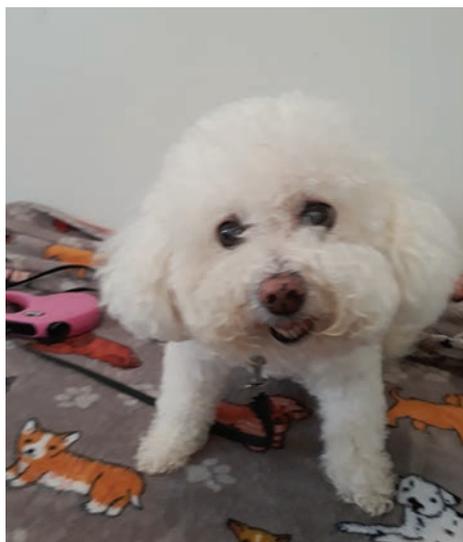


CountrySide Chronicle

MONTHLY NEWS CALENDAR

SEPTEMBER 2019

More Pups!



From the Director's Desk

It's been a quiet year so far in the case of hurricanes. Hopefully we will remain so till the end of the season. Fingers crossed. That being said, we do live in Florida and hurricanes are just part of the trade-off for living in such a beautiful place. Please stay prepared. Either keep stock of the essentials if you plan to "ride out" a storm or keep a full tank of gas to be ready for the evacuation. Always be safe, be prepared and communicate with friends and families as to your plans for any storm.

Labor Day is sort of the last holiday we have before the

big ones start in November, December and January. Lots of families see it as an end to the summer. Some people still get Labor Day and Memorial Day mixed up. The easy way it was taught to me is that Memorial Day is in May. Labor Day was put in place to honor the American worker for all the contributions and sacrifices made in order to keep this wonderful nation moving forward. It started out in the late 19th century and became a federal holiday in 1894.

In local news, our Dog Park fund is well on its way! We are about half way to our goal. It will be so nice once the



park is complete and we can offer our four-legged friends a place to run and enjoy some "off leash" time. I want to thank all who have donated – your generosity is very much appreciated.

Make a difference for someone today.

Charlie

RESIDENT SPOTLIGHT

Harriet Hacker

Harriet Hacker moved in to Countryside Lakes in June of this year. She is an avid singer and has enjoyed singing for many years. She also enjoys walking and stays in great physical shape. She likes to spend time with her family. She enjoys participating in our activities and exercise classes, as well as getting to know some of her new neighbors. Harriet is quiet and reserved, but all you have to do is walk up say, "Hi" and she would love to get to know each of you. She would also enjoy telling you all the great stories she has to share about her life.



Bella's Corner

Follow Bella's photos & videos

@CSL32127

More fun with Bella's new-found friends!



Labor Day Celebration Luau and Activities

SATURDAY

- ❖ Gail Force entertains us with music
- ❖ Then its Aloha Bingo with special prizes
- ❖ Hawaiian Happy Hour

SUNDAY

- ❖ Music with Dino
- ❖ Join us in the lobby for Family Fued!

MONDAY

- ❖ Labor Day Bingo
- ❖ The one and only Dean Martin at 1:00 pm
- ❖ Labor day trivia at 2:00 pm
- ❖ No-more-work Happy Hour



CULINARY CORNER



Chef's Table Menu September 19th & 26th

Sign-up with the Concierge to join us!

1ST COURSE

Crab Stuffed Mushrooms - Lemon Aioli - Bruschetta Caprese

2ND COURSE

Lemon Sorbet - Candied Citrus Confi

3RD COURSE

Pork Osso Bucco - Gremolata - Polenta - Braised Asparagus

4TH COURSE

Tiramisu - Espresso Truffle



Activities and Events

I can't thank you all enough for showing up and offering ideas for things we need to do! New exercise classes are in place – come see the fun you can have while staying healthy.

Bible Study is back along with a daily devotional – spirituality gives us the opportunity to reflect and collect courage for challenges.



CountrySide Lakes Choir

Do you like to sing? Join our new choir who will be entertaining us this December with a one-of-a-kind Christmas show.



There are some great activities that have been around for a long time, just because you don't see them on the schedule doesn't mean they are not available.

We will always have **Personal Trips** (Monday - Friday) – book your outing with the front desk at least 72 hours in advance.



