# CountrySide Chronicle MONTHLY NEWS NOVEMBER 2017

# Open House!

Earlier this summer, we had wonderful food and drinks at our Open House where we welcomed the community, local businesses, residents, and family members to join us and see our new renovations. We look forward to seeing everything completed in the coming weeks!



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### From the Director's Desk

November has arrived. Welcome to the start of the Holiday Season! The next 60+ days will give us Thanksgiving, Christmas and the beginning of 2018.

We will spend lots of time with friends and family. This time will also see a rise in the flu bug. Please remember to get your flu shot. Protect yourself and the people precious to you.

Our residents had their flu shots in the middle of October. Let's keep them protected.

All of our residents and visitors have endured a pipe bursting "water event." We were within a day and a half of completion of our lengthy renovation and the flood was a heart breaker. We are beginning of the repair process and should be

largely complete by mid November. Please keep your fingers crossed and we look forward to showing our new and improved spaces soon!

Charlie

Bella's Corner

Here are some great recent Bella moments! She enjoyed some love from Mary M., Virginia R. and Bob S. Bella is such an amazing CountrySide family member and she makes everyone happy with her visits.





Congratulations Betty!

#### **RESIDENT SPOTLIGHT**

### Betty M.

Betty is originally from Pennsylvania, near the Scranton area and moved from the Daytona area to CountrySide Lakes in April of 2008. She was a homemaker until her children were grown and then she was a bookkeeper. She enjoyed playing the piano and organ for her church. Today Betty likes a good game of Bingo, Hand & Foot, swimming, aerobics, taking walks and reading. She has a daughter and a son, and her daughter comes to visit with her quite often.

Follow Bella's photos and videos online at CountrySideLakes.com

After you check out Bella's videos, connect with us on social media to keep up with CountrySide News and Good Shepherds updates! Help spread the word by liking and following us at the sites below.

**Instagram** 



### Being social is ageless. facebook twitter

CSL32127 =

### Chair Dancing with Randy

Come join us for Chair Dancing on Tuesdays at 9:30 and Fridays at 3:15 pm. It's a great time to get a little exercise and listen to some fun music!



### Cancer Awareness Month Ribbons

In October, many of our ladies enjoyed making ribbons for staff and others to wear for Breast Cancer Awareness month. We cut all different kinds of pink ribbons, put pins on them and bagged them up to give away at our Concierge desk.



# Then & Now – Birthdays

This month's feature for Then & Now was all about Birthdays. We talked about the reason there is a point on birthday hats, different kinds of games played at birthday parties, why we blow out candles on our cakes, and why we sing Happy Birthday. We enjoyed a yummy yellow cake with butter creme frosting, which is said to be children's favorite kind of birthday cake. Everyone received a goodie bag at the end of the party. It was great fun to hear from many about how they have celebrated birthdays over the years.





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### Interesting Facts About NOVEMBER

- ✤ November 1, 1776 Mission San Juan Capistrano was founded in California. Each year, the swallows of Capistrano leave their nests there around St. John's Day (October 23rd) and return the following year near St. Joseph's Day (March 19th).
- ✤ November 2, 1734 American frontiersman Daniel Boone (1734-1820) was born in Berks County, near Reading, Pennsylvania.
- November 4, 1922 King Tut's tomb was discovered at Luxor, Egypt, by British archaeologist Howard Carter after several years of searching. The child-King Tutankhamen became pharaoh at age nine and died around 1352 B.C. at age 19. The tomb was found mostly intact, containing numerous priceless items now exhibited in Egypt's National Museum in Cairo.
- ✤ November 23, 1859 Wild West outlaw Billy the Kid (1859-1881) was born in New York City (probably as Henry McCarty, better known as William H. Bonney). He was a ruthless killer who escaped from jail and a sentence of hanging at age 21. He was recaptured at Stinking Springs, New Mexico, but escaped again. At Fort Sumner, on the night of July 14, 1881, he reportedly asked, "Who's there?" only to be shot twice through the heart by Sheriff Pat Garrett.



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### Debra Pope Congratulations, Debra! We're lucky to have you.

Debra is an amazing Concierge at CountrySide and loves her family! She has 5 siblings, 2 children and 4 grandchildren. She enjoys traveling and has been to England and Paris with her daughter and can't wait to go back.

She also loves tiny houses. Her future plans are to become the best house sitter for

homes all over the world or to become a baby panda bear caregiver in China (it's a real job!) when she retires. Right now she loves working at CountrySide Lakes with the wonderful residents and staff. She feels like she belongs to an extended family unit and is honored to be employee of the month.

## CountrySide Lakes

A Shepherd Senior Living Community

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