

CountrySide Chronicle

MONTHLY NEWS

MAY 2017



Often confused with Veteran's Day, Memorial Day is a day in which we honor those who have given the ultimate sacrifice for their country and for our freedom. Prior to the 1900's this day, also known as Decoration Day, was set aside to honor those soldiers, both Union and Confederate, who died in the Civil War.

Thanks to the sacrifices of our brave men and women, we have the freedom to speak, to act, to dream, and to live our lives to the fullest. Imagine how different our lives would be were it not for the victories in World War I and World War II?

This Memorial Day, let's take a moment to remember those who have given themselves in service of our great nation and to thank their families. It's not just our responsibility to remember our fallen heroes, it's our honor to do so.

Those of us who have had the privilege of visiting Arlington National Cemetery will recall that simple, beautiful text at the tomb of the Unknown Soldier: "Here rests in honored glory an American soldier known but to God."

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From the Director's Desk

April showers bring May flowers...not this year. We are struggling with our lack of rain, which prompts me to remind everyone to stay hydrated as we move into the summer months. Letting yourself get dehydrated can lead to all sorts of problems: headaches, balance issues, UTIs, poor digestion and absorption, just to name a few. Water is the best source for hydration – drink plenty.

I hope everyone has had the opportunity to see the renovation progress on the third floor. It looks GREAT! The new carpet is

on the way, too. Painting will continue down onto the second and first floors. Then we will begin the task of working on the Dining Room. After that, we will start on the Atrium and the Great Room/Entry. The work crews will do their best to not disturb you. We appreciate everyone's patience over the next few weeks.

We have new outdoor furniture on the back patio and pool area. Please come out and put it to good use. The umbrellas even have solar powered lights, so you can use them at night. The



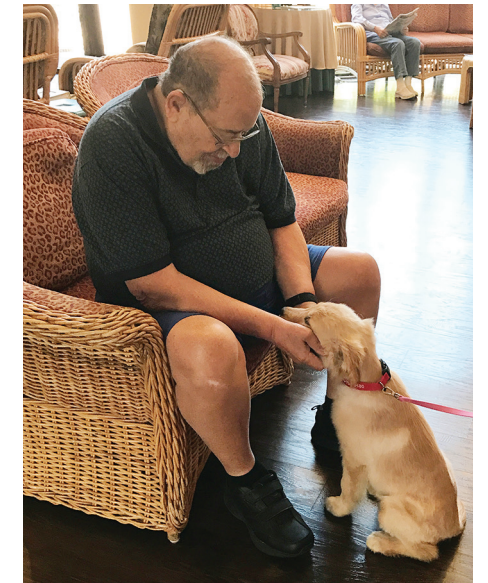
new hand rails for the pool are on order and will be installed as soon as they arrive. The twin rails will allow easier access into the pool.

Thanks to all of you, residents and staff, for making CountrySide the great place it is!

Charlie

Welcome, Bella!

After much anticipation, Bella has finally arrived at CountrySide. Everyone is enjoying taking her for walks, petting her and playing with her. Bella puts a smile on all of our faces! Thanks to our caring nursing staff, she's even been able to snuggle with those who aren't able to get out and visit with her. Bella loves her stuffed toys, spending time at CSLPT, walking through the lobby and down the halls of our community. She is truly a blessing and a very loved pup!



RESIDENT SPOTLIGHT

Helen & Joe

Helen & Joe moved to CountrySide Lakes in 2014. Helen was born in Pittsburgh, PA and Joe was born in Toms River, NJ. They met in 1942 at Drexel College in Philadelphia, PA, and married in 1948 after Joe returned from WWII and 3 years with the Navy in Guam. They lived in Toms River, NJ where they managed a business until 1986, and then moved to Spruce Creek Fly, IN in 1988. Helen & Joe have 3 children – Jan, Patty, and Jay – and 4 grandchildren, and celebrated 69 years of marriage on April 28, 2017. Congratulations Helen & Joe!



Congratulations Helen & Joe!

Follow Bella's photos and videos online at CountrySideLakes.com



Margaritaville Party

Summertime officially begins at CountrySide Lakes with Cheeseburgers in Paradise and Margaritas on the Pool Deck.

Enjoy a tropical experience at our "Margaritaville Party" with live Jimmy Buffet tribute music on Friday, May 12, from 3:30 to 6:30 p.m.

Invite your family for dining and entertainment. Contact the Concierge Desk for reservations the week prior.