Board Games, Darts, Billiards and Puzzles are on the 3rd floor and available for you anytime.



Catch up on your reading and dive into new stories with books in our library!



The Dock and the Putting Green are always waiting for you.



If you don't see something you want to see, just call me, anytime 386-307-0290. I have the best job because I spend my days with you! Thank you for your support in all that we bring to you.

– With Love, Stephanie

September 1-14, 2019

Activities are shown in red.
Wellness classes are in blue.

1	2	3	4	5	6	7	8	9	10	11	12	13	14
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LABOR DAY LUAU PARTY 9:00 am Coffee & Conversation Lobby 10:00 am Our Lady of Hope Group Liturgy Activity Area 10:30 am Countryside Church Exercise Area 1:00 pm Music with Dino Atrium 2:00 pm Dominoes/Uno Atrium 3:00 pm Happy Hour Atrium 6:30 pm Movie & Popcorn Atrium	LABOR DAY 8:30 am Puttin' Around with Stephanie Backyard 9:30 am Fitness Fun with JOJO Exercise Area Bingo Dining Room Spanish Class Atrium 10:00 am Visits with Bella Door-to-Door 1:00 pm The one and only Dean Martin Lobby Shopping: Ross/Bealls Concierge Desk 2:15 pm Labor Trivia Atrium 3:00 pm Happy Hour Atrium 6:00 pm DJ Chris Dance Party Lobby	8:30 am Flex & Balance Exercise Area 9:00 am Leap of Faith Thrift Store Shopping Atrium \$5.00 Jewelry with Lunia Atrium 10:00 am Left Right Center \$10 Atrium Visits with Bella Door-to-Door 12:00 pm Grocery Orders for Tuesday Delivery Atrium 12:30 pm Daily Devotional Atrium On this Day Atrium 12:45 pm Hand and Foot Activity Area 1:00 pm Music with Sam Collins Lobby Walks with Bella Backyard 2:00 pm Crossword/Brain Games Atrium 1:00 pm Music with Sam Collins Lobby Walks with Bella Backyard 2:00 pm Crossword/Brain Games Atrium 3:00 pm Happy Hour Atrium 6:00 pm Music with Calvin Lobby Visits with Bella Lobby 6:30 pm Music with Tennyson Lobby	8:30 am Dance in Your Seat or on Your Feet Exercise Area 9:00 am Aquatic Aerobics Pool 10:00 am \$10 BlackJack Atrium 10:30 am Visits with Bella Door-to-Door 11:00 am Circuit Workout w/ Stephanie Exercise Area 12:00 pm Bible Study 2nd Floor Activities 1:00 pm Music with Sam Collins Lobby 2:00 pm Crossword/Brain Games Atrium 2:30 pm Spanish Class Activity Area 3:00 pm Happy Hour Atrium 6:00 pm Music with Calvin Lobby	9:00 am Billiards Billiards Room Puzzles Billiards Room 10:00 am Puttin' Around Backyard Visits with Bella Door-to-Door 12:45 pm Hand and Foot Activity Area 1:00 pm Music with Michael T Lobby Book Club Library 2:00 pm Bingo Dining Room 3:00 pm Happy Hour Atrium Walks with Bella Backyard 6:30 pm Movie & Popcorn Atrium	8:30 am Stretch Exercise Area 9:00 am Aquatic Aerobics Pool 9-11 am Voter Registration Atrium 10:00 am Miles of Smiles going to Louisiana Atrium 11:00 am Circuit workout w/ Stephanie Exercise Area 12:30 pm Daily Devotional Atrium On this Day Atrium 1:00 pm Music with Chuck Atrium 2:00 pm Crossword/Brain Games Atrium 3:00 pm Free Friday Happy Hour Atrium Outdoor Activity with Bella Backyard 6:30 pm Movie & Popcorn Atrium	8:00 am Walmart, Publix Concierge Desk Daily Devotional Atrium On this Day Atrium 8:30 am Dance in Your Seat or on Your Feet Exercise Area 9:30 am Church of Epiphany Activity Area Fitness Fun with JOJO Exercise Area 10:00 am Mad Science Atrium Puzzles Billiards Room 11:00 am Lunch Bunch