

CountrySide Lakes®

A Shepherd Senior Living Community

MAY 2018



ACTIVITIES CALENDAR

CountrySideLakes.com

ANIMAL THERAPY

Come pet, snuggle with, and enjoy a variety of animals, including our own community pup, Bella.



AFTERNOON MOVIE

Join us for popcorn and snacks as we screen everything from classics to new releases.

BEER, BRATS, AND BOYS

Boys will be boys. Sometimes, we just need a beer, a brat, and a reason to talk “guy stuff.” No rules here. Just good times.

BIBLE STUDY

Enjoy studies through the Bible and other topics of faith.

BILLIARDS TOURNAMENT

Test your billiards skills amongst your fellow residents. Includes individual, team, and group matches.

BOARD GAMES

Calling all talented gamers. We challenge you to the classics – from Monopoly and Sorry to oh-so-much more.

BOOK CLUB

Love to read? Join us as we read and discuss everything – from the classics to today’s best selling novels.

BOWLING

Dust off that ball, find those ugly shoes, and let’s go bowling in a local community alley.

CARDS

Enjoy a variety of card games, including poker, bridge, euchre, canasta, rummy, UNO, Phase 10, and more.

CARDS, COFFEE, & CONVERSATION

Connect with friends here at CountrySide and in the broader community. We provide the cards and coffee.

CHEF’S TABLE EXPERIENCE

An out of this world dining experience, including prime meats, fine wines, and seafood. Make reservations in the dining room at least one day in advance.



CHURCH SERVICE

Worship with your neighbors, as local community churches come on-site to share a service with us.

COMMUNITY ED

Local professionals teach us how to do a variety of things. These pros range from farmers to lawyers, accountants to engineers. Eventually, we’ll cover them all.

COOKIES, CAKES, & CANDY

Yes, we have devoted an entire activity to these delicious morsels. Join us for baking and tasting.

COOKING CLASS

Jordan lets loose some secrets to her amazing dishes. Bring an apron for this hands-on experience. Tasters are also welcome.

DARTS

Check out our electronic dart game and join us as we practice and compete. Includes individual, team, and group matches.

DRAMA CLUB

If you love being a star, or just enjoy telling stories, you are going to want to join the Drama Club where you can put on skits, short plays and holiday programs for all your friends and neighbors!

EVENING MOVIE

Join us for popcorn and snacks as we screen everything from classics to new releases.

FRIDAY NIGHT LIGHTS

Curl up with some good snacks and watch sports, movies, and other TV shows together.

FUN WITH CULINARY

Be our guest as we celebrate our chef, Jordan. Bring your appetite for this special treat.

HEALTHY EATING

Oh so much more than a cooking class, this experience shows you how what we put in our bodies impacts our well being.

HOSTING AND ENTERTAINING

This peek behind the scenes lets you learn how the pros put together such a beautiful dining experience.

HAPPY HOUR

The name says it all. Join us daily in the Atrium and don’t be surprised if Charlie throws in some themes and entertainment.

HAPPY PAINTING

Create your own acrylic masterpiece over happy hour.

KARAOKE

Back by popular demand. Croon away to your favorites.

LAKESIDE PARTY

Weather permitting, we head down to the water and have some fun. On rainy days, we bring it inside.

LIVE ENTERTAINMENT

Good times for all, brought to you by local magicians, jugglers, children’s groups, and musicians.

NEWS TALK

Join us as we tackle current events with insightful conversation over coffee.

OUTDOOR GAMES

Weather permitting, we play shuffleboard, bocce ball, croquet, and more.

PERSONAL TRIPS

Need a ride? We’ll take you wherever you want to go.

PINE BOX DERBY

Were you a Scout as a kid? Or wish you were? Now’s your chance to re-connect with some classic fun and challenge the neighborhood kids to a Derby. Family involvement in building your car is welcome.

PLANTING & POTTING

Have a green thumb? Join us as we beautify our community with live plants and flowers.

POOL PARTY

Cool off from the FL sunshine or just come outside by the deck and enjoy games, refreshments, and entertainment.

PRIZE PATROL

Come help us make the day of some lucky resident – maybe even you. It’s a surprise party at their place.

PROGRESSIVE PARTY

Each week we will visit several different locations here at CountrySide – maybe even your suite. At each stop, we sample a treat, play a game, and laugh, laugh, laugh.

PUZZLES

Everyone likes a good puzzle. It’s even more fun with friends.

SINGSPIRATION

Join us as we start our own CountrySide Lakes choir and sing our hearts out.

SATURDAY NIGHT FEVER

It’s the theme party of the week. Join us and let loose with your friends and neighbors.