Mother's Day is the time of the year when we celebrate, thank and honor our mothers and those of our family and loved ones. If there is one day in the year that all children remember to at least make a phone call to mom, it's Mother's Day. In fact, Mother's Day is the busiest restaurant day of the year, the busiest day in the world for phone calls, and one of the largest flower delivery days.

Celebrating Mom is so natural that nearly every civilization has done it – dating back to the ancient Greeks and Romans.

For Christians, Mother's Day is a recognition of the Blessed Mother, or Mary, the mother of Jesus Christ. A well-known catholic prayer is recited many times on this day, "Mary, on this day when we honor all mothers, we turn to you. We thank the Lord whom you serve for the great gift of motherhood."

So this year, let's all celebrate MOM. After all, without her, we wouldn't be here!

A Day at the Races!

We had a great time racing our decorated Pine Box Derby Cars. Thanks to everyone who showed up to cheer us on! Going home with trophies were our three winners: Joan S. in First Place, Nora K. in Second Place and Anna M. in Third Place. Congratulations, ladies!

Charlie



Interesting Dates in MAY

- ❖ May 1st is May Day, an ancient spring festival. It's also the date the Empire State Building opened in 1931.
- ❖ May 5th is Cinco de Mayo - the unlikely victory of the Mexicans over the French at the Battle of Puebla in 1862.
- ❖ The Hindenburg crashed and burned in Lakehurst, New Jersey on May 6th, 1937.
- ❖ On May 7th, 1945, Germany formally surrendered to the Allied Forces.
- ❖ The first transatlantic flight was completed on May 8th, 1919 by Charles Lindberg.
- ❖ West Virginia and Pennsylvania celebrated the first official Mother's Day here in the US on May 10th, 1908.
- ❖ The first vaccination against smallpox was administered on May 14th, 1796.
- ❖ Alexander the Great died on May 18th, 323 BC.
- ❖ The Brooklyn Bridge opened to traffic on May 24th, 1883.
- ❖ Babe Ruth hit his 714th – and last – home run on May 25th, 1935.
- ❖ Falling on the last Monday in May since the Civil War, Memorial Day will be celebrated on May 29th this year.
- ❖ On May 31st, 1927, Ford turned out its last Ford Model T automobile.

- B-323 Polly B.
- B-121 Fay & Joe K.
- A-309 Robert S.
- A-308 Aline & Normand R.
- B-126 Lena & Richard S.

RESIDENT BIRTHDAYS

- | | |
|---------------------|----------------------|
| May 1
Eloise D. | May 14
Frances M. |
| May 5
Joseph F. | May 15
Bill S. |
| May 8
Sam A. | May 16
Kay B. |
| May 8
Jan S. | May 17
Bernice G. |
| May 9
Anna C. | May 19
Ken S. |
| May 9
Elliott H. | May 21
Walma T. |
| May 11
Dom D. | |

STAFF BIRTHDAYS

- | | |
|---|--|
| May 1
Melissa Patterson
Med Tech | May 17
Vivian Roberts
Housekeeper |
| May 3
Samantha Olsen
Server | May 18
Sandra Talbot
Sales & Marketing
Director |
| May 4
Brianna Perez
Server | May 19
Ryan Gardner
Housekeeper |
| May 5
Lisa Conway
Server | May 24
Gina LaMendola
LPN |
| May 6
Maryanna Hilton
Dining Room Super-
visor | May 27
Dannie Webster
Chaplain |
| May 7
Marcella Medel
Caregiver | May 28
Elenita Stewart
Server |
| Amber Paytas
LPN | Melody Moses
Med Tech |
| May 13
Michael Wright
Med Tech | May 29
Kaitlyn Mulvenna
Server |
| May 15
Marissa Wallace
Caregiver | Barb Tyler
Cook |

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	May Day				Cinco de Mayo	
	1	2	3	4	5	6
7	8	9	10	11	12	13
Mother's Day						Armed Forces Day
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	Memorial Day	30	31			

Amber Boyce

Congratulations, Amber!
We're lucky to have you.

Amber began work at CountrySide Lakes in November of 2014. She is a certified CNA who enjoys working with people. So much so that she treats our residents as her own family and consistently goes above-and-beyond the call of duty. She is always available to help and is an example for all of us.



Amber and her boyfriend enjoy going to music festivals, camping and traveling with their dog, Kiki. Let's show Amber our appreciation. Be sure to say congratulations next time you see her!

CountrySide Lakes[®]

A Shepherd Senior Living Community

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