Lobby 1:00 pm Music with Uncle John Lobby 2:00 pm Bingo Dining Room 3:00 pm Happy Hour Atrium 6:30 pm Movie & Popcorn Atrium	NATIONAL ASSISTED LIVING WEEK SEPT 8TH - SEPT 14TH A SPARK OF CREATIVITY! Enjoy a different creative side each day at Creative Hour! GRANDPARENTS DAY 9:00 am Coffee & Conversation Lobby 10:00 am Documentary On Salvador Dali Atrium NO Group Liturgy Activity Area 10:30 am Countryside Church Exercise Area 1:00 pm Music with Gail Force Lobby 2:00 pm Creative Hour Atrium 3:00 pm Happy Hour Atrium 6:30 pm Movie & Popcorn Atrium	8:30 am Stretch Exercise Area 9:00 am Aquatic Aerobics Pool 9:30 am Spanish Class Dining Room Fitness Fun with JOJO Exercise Area 10:00 am Creative Hour Atrium Visits with Bella Door-to-Door 11:00 am Circuit workout w/ Stephanie Exercise Area 12:30 pm Daily Devotional Atrium On this Day Atrium 1:00 pm Music With James Wise Lobby Shopping: Big Lots Concierge Desk Visits with Bella Atrium 2:00 pm Crossword/Brain Games Atrium Outdoor Activity with Bella Backyard 3:00 pm Happy Hour Atrium 6:30 pm Bingo Dining Room Movie & Popcorn Activity Area	8:30 am Flex & Balance Exercise Area 10:00 am Roulette \$.10 Atrium Creative Hour Atrium 12:00 pm Grocery Orders for Tuesday Delivery Atrium 12:30 pm Daily Devotional Atrium On this Day Atrium 12:45 pm Hand and Foot Activity Area 1:00 pm Countryside Choir 2nd Fl Activities 2:00 pm Crossword/Brain Games Atrium 3:00 pm Happy Hour Atrium 6:30 pm Movie & Popcorn Atrium	8:30 am Dance in Your Seat or on Your Feet Exercise Area 9:00 am Aquatic Aerobics Pool 10:00 am Our Lady of Hope Mass & Anointing Activity Area Creative Hour Atrium 11:00 am Circuit workout w/ Stephanie Exercise Area 12:00 pm Bible Study 2nd Floor Activities 1:00 pm Miles of Smiles going to Maine Atrium Walks with Bella Backyard 2:00 pm Jazz with Jonathan Lobby 2:30 pm Spanish Class 2nd Floor 3:00 pm Crossword/Brain Games 2nd Fl Activities Volusia Medical Supply Maintenance Library Happy Hour Atrium Visits with Bella Lobby 6:30 pm Movie & Popcorn Activity Area	9:00 am Personal and Doctor Trips Concierge Billiards Billiards Room Puzzles Billiards Room 10:00 am Puttin' Around Backyard Visits with Bella Door-to-Door 12:45 pm Hand and Foot Activity Area 1:00 pm Music with Wayne Lobby Book Club Library 2:00 pm Bingo Dining Room 3:00 pm Music with Company G Lobby Happy Hour Atrium 6:30 pm Movie & Popcorn Activity Area	8:30 am Stretch Exercise Area 9:00 am Aquatic Aerobics Pool 10:00 am Visit with Kittens 2nd Floor Activities Visits with Bella Door-to-Door 11:00 am Circuit workout w/ Stephanie Exercise Area 12:30 pm Daily Devotional Atrium On this Day Atrium 1:00 pm Visits with Bella Atrium Bus Ride Concierge Desk Crossword/Brain Games Atrium Creative Hour Atrium 2:00 pm Music with Judy Locke Lobby 3:00 pm Free Friday Happy Hour Atrium Outdoor Activity with Bella Backyard Darts Billiards Room 6:30 pm Movie & Popcorn Activity Area	8:00 am Walmart, Publix Concierge Desk Daily Devotional Atrium On this Day Atrium Funny Videos Atrium 8:30 am Dance in Your Seat or on Your Feet Exercise Area 9:30 am Church of Epiphany Activity Area Fitness Fun with JOJO Exercise Area 10:00 Countryside Choir 2nd Fl Activities Puzzles Billiards Room 1:00 pm Music with Randy Lobby 2:00 pm Bingo Dining Room 3:00 pm Happy Hour Atrium 6:30 pm Movie & Popcorn Activity Area