SHOPPING TRIPS

Where do you want to go? We’re at your service.



SPORTS TALK

Show off your favorite team apparel and join Charlie in a round table discussion about local, college, and national sports.

STORYTELLING

Come spin your yarns with us. Or better yet, just come listen to the pros and your fellow amateurs.

SURPRISE!

This unique event is different every time, depending on who attends.

Bring your creativity and craft a masterpiece in multiple art mediums.

TEA TIME

Come sample teas from around the globe and learn tips and tricks for brewing that perfect cup.

THEN & NOW

Join us on Mondays at 2:00 for Then & Now, when we pick a different theme to discuss and show items related to that theme. It’s a fun time to reminisce about old and new things. Bring an item to share!

TRIVIA

Immerse yourself in fun facts about the past, the bizarre, and the unknown with this game of unlimited topics.

TRUST

Through a series of games and activities, learn to trust your fellow residents. Or not! There is a twist and you’ll love it.

TV SHOWS

Whether you watch *Blacklist*, *House of Cards*, *The Walking Dead*, or *The Big Bang Theory*, join us as we “binge watch” our favorites together.

VARIETY SHOW

Everyone is welcome as the community shows off its talent.

VISITING CHEF

Enjoy a cooking show and tastings from one of our local Port Orange, Daytona, or New Smyrna Beach chefs.

Wii SPORTS

Loved by those of all ages. We’re out to find our own Wimbledon and NFL champions.

WINE CLUB

Be a part of this lucky group that samples a flight of wine each week and provides us feedback as we build our CountrySide Lakes wine cellar.

WELLNESS ACTIVITIES

Look for these Wellness classes listed in blue on the calendar and join us throughout each week for great exercise and fun!

AEROBICS

Great for your heart and your soul. Join us for one of CountrySide's favorite hours. All levels welcome.

CHAIR YOGA

For those who would like to experience yoga, but getting on and off the floor is challenging, this class is ideal. You will be guided gently through yoga postures while sitting on a chair, with a special focus on breath and alignment. All levels welcome.

DANCING IN YOUR SEATS

Dancing in Your Seats is a combination of chair aerobics and dancing. Popular music mixed with familiar foot and arm movements provide function, flexibility and fun all at the same time. It's growing as a popular activity here! All levels welcome.

CIRCUIT TRAINING

Learn the fundamentals of a solid gym workout and refine your skills. All levels welcome.

DANCE PARTY

Learn the latest moves and groove to the beats of your favorite classics. It's the house party you don't want to miss every Friday night! All levels welcome.

LAKESIDE WITH BELLA

Our community pup guides an hour of fetch, long walks, and deep breathing in the sunshine. All levels welcome.

FUNCTIONAL FLEX

These functional stretches add maximum flexibility to your body. All levels welcome. Benefits include increased mobility, flexibility, coordination, and body balance.

H2O CARDIO

This aqua class focuses on using the water as resistance to build cardiovascular endurance, while being gentle on your joints. All levels welcome.

JOURNEY OF A LIFETIME WALKING CLUB

This ongoing class begins when you identify your next dream travel location. We create a 10-stop journey between CountrySide Lakes and your destination, complete with maps, collectibles, and other fun commemoratives. Each resident is provided a pedometer and the adventure begins. Logged steps are converted to miles and the progress is tracked and celebrated. Benefits include walking, socialization, and family member participation. All levels welcome.

MINDFULNESS BASICS

Become more mindful, create bi-lateral brain function, and relax. All levels welcome.

MORNING MEDITATION

Start your day by taking time for yourself and resetting your mind. Utilizes breathing techniques and mindfulness meditation. All levels welcome.

STRETCH

Improve total body flexibility. All levels welcome.

HYDRATE A HERO!



Join us in honoring and supporting our local firefighters with our Hydration Drive for the entire month of May! Help get the word out to friends and family to drop off cases of water here at CountrySide Lakes, any day between 8:00 am – 8:00 pm.

Call or email questions or requests for water pickup:

Stephanie Lynch
386-788-3480, Ext. 111
or 386-307-0290
slynch@CountrySideLakes.com

MAY 1-5, 2018

Activities are shown in red. Wellness classes are in blue.

