saturday Delivery Concierge</p> <p>9:30 am Championship Boxing Atrium</p> <p>Billiards Billiards Room</p> <p>10:00 am NO Exercise Class Backyard</p> <p>1:00 pm Music Videos Social distancing rules apply - close in heart but 6 feet apart Atrium</p> <p>WASH YOUR HANDS!</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Stephanie's 50th Happy Hour Atrium</p> <p>3:00 pm Stephanie's 50th Sock Hop Lobby & Atrium</p> <p>6:30 pm Movie Social distancing rules apply - close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>NO MORNING ASSIGNED ACTIVITIES</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Animal Videos Social distancing rules apply - 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Happy 50th Birthday to Stephanie!



CSL BIRTHDAYS AUGUST

RESIDENTS

August 2
Helen Whetstone

August 3
Ruthie Smith
John Kleynenberg

August 31
Marjory Kline
Ellie Barrett

STAFF

August 4
Sylvia Tabora

August 6
Stephanie Lynch
Lilia Burns

August 16
Gina Forsyth
Hindra Sarjou

August 30
Melissa Lungahi

Gnome Place like Home



In August we are collecting Gnomes for our residents, they are cute, funny, and most importantly protection and good luck! We may be stuck inside at the moment but we continue to have all the fun we possibly can. Volusia County Rocks is donating 50 Gnome painted rocks for our gardens. If we can have a gnome on every patio we can ensure good luck is on the way!

A Short History of Gnomes

The first known garden gnomes were produced in Germany in the early 1800s. They were made out of clay. Gnomes first appeared in gardens in England in the 1840s, and from there their popularity began to take off.

Unfortunately, the world wars wiped out most garden gnome production in Germany, and beginning in the 1960s, the plastic gnomes we know today came on the scene. These gnomes are campy and cartoonish, and many people don't like them. In the 1980s, companies in the Czech Republic and Poland started to make gnomes and flooded the market with cheaper imitations of the German products.

Why Gnomes

Gnomes are known as symbols of good luck. Originally, gnomes were thought to provide protection, especially of buried treasure and minerals in the ground. They are still used today to watch over crops and livestock, often tucked into the rafters of a barn or placed in the garden.

A garden gnome adds a bit of whimsy and a connection to the old world, where farmers believed the good luck charm could help their fields yield more produce and protect them from thieves, pests and other problems. They were also thought to help gardeners in the night, which we all could use!

Join us at the Dock!

We were able to find pond food, so now we can feed all the cute turtles, ducks and fish. You have to get outside for at least 15 minutes a day soak up some vitamin D and enjoy the world we have.



August 13–26, 2020

Activities are shown in red.
Wellness classes are in blue.

13	14	15	16	17	18	19	20	21	22	23	24	25	26
Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
<p>9:00 am Walmart Grocery Orders for Saturday Delivery Concierge</p> <p>Billiards Billiards Room</p> <p>9:30 am Championship Boxing Atrium</p> <hr/> <p>WASH YOUR HANDS!</p> <p>10:00 am Exercise 3rd Fl Exercise Rm</p> <p>1:00 pm Ocean Videos Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>Aquatic Aerobics Backyard</p> <p>4:00 pm 1st Floor Happy Hour Atrium</p> <p>4:15 pm 2nd Floor Happy Hour 2nd Floor Activity Rm</p> <p>4:30 pm 3rd Floor Happy Hour Billiards Area</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>Exercise 3rd Fl Exercise Rm</p> <p>9:30 am Exercise 3rd Fl Exercise Rm</p> <p>10:00 am Exercise 3rd Fl Exercise Rm</p> <p>1:00 pm Art Videos Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>Aquatic Aerobics Backyard</p> <p>Puzzles Billiards Room</p> <p>Library 2nd Fl B Side Hall</p> <p>4:00 pm 1st Floor Happy Hour Atrium</p> <p>4:15 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August 27–31, 2020

