

CountrySide Chronicle

MONTHLY NEWS

JANUARY 2018

Christmas at CountrySide!



From the Director's Desk

Happy New Year – 2018 is here! Now we all have to get used to writing a new date on all our paperwork.

What a blessing 2017 was. I truly have been blown away by all of your kindness and acceptance. Last month we had an AMAZING Christmas party. I hope everyone had as much fun as I did. 2018 will bring more events like that to our community.

2018 will start out with many resolutions. Some will be very well thought out and planned, others will be the same old ones, that tend to be recycled over and over. Make a resolution to yourself to change an old habit

or action that you don't like, and stick to it. Just one. The resolution or goal needs to be very specific. Don't use the ole "gonna lose weight" – say "I'm gonna lose 3 pounds each month." That would be a 36-pound victory by year's end! Hold yourself accountable, which means the more people you let know about your resolution, the more people will help keep you on track. These are just a couple of ideas.

On a different note, I want to let all of you know that Diane Parker, our Director of Life Engagement, retired at the end of the year. Diane has been a great employee for 21 years! She will be a tough act to follow, but we



will get a replacement for her as quickly as possible. Diane will be missed by all of us on staff here at CountrySide, as well as by our residents. Diane has travel plans, grandbaby plans, plans with her husband Gary and I am sure she will make the most of her retirement. Good luck Diane and God bless you!

Charlie

RESIDENT SPOTLIGHT

Dolores Smith

Dolores moved to Daytona Beach from St. Louis, Missouri in 1951, and moved into CountrySide in October of 2015. She was a secretary for Associated Coca Cola and a part-time teacher. She is on the board for Halifax Ministries, worked with Family Renew Community, volunteered for Feeding Program with Basilica St. Paul Church, taught typing at DBCC and helps with Our Lady of Hope Catholic services here in our community. Dolores enjoys exercise class, taking photos of our community with her iPad, and collecting angels and Precious Moments figurines. Dolores loves being here at CountrySide Lakes and always has great praise for our community.



Congratulations Dolores!

Bella's Corner

We had a great celebration for Bella's birthday in December. We invited all the residents and staff, had ice cream, sang Happy Birthday and served Bella a big doggie cookie shaped like a bone. Bella even wore a pink tutu and party hat!



Follow Bella's photos and videos online at CountrySideLakes.com

After you check out Bella's videos, connect with us on social media to keep up with CountrySide News and Good Shepherds updates! Help spread the word by liking and following us at the sites below.

Being social is ageless.

Instagram

twitter

facebook

CSL32127

Christmas Tree Decorating

We all had a great time decorating our 12-foot Christmas tree in the lobby. We enjoyed Christmas music playing and singing carols. A big thank you to Jo Clark, Al Hunsberger, Ethelyn Hamlin, and one of our Good Shepherd Volunteers, Lorilyn Hamlin. It certainly looks beautiful and is being enjoyed by everyone.



Dear CountrySide Family,

As you are reading this, most of you know that I have retired from CountrySide Lakes after twenty-one years. I want to start by saying that I will miss each and every one of you! Some of you I have known for a very long time and others I have just gotten to know recently. I have enjoyed and loved the work that I did, but will also enjoy being retired, traveling with my husband Gary and spending lots of time with the grandchildren and family. I want all of you to continue to be involved in activities and enjoy life to the fullest. This is not goodbye, but see you soon!

Love,

Diane Parker

Director of Engagement



Then & Now - Pie Tasting

Our November Then & Now presentation was pie tasting. We enjoyed mini pecan and mincemeat pies, apple, pumpkin, and sweet potato, and topped them with some whipped cream. We shared some of the different kind of pies we used to make and which ones were our favorites.



Interesting Facts About JANUARY

- ❖ January 1, 1502 – Portuguese explorers landed at Guanabara Bay on the coast of South America and named it Rio de Janeiro (River of January). Rio de Janeiro is currently Brazil's second largest city.
- ❖ January 1, 1892 – Ellis Island in New York Harbor opened. Over 20 million new arrivals to America were processed until its closing in 1954.
- ❖ January 3, 1959 – Alaska was admitted as the 49th U.S. state with a land mass almost one-fifth the size of the lower 48 states together.
- ❖ January 24, 1972 – Japanese soldier Shoichi Yokoi was discovered on Guam after he had spent 28 years hiding out in the jungle not knowing World War II had long since ended.
- ❖ January 27, 1756 – Wolfgang Amadeus Mozart (1756-1791) was born in Salzburg, Austria. From the age of five, through his untimely death at age 35, this musical genius created over 600 compositions including 16 operas, 41 symphonies, 27 piano and five violin concerti, 25 string quartets, 19 masses, and many other works.
- ❖ January 28, 1915 – The U.S. Coast Guard was created by an Act of Congress, combining the Life Saving Service and the Revenue Cutter Service.

RESIDENT BIRTHDAYS

January 2
Ethelyn H.
January 3
Martha C.
January 5
Robert S.
January 7
Joe K.
January 9
Mary G.
January 15
Mary M.
January 17
Albert H.
January 17
Sally W.
January 18
Jo C.
January 19
Gerald A.
January 22
Charlotte C.
January 24
Bianca L.
January 25
Florence A.
January 29
Jo D.
January 29
Olga M.
January 31
Ann Marie M.

STAFF BIRTHDAYS

January 4
Brianna Milne
Server
January 9
Glenda Reilly
Med Tech
January 10
Trudy Simmons
LPN
January 15
Jordan Shultz
Dining Room
Supervisor
January 16
Lee Fusco
Housekeeping
January 20
Yolanda Palacio
Housekeeping
January 21
Najah Taylor
Caregiver
Kaitlyn McKee
Caregiver
January 23
Lauren Gawel
Server
January 25
Greg Lawrence
Dishwasher
January 26
Darah Wallace
Med Tech
January 31
Jordan Hopkins
Caregiver

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	New Year's Day					
	1	2	3	4	5	6
7	8	9	10	11	12	13
	Martin Luther King, Jr. Birthday					
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Daeshonna McBride

Congratulations, Daeshonna!
We're lucky to have you.



Daeshonna is a caregiver and joined our CountrySide team in August 2017. She has a kind and caring soul and is very compassionate about the care she provides to our residents. She is always willing to help her teammates and to do the extra little things on her down time. Daeshonna volunteers to do other tasks and takes the initiative to go above and beyond without any complaints. She also loves to take Bella for walks. We enjoy having Daeshonna on our team and she is a great asset to all of us.

 **CountrySide Lakes**
A Shepherd Senior Living Community

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