ACTIVITIES SCHEDULE

Tuesday 1

9:00 am
Personal Trips
Check In at Concierge Desk
Darts
3rd Floor Exercise Area
Aerobics
3rd Floor Exercise Area
9:30 am
Bible Study
2nd Floor Activity Area
Journey of a Lifetime Walking Club
1st Floor Lobby
10:00 am
Piano Paul
1st Floor Lobby
Nail Spa
Nurses' Station
Visits with Bella
Door-to-Door
11:00 am
Billiards
3rd Floor Billiards Area
Reserve Chefs Table
Check In at Concierge Desk
Walks with Bella
Backyard
1:30 pm
Bingo
1st Floor Dining Room
2:30 pm
Visiting Chef
1st Floor Dining Room
3:00 pm
Happy Hour
1st Floor Atrium
Visits with Bella
1st Floor Atrium
6:30 pm
Movie & Popcorn
1st Floor Atrium

Wednesday 2

9:00 am
Personal Trips
Check In at Concierge Desk
9:30 am
Crossword
1st Floor Lobby
9:45 am
Singspiration
3rd Floor Exercise Area
10:00 am
Visits with Bella
Door-to-Door
10:30 am
Puzzles
3rd Floor Billiards Area
10:45 am
Functional Flex
3rd Floor Exercise Area
Lunch Bunch
Check In at Concierge Desk
11:15 am
Circuit Training
3rd Floor Exercise Area
1:00 pm
Visits with Bella
1st Floor Atrium
Professor Mental Magic
1st Floor Lobby
2:00 pm
Stretch
3rd Floor Exercise Area
Ice Cream Social
1st Floor Lobby
2:30 pm
Spanish Class
2nd Floor Activity Area
3:00 pm
Happy Hour
1st Floor Atrium
Outdoor Activity with Bella
Backyard
Yoga
3rd Floor Exercise Area
6:30 pm
Chefs Table Rack of Lamb
1st Floor Dining Room
Movie & Popcorn
1st Floor Atrium

Thursday 3

NATIONAL DAY OF PRAYER
9:00 am
Personal Trips
Check In at Concierge Desk
9:30 am
Scrabble
1st Floor Atrium
Aerobics
3rd Floor Exercise Area
9:30 am
Bible Study
2nd Floor Activity Area
Journey of a Lifetime Walking Club
1st Floor Lobby
10:00 am
Visits with Bella
Door-to-Door
Arts & Crafts
2nd Floor Activity Area
Culinary Club
1st Floor Dining Room
Puzzles
3rd Floor Billiards Area
1:00 pm
Field Trip
Marine Science Center
Check In at Concierge Desk
1:30 pm
Hand & Foot
2nd Floor Activity Area
Book Club
2nd Floor Library
3:00 pm
Happy Hour
1st Floor Atrium
Walks with Bella
Backyard
6:30 pm
Shannon Rae Sings
1st Floor Lobby
Evening Movie & Popcorn
1st Floor Atrium
Darts
3rd Floor Billiards Area

Friday 4

8:30 am
Personal Trips
Check In at Concierge Desk
9:30 am
Arts & Crafts
2nd Floor Activity Area
10:00 am
Visits with Bella
Door-to-Door
Prize Patrol
Door-to-Door
11:00 am
Circuit Training
3rd Floor Exercise Area
1:00 pm
Bus Ride
Check In at Concierge Desk
Visits with Bella
1st Floor Atrium
Stretch
3rd Floor Exercise Area
2:00 pm
Board Games
2nd Floor Activity Area
Live Entertainment
Marsha & Mike
1st Floor Lobby
3:00 pm
Happy Hour
Wine & Cheese
1st Floor Atrium
Outdoor Activity with Bella
Backyard
Darts
3rd Floor Billiards Area
3:15 pm
Dancing in your Seats
3rd Floor Exercise Area
6:30 pm
Evening Movie & Popcorn
1st Floor Atrium

Saturday 5

CINCO DE MAYO
KENTUCKY DERBY
9:00 am
Billiards
3rd Floor Billiards Area
9:30 am
Church of Epiphany
2nd Floor Activity Area
10:00 am
Bingo
1st Floor Dining Room
Visits with Bella
1st Floor Lobby
10:30 am
Puzzles
3rd Floor Billiards Area
Coffee & Conversation
1st Floor Lobby
Visits with Bella
1st Floor Atrium
1:00 pm
Cinco De Derby Party
Horse races, Music, Munchies
1st Floor Lobby
3:00 pm
Happy Hour
1st Floor Atrium
Outdoor Activity with Bella
Backyard
6:30 pm
Evening Movie & Popcorn
1st Floor Atrium

Activities are shown in red. Wellness classes are in blue.