27

28

29

30

31

Thursday Friday Saturday Sunday Monday

<p>9:00 am Walmart Grocery Orders for Saturday Delivery Concierge</p> <p>Billiards Billiards Room</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>9:30 am Championship Boxing Atrium</p> <p>10:00 am Exercise 3rd Fl Exercise Rm</p> <p>1:00 pm Music Videos Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>WASH YOUR HANDS!</p> <p>Aquatic Aerobics Backyard</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Assigned Activities Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>10:00 am Exercise 3rd Fl Exercise Rm</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Animal Videos Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>Aquatic Aerobics Backyard</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Assigned Activities Small Groups See Stephanie</p> <p>4:00 pm 1st Floor Happy Hour Atrium</p> <p>4:15 pm 2nd Floor Happy Hour 2nd Floor Activity Rm</p> <p>4:30 pm 3rd Floor Happy Hour Billiards Area</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>10:00 am Exercise 3rd Fl Exercise Rm</p> <p>1:00 pm Adventure Videos Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Assigned Activities Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Library 2nd Fl B Side Hall</p> <p>10:30 am Church Outside Social distancing rules apply – close in heart but 6 feet apart Backyard</p> <p>2:00 pm Ice Cream Delivery Door to Door</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>WASH YOUR HANDS!</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Assigned Activities Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>	<p>9:00 am Billiards Billiards Room</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>10:00 am Puzzles Billiards Room</p> <p>1:00 pm Funny Videos Social distancing rules apply – close in heart but 6 feet apart Atrium</p> <p>Assigned Activities Small Groups See Stephanie</p> <p>2:00 pm Assigned Activities Small Groups See Stephanie</p> <p>3:00 pm Assigned Activities Small Groups See Stephanie</p> <p>6:30 pm Movie Social distancing rules apply – close in heart but 6 feet apart Atrium</p>
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Activities are shown in red.
Wellness classes are in blue.

Happy Anniversary!

Aline and Norm traveled back to their first year of marriage 1950. They celebrate 70 years of marriage and so much love.



Happy Birthday!

Dottie celebrated her 104th birthday with family on Facetime, but all of her friends were close by. She believes being kind and staying healthy will keep anyone going!



Betty's 89th was celebrated with lobster flown in by her children and some dear friends to share it with.



Charles and Joan are our new friends and we helped her celebrate her birthday with a special dinner. We know how much everyone misses their families during these times. We are glad to be part of such a large family and celebrate each other with joy and love.

Jack Watson celebrated his 100th birthday and enjoyed a serenade by his friends and neighbors. He was able to have his first zoom birthday party with family. He has many wonderful years ahead of him.



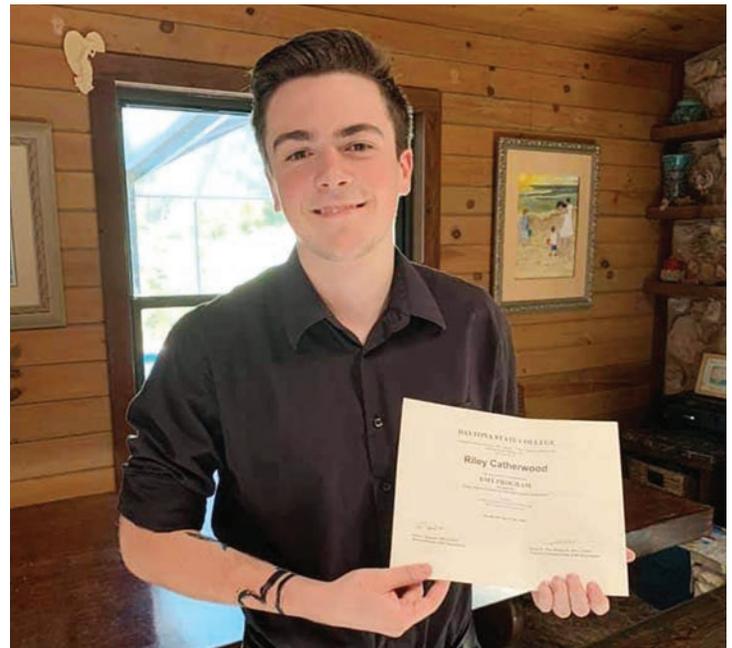
Nursing Team

We know how hard you are working! We see your dedication, continuous diligence, and compassion. We thank you for all you are doing to keep our residents happy and healthy. In the time of challenges, HEROES rise to accomplish their goals. Thank you for all you do!



We are so proud of our EMT graduate!

Culinary Server Riley graduated EMT school. We are so proud of the difference you make in our community and now our world.



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