

CountrySide Chronicle

MONTHLY NEWS CALENDAR

APRIL 2020

We may be socially distant, but can still share the love!



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CSL32127

From the Director's Desk

Welcome to April. I wish I could tell you the last two weeks were a bad April Fool's joke. That is just not the case. We are dealing with a worldwide pandemic that has planted itself right here. 2020 will be remembered as the year of The Coronavirus.

CountrySide Lakes staff is working hard to keep all our residents and staff safe. These are two monumental tasks at this point. I want thank all the residents and families for their patience and understanding during this unprecedented time. Our Directors meet daily to discuss the virus and its impact on our community. We take part in at least one conference call a day, we watch and listen for updates from Gov. DeSantis and his administration. Tasks and procedures are added almost daily. These additions and changes are meant to keep our community safe. We appreciate everyone's hard work and expertise.

There are many things we can all do to help ourselves. First, wash

our hands with soap and water for at least 20 seconds. Practice social distancing by keeping a 6 ft distance between you and those around you. Social distancing may be "the phrase" of 2020. Do your best to limit your social exposure. Don't go out unnecessarily. No one wants to become infected with this virus. No one wants to be the one who gives it to someone else. Limit your possibility of exposure. Stay home if you can. Finally, watch the news in small doses. It can pull you in to a negative spiral. Be careful not to let it give you a doom and gloom attitude. This is definitely a dangerous and scary time, we have to stay informed.

Rest assured CountrySide Lakes staff is working to keep your loved ones safe and healthy. Protocols are in place and being adhered to. I am sure these will get more detailed and more strict as this virus continues to spread.

One thing I will ask you to do is call your loved ones and check on them. Make sure they are doing OK.



See if they need anything. If they do, let us know, we will work to get it for them if you are not able to.

In closing, write them a letter or send a card. Check out our facebook page, send mom or dad a message there and we will make sure they get it. Go to our website and read our blog. We have had a number of families that have come to the building and hold up posters to show their moms and dads how much they are missed and how much they are loved.

Make a difference today.

Charlie



Grow through...what you go through.

We are having to come up with creative ways to spend our time, encourage one another and provide excellent care during these days. Whether it's bringing the beach to our residents or practicing accordion with your favorite stuffed animals, we are CountrySide Lakes Strong!



How to stay healthy around animals

In the United States, there is no evidence to suggest that any animals, including pets, livestock, or wildlife, might be a source of COVID-19 infection at this time. However, because all animals can carry germs that can make people sick, it's always a good idea to practice healthy habits around pets and other animals.



- Wash your hands after handling animals, their food, waste, or supplies.
- Practice good pet hygiene and clean up after pets properly.
- Take pets to the veterinarian regularly and talk to your veterinarian if you have questions about your pet's health.
- When possible, have another member of your household care for your animals while you are sick.
- Avoid contact with your pet including: petting, snuggling, being kissed or licked, and sharing food.
- If you must care for your pet or be around animals while you are sick, wash your hands before and after you interact with them.

APRIL BIRTHDAYS

RESIDENTS

- April 1
Joyce Cameron
- April 3
Virginia Frymier
- April 6
Priscilla Brodie
- April 8
Cecilia McGil
- April 9
Glen Pryor
- April 11
Carolyn Wencil
- April 14
Leslie Les Frank
- April 17
Phyllis Carmean
Lewis Lampe
- April 21
Marion Hughes
- April 30
Warren Anderson

STAFF

- April 10
Keshawndra Evans
- April 22
Logyn Flaniken
- April 25
Alexis Ionadi
- April 28
Kimberly Noble

EVERY CSL Team Member is a Hero!

To our entire team at CountrySide Lakes, we thank each and everyone of you that has stepped up, worked hard, and devoted yourself to providing care, love, and compassion to our residents during this difficult time. We know that we have the best team in the business! Your dedication and desire to provide the very best for our residents made it truly impossible to pick one individual to highlight this month. All of you have been instrumental in keeping our daily lives operating in a smooth and consistent manner. We value, appreciate, respect, and admire each of you who has sacrificed your own personal lives to ensure the CSL family always comes first. THANK YOU, THANK YOU, THANK YOU!

– CountrySide Lakes Directors



Thank you to Walmart Neighborhood Market for thinking of us. They donated hand sanitizer, toilet paper, and water to us today. Thank you for your contributions to the Port Orange community.

RESIDENT SPOTLIGHT

Frances Loveday

Frances Loveday was born, raised and lived in Kentucky for 45 years. She was married for 23 wonderful years, and raised three beautiful children. When she lost her husband she moved to Florida in 1974. One of her sons lives close by, so she enjoys spending time with him. She has two grandchildren and one great grandchild. Frances has traveled to Alaska, Nova Scotia, and really enjoyed all the National Parks throughout the west coast. She said she would love to go to Yellowstone a second time because it was amazing. Frances enjoyed dancing and gardening in her younger days and now looks forward to the fun and games at CountrySide Lakes. She enjoys exercise class and is hoping to meet everyone when this current crisis is over. Frances, we are so happy to have you as part of our family and we look forward to getting to know you better!