Sunday 6	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12
<p>NO GROUP LITURGY</p> <p>10:00 am Coffee & Conversation 1st Floor Lobby</p> <p>Visits with Bella Door-to-Door</p> <p>10:30 am Countryside Church Service 3rd Floor Exercise Area</p> <p>11:00 am Dominoes 1st Floor Atrium</p> <p>12:30 pm Crossword 1st Floor Lobby</p> <p>1:00 pm Live Entertainment Lynne Moore 1st Floor Atrium</p> <p>3:00 pm Happy Hour 1st Floor Atrium</p> <p>Puzzles 3rd Floor Billiards Area</p> <p>6:30 pm Movie & Popcorn 1st Floor Atrium</p>	<p>8:30 am Personal Trips Check In at Concierge Desk</p> <p>9:00 am Wii Sports 2nd Floor Activity Area</p> <p>Darts 3rd Floor Exercise Area</p> <p>10:00 am Visits with Bella Door-to-Door</p> <p>Card Club 1st Floor Atrium</p> <p>11:00 am Circuit Training 3rd Floor Exercise Area</p> <p>1:00 pm Live Music with Mickey 1st Floor Lobby</p> <p>Shopping – Walmart Check In at Concierge Desk</p> <p>2:00 pm Bingo 1st Floor Dining Room</p> <p>Journey of a Lifetime Walking Club 1st Floor Lobby</p> <p>3:00 pm Yoga 3rd Floor Exercise Area</p> <p>Happy Hour 1st Floor Atrium</p> <p>Outdoor Activity with Bella Backyard</p> <p>6:30 pm Evening Movie & Popcorn 1st Floor Atrium</p>	<p>9:00 am Personal Trips Check In at Concierge Desk</p> <p>Aerobics 3rd Floor Exercise Area</p> <p>9:30 am Bible Study 2nd Floor Activity Area</p> <p>Dancing in your Seats 3rd Floor Exercise Area</p> <p>10:00 am Then & Now 2nd Floor Activity Area</p> <p>Visits with Bella Door-to-Door</p> <p>12:30 pm Movie @ Pavilion Theatres Check In at Concierge Desk</p> <p>Reserve Chefs Table Check In at Concierge Desk</p> <p>Functional Flex 3rd Floor Exercise Area</p> <p>11:15 am Circuit Training 3rd Floor Exercise Area</p> <p>1:00 pm Harpist 1st Floor Lobby</p> <p>Visits with Bella 1st Floor Atrium</p> <p>2:30 pm Visiting Chef 1st Floor Dining Room</p> <p>3:00 pm Visits with Bella 1st Floor Atrium</p> <p>Happy Hour 1st Floor Atrium</p> <p>6:30 pm Evening Movie & Popcorn 1st Floor Atrium</p>	<p>9:00 am Personal & Doctor Trips Check In at Concierge Desk</p> <p>9:30 am UNO Game 1st Floor Atrium</p> <p>9:45 am Singspiration 3rd Floor Exercise Area</p> <p>10:00 am Mass & Anointing 2nd Floor Activity Area</p> <p>Dominoes 1st Floor Atrium</p> <p>Visits with Bella Door-to-Door</p> <p>10:45 am Lunch Bunch Check In at Concierge Desk</p> <p>1:00 pm Walks with Bella Backyard</p> <p>2:00 pm Live Entertainment Stevie G / Elvis 1st Floor Lobby</p> <p>2:30 pm Spanish Class 2nd Floor Activity Area</p> <p>3:00 pm Happy Hour 1st Floor Atrium</p> <p>Visits with Bella 1st Floor Atrium</p> <p>Yoga 3rd Floor Exercise Area</p> <p>6:30 pm Chefs Table – Rack of Lamb 1st Floor Dining Room</p> <p>7:30 pm Evening Movie & Popcorn 1st Floor Atrium</p>	<p>9:00 am Personal Trips Check In at Concierge Desk</p> <p>Aerobics 3rd Floor Exercise Area</p> <p>9:30 am Bible Study 2nd Floor Activity Area</p> <p>Journey of a Lifetime Walking Club 1st Floor Lobby</p> <p>10:00 am Visits with Bella Door-to-Door</p> <p>Arts & Crafts 1st Floor Atrium</p> <p>Culinary Club 1st Floor Dining Room</p> <p>Puzzles 3rd Floor Billiards Area</p> <p>12:30 pm Field Trip Marine Science Center (\$5.00) Check In at Concierge Desk</p> <p>1:30 pm Hand & Foot 2nd Floor Activity Area</p> <p>Book Club 2nd Floor Library</p> <p>2:00 pm Jazz with Jonathan 1st Floor Lobby</p> <p>3:00 pm Happy Hour 1st Floor Atrium</p> <p>Walks with Bella Backyard</p> <p>6:30 pm Evening Movie & Popcorn 1st Floor Atrium</p>	<p>8:30 am Personal Trips Check In at Concierge Desk</p> <p>9:30 am UNO Game 1st Floor Atrium</p> <p>10:00 am Visits with Bella Door-to-Door</p> <p>Prize Patrol Door-to-Door</p> <p>Music with Matt Roland 1st Floor Lobby</p> <p>11:00 am Circuit Training 3rd Floor Exercise Area</p> <p>1:00 pm Bus Ride Check In at Concierge Desk</p> <p>Visits with Bella 1st Floor Atrium</p> <p>Crossword 1st Floor Lobby</p> <p>Stretch 3rd Floor Exercise Area</p> <p>2:00 pm Darts 3rd Floor Exercise Area</p> <p>2:30 pm Live Entertainment Judy Locke 1st Floor Lobby</p> <p>3:00 pm Happy Hour Wine & Cheese 1st Floor Atrium</p> <p>3:15 pm Dancing in your Seats 3rd Floor Exercise Area</p> <p>6:30 pm Evening Movie & Popcorn 1st Floor Atrium</p>	<p>9:00 am Billiards 3rd Floor Billiards Area</p> <p>9:30 am Church of Epiphany 2nd Floor Activity Area</p> <p>10:00 am Visits with Bella 1st Floor Lobby</p> <p>10:30 am Puzzles 3rd Floor Billiards Area</p> <p>Coffee & Conversation 1st Floor Lobby</p> <p>11:00 am Wii Sports 2nd Floor Activity Area</p> <p>1:00 pm Visits with Bella 1st Floor Atrium</p> <p>Dominoes 1st Floor Atrium</p> <p>1:30 pm Bingo 1st Floor Dining Room</p> <p>3:00 pm Happy Hour 1st Floor Atrium</p> <p>Outdoor Activity with Bella Backyard</p> <p>6:30 pm Bits N Pieces Vaudeville Act 1st Floor Lobby</p> <p>7:30 pm Evening Movie & Popcorn 1st Floor Atrium</p>