September 27–30, 2019

27 Friday	28 Saturday	29 Sunday	30 Monday
8:30 am Stretch Exercise Area	8:00 am Walmart, Publix Concierge Desk	9:00 am Coffee & Conversation Lobby	8:30 am Stretch Exercise Area
9:00 am Aquatic Aerobics Pool	Funny Videos Atrium	10:00 am Sunday Brunch Dining Room	Puttin' Around Backyard
10:00 am Miles of Smiles with Stephanie to Kentucky Atrium	8:30 am Dance in Your Seat or on Your Feet Exercise Area	Our Lady of Hope Group Liturgy Activity Area	9:00 am Aquatic Aerobics Pool
Visits with Bella Door-to-Door	9:00 am Billiards Billiards Room	10:30 am Countryside Church Exercise Area	9:30 am Spanish Class Dining Room
11:00 am Circuit workout w/ Stephanie Exercise Area	9:30 am Church of Epiphany Activity Area	1:00 pm Music with Ron & Diane Lobby	10:00 am Left Right Center \$1.10 Atrium
12:30 pm Daily Devotional Atrium	Fitness Fun with JOJO Exercise Area	2:00 pm Dominoes Atrium	11:00 am Circuit Training Exercise Area
On this Day Atrium	Mad Science Atrium	3:00 pm Happy Hour Atrium	12:30 pm Daily Devotional Atrium
1:00 pm Crossword/ Brain Games Atrium	11:00 am Lunch Bunch TBA Lobby	6:30 pm Movie & Popcorn Atrium	On this Day Atrium
Visits with Bella Atrium	2:00 pm Bingo Dining Room	1:00 pm Bingo Dining Room	2:00 pm Crossword/ Brain Games Atrium
2:00 pm Music with Angelo Lobby	3:00 pm Happy Hour Atrium	Outdoor Activity with Bella Backyard	Outdoor Activity with Bella Backyard
3:00 pm Free Friday Happy Hour Atrium	6:00 pm Fubars Lobby	3:00 pm Happy Hour Atrium	3:00 pm Happy Hour Atrium
Outdoor Activity with Bella Backyard		6:00 pm Music with Randy Atrium	
Darts Billiards Room			
6:30 pm Movie Activity Area			

August Birthday Bash!



CountrySide Lakes Man Cave



Interesting Events in SEPTEMBER

- ❖ September 1, 1875 – Tarzan of the Apes creator Edgar Rice Burroughs (1875-1950) was born in Chicago. Before becoming a novelist, he was a correspondent for the *Los Angeles Times*.
- ❖ September 2, 1666 – The Great Fire of London began in a bakery in Pudding Lane near the Tower. Over the next three days more than 13,000 houses were destroyed, although only six lives were believed lost.
- ❖ September 2, 1945 – President Harry Truman declared V-J Day commemorating the formal Japanese surrender to the Allies aboard the USS Missouri in Tokyo Bay.
- ❖ September 8, 1883 – The Northern Pacific Railroad across the U.S. was completed.
- ❖ September 14, 1741 – Composer George Frederick Handel finished Messiah after working on it nonstop for 23 days.
- ❖ September 26, 1774 – American folk legend Johnny Appleseed (1774-1845) was born in Leominster, Massachusetts (as John Chapman). For 40 years, he traveled through Ohio, Indiana and into Illinois, planting orchards.
- ❖ September 30, 1955 – Actor James Dean was killed in a car crash in California at age 24. Although he made just three major films, *Rebel Without a Cause*, *East of Eden* and *Giant*, he remains one of the most influential actors.

Destinie Lungahi

We're lucky to have you!

Destinie is a smart young lady who began working here a little over a year ago. We were her first job and although she makes a huge impact on all of us with her sweet, kind, and compassionate outlook, this position has done amazing things for her personally. Her mom says she has really opened up and become more active, social, and not-so-quiet! We are glad to be part of young peoples' lives. We have so much to teach them and Destinie teaches us that the youth of today can be great – shown by her love for others, dedication to serving others, and just simply being a kind, gentle, and compassionate person. We are lucky to have you! Thank you for all you do for our residents.



CountrySide Lakes
A Shepherd Senior Living Community

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