RESIDENT BIRTHDAYS

- May 1
Eloise Doster
Mildred Gover
- May 2
Marjorie Hedrick
- May 3
Lois Barnett
- May 8
Sam Ankney
- May 9
Anna Clayton
- May 11
Domenic D'Agresta
- May 14
Frances Mitchell
- May 15
William Swenson
- May 17
Bernice Giddish
- May 20
Lillian Walters
- May 21
Walma Taylor

Activities are shown in red. Wellness classes are in blue.

Sunday 13

MOTHER'S DAY
9:00 am
Coffee & Conversation
 1st Floor Lobby
10:00 am
Our Lady of Hope Liturgy
 2nd Floor Activity Area
Mother's Day Brunch
 1st Floor Dining Room
Visits with Bella
 Door-to-Door
10:30 am
Countryside Church Service
 3rd Floor Exercise Area
11:00 am
Dominoes
 1st Floor Atrium
12:30 pm
UNO Game
 1st Floor Atrium
2:00 pm
Live Entertainment
Josh Mabe
 1st Floor Atrium
3:00 pm
Happy Hour
 1st Floor Atrium
Puzzles
 3rd Floor Billiards Area
6:30 pm
Movie & Popcorn
 1st Floor Atrium

Monday 14

8:30 am
Personal Trips
 Check In at Concierge Desk
9:30 am
Wheel of Fortune
 1st Floor Lobby
Darts
 3rd Floor Exercise Area
10:00 am
Card Club
 1st Floor Atrium
Visits with Bella
 Door-to-Door
11:00 am
Circuit Training
 3rd Floor Exercise Area
1:00 pm
Shopping – Dollar Tree
 Check In at Concierge Desk
2:00 pm
Bingo
 1st Floor Dining Room
Journey of a Lifetime Walking Club
 1st Floor Lobby
3:00 pm
Yoga
 3rd Floor Exercise Area
Happy Hour
 1st Floor Atrium
Outdoor Activity with Bella
 Backyard
6:30 pm
Live Music with Mickey
 1st Floor Lobby
7:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Tuesday 15

9:00 am
Personal Trips
 Check In at Concierge Desk
Aerobics
 3rd Floor Exercise Area
9:30 am
Bible Study
 2nd Floor Activity Area
Dancing in your Seats
 3rd Floor Exercise Area
10:00 am
Then & Now
 2nd Floor Activity Area
Piano Paul
 1st Floor Lobby
Visits with Bella
 Door-to-Door
12:30 pm
Movie @ Pavilion Theatres
 Check In at Concierge Desk
Reserve Chefs Table
 Check In at Concierge Desk
1:00 pm
Visits with Bella
 1st Floor Atrium
2:30 pm
Cupcake Decorating
 1st Floor Dining Room
3:00 pm
Visits with Bella
 1st Floor Atrium
Happy Hour
 1st Floor Atrium
6:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Wednesday 16

9:00 am
Personal & Doctor Trips
 Check In at Concierge Desk
Resident Council Meeting
 1st Floor Atrium
9:45 am
Singspiration
 3rd Floor Exercise Area
10:00 am
Visits with Bella
 Door-to-Door
Arts & Crafts
 2nd Floor Activity Area
HAPPY BIRTHDAY LUNCH
 1st Floor Dining Room
11:00 am
Letter Writing
 1st Floor Atrium
1:00 pm
Walks with Bella
 Backyard
2:00 pm
Stretch
 3rd Floor Exercise Area
2:30 pm
Spanish Class
 2nd Floor Activity Area
3:00 pm
Happy Hour
 1st Floor Atrium
Visits with Bella
 1st Floor Atrium
Yoga
 3rd Floor Exercise Area
6:30 pm
Chefs Table
Rack of Lamb
 1st Floor Dining Room
Live Entertainment
George Gall
 1st Floor Lobby
7:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Thursday 17

9:00 am
Personal Trips
 Check In at Concierge Desk
Aerobics
 3rd Floor Exercise Area
9:30 am
Bible Study
 2nd Floor Activity Area
Journey of a Lifetime Walking Club
 1st Floor Lobby
10:00 am
Visits with Bella
 Door-to-Door
Arts & Crafts
 1st Floor Atrium
Culinary Club
 1st Floor Dining Room
Puzzles
 3rd Floor Billiards Area
12:30 pm
Sightseeing with Stephanie
 Check In at Concierge Desk
1:30 pm
Hand & Foot
 2nd Floor Activity Area
Book Club
 2nd Floor Library
3:00 pm
Happy Hour
 1st Floor Atrium
Walks with Bella
 Backyard
6:30 pm
Nevaeh Gospel Hour
 1st Floor Lobby
7:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Friday 18

8:30 am
Personal Trips
 Check In at Concierge Desk
9:30 am
UNO Game
 1st Floor Atrium
10:00 am
Visits with Bella
 Door-to-Door
Prize Patrol
 Door-to-Door
10:30 am
Crossword
 1st Floor Lobby
11:00 am
Circuit Training
 3rd Floor Exercise Area
1:00 pm
Veterans Reception
Welcome All Veterans
Music & Refreshments
 1st Floor Lobby
Visits with Bella
 1st Floor Atrium
Stretch
 3rd Floor Exercise Area
3:00 pm
Happy Hour
Wine & Cheese
 1st Floor Atrium
3:15 pm
Dancing in your Seats
 3rd Floor Exercise Area
6:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Saturday 19

ARMED FORCES DAY
9:00 am
Billiards
 3rd Floor Billiards Area
UNO Game
 1st Floor Atrium
9:30 am
Church of Epiphany
 2nd Floor Activity Area
10:00 am
Armed Forces Day Movie
 1st Floor Atrium
Visits with Bella
 1st Floor Lobby
10:30 am
Puzzles
 3rd Floor Billiards Area
1:30 pm
Bingo
 1st Floor Dining Room
3:00 pm
Happy Hour
 1st Floor Atrium
Outdoor Activity with Bella
 Backyard
6:30 pm
Blue Velvet
Live Entertainment
 1st Floor Lobby
7:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

STAFF BIRTHDAYS

May 03
Lisa Conway
 Bar Tender / Server
 May 15
Patricia Borders
 Med Tech
 May 15
Rachel Keithan
 Server
 May 15
Marissa Wallace
 Med Tech
 May 19
Ryan Gardner
 Housekeeping
 May 25
Chloe Arlow
 Server
 May 26
John Edgar Jr
 LPN
 May 28
Melody Moses
 Med Tech
 May 28
Elenita Stewart
 Server
 May 29
Barbara Tyler
 Cook

Activities are shown in red. Wellness classes are in blue.

Sunday 20

PENTECOST
SHAVUOT
9:00 am
Coffee & Conversation
 1st Floor Lobby
10:00 am
Our Lady of Hope
Group Liturgy
 2nd Floor Activity Area
Visits with Bella
 Door-to-Door
10:30 am
Countryside Church
 3rd Floor Exercise Area
Dominoes
 1st Floor Atrium
12:30 pm
Crossword
 Lobby
1:00 pm
Jazz with Jonathan
3:00 pm
Happy Hour
 1st Floor Atrium
Puzzles
 3rd Floor Billiards Area
6:30 pm
Movie & Popcorn
 1st Floor Atrium

Monday 21

8:30 am
Personal Trips
 Check In at Concierge Desk
9:30 am
Wii Sports
 2nd Floor Activity Area
Darts
 3rd Floor Exercise Area
10:00 am
Visits with Bella
 Door-to-Door
Card Club
 1st Floor Atrium
11:00 am
Circuit Training
 3rd Floor Exercise Area
1:00 pm
Live Music
Bobby Meeks
 1st Floor Lobby
Shopping – Walmart
 Check In at Concierge Desk
2:00 pm
Bingo
 1st Floor Dining Room
Journey of a Lifetime
Walking Club
 1st Floor Lobby
3:00 pm
Yoga
 3rd Floor Exercise Area
Happy Hour
 1st Floor Atrium
Outdoor Activity with Bella
 Backyard
6:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Tuesday 22

9:00 am
Personal Trips
 Check In at Concierge Desk
Aerobics
 3rd Floor Exercise Area
9:30 am
Bible Study
 2nd Floor Activity Area
Dancing in your Seats
 3rd Floor Exercise Area
10:00 am
Piano Paul
 1st Floor Lobby
Then & Now
 2nd Floor Activity Area
Visits with Bella
 Door-to-Door
12:30 pm
Movie @ Pavilion Theatres
 Check In at Concierge Desk
Reserve Chefs Table
 Check In at Concierge Desk
1:00 pm
Visits with Bella
 1st Floor Atrium
2:30 pm
Food Garnishing
 1st Floor Dining Room
3:00 pm
Visits with Bella
 1st Floor Atrium
Happy Hour
 1st Floor Atrium
6:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Wednesday 23

9:00 am
Personal & Doctor Trips
 Check In at Concierge Desk
9:30 am
UNO Game
 1st Floor Atrium
9:45 am
Singspiration
 3rd Floor Exercise Area
10:00 am
Arts & Crafts
 2nd Floor Activity Area
Visits with Bella
 Door-to-Door
10:45 am
Lunch Bunch
 Check In at Concierge Desk
1:00 pm
Walks with Bella
 Backyard
2:00 pm
Live Entertainment
Stevie G 50s & 60s
 1st Floor Lobby
2:30 pm
Spanish Class
 2nd Floor Activity Area
3:00 pm
Happy Hour
 1st Floor Atrium
Visits with Bella
 1st Floor Atrium
Yoga
 3rd Floor Exercise Area
6:30 pm
Chefs Table
Rack of Lamb
 1st Floor Dining Room
7:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Thursday 24

9:00 am
Personal Trips
 Check In at Concierge Desk
Aerobics
 3rd Floor Exercise Area
9:30 am
Bible Study
 2nd Floor Activity Area
Journey of a Lifetime
Walking Club
 1st Floor Lobby
10:00 am
Visits with Bella
 Door-to-Door
Larry James
on Saxophone
 1st Floor Lobby
Arts & Crafts
 1st Floor Atrium
Culinary Club
 1st Floor Dining Room
Puzzles
 3rd Floor Billiards Area
12:30 pm
Sightseeing with
Stephanie
 Check In at Concierge Desk
1:30 pm
Hand & Foot
 2nd Floor Activity Area
Book Club
 2nd Floor Library
3:00 pm
Happy Hour
 1st Floor Atrium
Walks with Bella
 Backyard
6:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Friday 25

8:30 am
Personal Trips
 Check In at Concierge Desk
9:30 am
UNO Game
 1st Floor Atrium
10:00 am
Visits with Bella
 Door-to-Door
Prize Patrol
 Door-to-Door
10:30 am
Crossword
 1st Floor Lobby
11:00 am
Circuit Training
 3rd Floor Exercise Area
1:00 pm
Bus Ride
 Check In at Concierge Desk
Visits with Bella
 1st Floor Atrium
Stretch
 3rd Floor Exercise Area
2:00 pm
Darts
 3rd Floor Exercise Area
2:30 pm
Live Entertainment
Judy Locke
 1st Floor Lobby
3:00 pm
Happy Hour Wine &
Cheese
 1st Floor Atrium
3:15 pm
Dancing in your Seats
 3rd Floor Exercise Area
6:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

Saturday 26

9:00 am
Billiards
 3rd Floor Billiards Area
9:30 am
Church of Epiphany
 2nd Floor Activity Area
10:00 am
Visits with Bella
 1st Floor Lobby
10:30 am
Puzzles
 3rd Floor Billiards Area
Coffee & Conversation
 1st Floor Lobby
11:00 am
Wii Sports
 2nd Floor Activity Area
1:00 pm
Forgiven Way Band
 1st Floor Lobby
Visits with Bella
 1st Floor Atrium
Dominoes
 1st Floor Atrium
1:30 pm
Bingo
 1st Floor Dining Room
3:00 pm
Happy Hour
 1st Floor Atrium
Outdoor Activity with Bella
 Backyard
6:30 pm
Evening Movie & Popcorn
 1st Floor Atrium

HOLIDAYS & SPECIAL EVENTS

May 1–20
Taurus

May 21–31
Gemini
 Year of the Dog

May 3
National Day
 of Prayer

May 5
Cinco De Mayo
Kentucky Derby

May 13
Mother's Day

May 19
Armed Forces Day

May 20
Pentecost
Shavuot

May 28
Memorial Day

MAY 27-31, 2018

Activities are shown in red. Wellness classes are in blue.

Sunday 27 Monday 28 Tuesday 29 Wednesday 30 Thursday 31

9:00 am

Coffee & Conversation
1st Floor Lobby

10:00 am

Our Lady of Hope Liturgy
2nd Floor Activity Area

Visits with Bella
Door-to-Door

10:30 am

Countryside Church Service
3rd Floor Exercise Area

11:00 am

Dominoes
1st Floor Atrium

12:30 pm

UNO
1st Floor Atrium

2:00 pm

Live Entertainment
Josh Mabe
1st Floor Atrium

3:00 pm

Happy Hour
1st Floor Atrium
Puzzles
3rd Floor Billiards Area

6:30 pm

Movie & Popcorn
1st Floor Atrium

MEMORIAL DAY

8:30 am

Personal Trips
Check In at Concierge Desk

9:00 am

Memorial Day Reading
1st Floor Lobby

Darts
3rd Floor Billiards Area

Patriotic Movie
1st Floor Atrium

10:00 am

Card Club UNO
2nd Floor Activity Area

Visits with Bella
Door-to-Door

11:00 am

Circuit Training
3rd Floor Exercise Area

1:00 pm

Patriotic Show
Chuck Gillespie
1st Floor Lobby
Shopping
Check In at Concierge Desk

2:00 pm

Journey of a Lifetime Walking Club
1st Floor Lobby

3:00 pm

Yoga
3rd Floor Exercise Area

Happy Hour
1st Floor Atrium

Outdoor Activity with Bella
Backyard

6:30 pm

Evening Movie & Popcorn
1st Floor Atrium

9:00 am

Personal Trips
Check In at Concierge Desk
Aerobics
3rd Floor Exercise Area

9:30 am

Bible Study
2nd Floor Activity Area
Dancing in your Seats
3rd Floor Exercise Area

10:00 am

Then & Now
2nd Floor Activity Area

Piano Paul
1st Floor Lobby

Visits with Bella
Nail Spa
Door-to-Door

12:30 pm

Movie @ Pavilion Theatres
Check In at Concierge Desk
Reserve Chefs Table
Check In at Concierge Desk

1:00 pm

Visits with Bella
1st Floor Atrium

2:30 pm

Cupcake Decorating
1st Floor Dining Room

3:00 pm

Visits with Bella
1st Floor Atrium

Happy Hour
1st Floor Atrium

6:30 pm

Evening Movie & Popcorn
1st Floor Atrium

9:00 am

Personal & Doctor Trips
Check In at Concierge Desk

9:30 am

UNO Game
1st Floor Atrium

9:45 am
Singspiration
3rd Floor Exercise Area

10:00 am

Arts & Crafts
2nd Floor Activity Area

Visits with Bella
Door-to-Door

10:45 am

Lunch Bunch
Check In at Concierge Desk
Functional Flex
3rd Floor Exercise Area

11:15 am

Circuit Training
3rd Floor Exercise Area

1:00 pm

Walks with Bella
Backyard

2:30 pm

Spanish Class
2nd Floor Activity Area

3:00 pm

Piano Paul
1st Floor Lobby

Happy Hour
1st Floor Atrium

Visits with Bella
1st Floor Atrium

Yoga
3rd Floor Exercise Area

6:30 pm

Chefs Table
Rack of Lamb
1st Floor Dining Room

7:30 pm

Evening Movie & Popcorn
1st Floor Atrium

9:00 am

Personal Trips
Check In at Concierge Desk
Aerobics
3rd Floor Exercise Area

9:30 am

Bible Study
2nd Floor Activity Area

Journey of a Lifetime Walking Club
1st Floor Lobby

10:00 am

Visits with Bella
Door-to-Door

Arts & Crafts
1st Floor Atrium

Culinary Club
1st Floor Dining Room

Puzzles
3rd Floor Billiards Area

12:30 pm

Sightseeing with Stephanie
Check In at Concierge Desk

1:30 pm

Hand & Foot
2nd Floor Activity Area

Book Club
2nd Floor Library

3:00 pm

Happy Hour
1st Floor Atrium

Walks with Bella
Backyard

6:30 pm

Evening Movie & Popcorn
1st Floor Atrium