

CountrySide Lakes®

A Shepherd Senior Living Community

DECEMBER 2017



ACTIVITIES CALENDAR

CountrySideLakes.com

ACTIVITIES

ANIMAL THERAPY

Come pet, snuggle with, and enjoy a variety of animals, including our own community pup, Bella.



AFTERNOON MOVIE

Join us for popcorn and snacks as we screen everything from classics to new releases.

BEER, BRATS, AND BOYS

Boys will be boys. Sometimes, we just need a beer, a brat, and a reason to talk "guy stuff." No rules here. Just good times.

BIBLE STUDY

Chaplain Dannie guides you through the Bible and other topics of faith.

BILLIARDS TOURNAMENT

Test your billiards skills amongst your fellow residents. Includes individual, team, and group matches.

BOARD GAMES

Calling all talented gamers. We challenge you to the classics – from Monopoly and Sorry to oh-so-much more.

BOOK CLUB

Love to read? Join us as we read and discuss everything – from the classics to today's best selling novels.

BOWLING

Dust off that ball, find those ugly shoes, and let's go bowling in a local community alley.

CARDS

Enjoy a variety of card games, including poker, bridge, euchre, canasta, rummy, UNO, Phase 10, and more.

CARDS, COFFEE, & CONVERSATION

Connect with friends here at CountrySide and in the broader community. We provide the cards and coffee.

CHEF'S TABLE EXPERIENCE

An out of this world dining experience, including prime meats, fine wines, and seafood. Reservations required one day in advance – confirm with Linda or Cathy.



CHURCH SERVICE

Worship with your neighbors, as local community churches come on-site to share a service with us.

COMMUNITY ED

Local professionals teach us how to do a variety of things. These pros range from farmers to lawyers, accountants to engineers. Eventually, we'll cover them all.

COOKIES, CAKES, & CANDY

Yes, we have devoted an entire activity to these delicious morsels. Join us for baking and tasting.

COOKING CLASS

Lee lets loose some secrets to his amazing dishes. Bring an apron for this hands-on experience. Tasters are also welcome.

DARTS

Check out our electronic dart game and join us as we practice and compete. Includes individual, team, and group matches.

EVENING MOVIE

Join us for popcorn and snacks as we screen everything from classics to new releases.

FLOWER ARRANGING

Learn the tips and tricks the pros use to create stunning flower arrangements. Brought to you by our local florists.

FRIDAY NIGHT LIGHTS

Curl up with some good snacks and watch sports, movies, and other TV shows together.

FUN WITH CULINARY

Be our guest as we celebrate our chef, Lee. Bring your appetite for this special treat.

HEALTHY EATING

Oh so much more than a cooking class, this experience shows you how what we put in our bodies impacts our well being.

HOSTING AND ENTERTAINING

This peek behind the scenes lets you learn how the pros put together such a beautiful dining experience.

HAPPY HOUR

The name says it all. Join us daily in the Atrium and don't be surprised if Charlie throws in some themes and entertainment.

HAPPY PAINTING

Create your own acrylic masterpiece over happy hour.

(Continued on Page 12)

WELLNESS ACTIVITIES

Look for these Wellness classes listed in blue on the calendar and join us throughout each week for great exercise and fun!

AEROBICS

Great for your heart and your soul. Join us for one of CountrySide's favorite hours. All levels welcome.

CHAIR YOGA

For those who would like to experience yoga, but getting on and off the floor is challenging, this class is ideal. You will be guided gently through yoga postures while sitting on a chair, with a special focus on breath and alignment. All levels welcome.

CHAIR DANCING

Chair Dancing is a combination of chair aerobics and dancing. Popular music mixed with familiar foot and arm movements provide function, flexibility and fun all at the same time. It's quickly growing as a popular activity at CSL. All levels welcome.

CIRCUIT TRAINING

Learn the fundamentals of a solid gym workout and refine your skills. All levels welcome.

DANCE PARTY

Learn the latest moves and groove to the beats of your favorite classics. It's the house party you don't want to miss every Friday night! All levels welcome.

LAKESIDE WITH BELLA

Our community pup guides an hour of fetch, long walks, and deep breathing in the sunshine. All levels welcome.

FUNCTIONAL FLEX

These functional stretches add maximum flexibility to your body. All levels welcome. Benefits include increased mobility, flexibility, coordination, and body balance.

H2O CARDIO

This aqua class focuses on using the water as resistance to build cardiovascular endurance, while being gentle on your joints. All levels welcome.

JOURNEY OF A LIFETIME WALKING CLUB

This ongoing class begins when you identify your next dream travel location. We create a 10-stop journey between CountrySide Lakes and your destination, complete with maps, collectibles, and other fun commemoratives. Each resident is provided a pedometer and the adventure begins. Logged steps are converted to miles and the progress is tracked and celebrated. Benefits include walking, socialization, and family member participation. All levels welcome.

MINDFULNESS BASICS

Become more mindful, create bi-lateral brain function, and relax. All levels welcome.

MORNING MEDITATION

Start your day by taking time for yourself and resetting your mind. Utilizes breathing techniques and mindfulness meditation. All levels welcome.

STRETCH

Improve total body flexibility. All levels welcome.

DECEMBER 1-2, 2017

Friday

8:30 am

Banking & Shopping

Check In at Concierge Desk

9:00 am

Aerobics

3rd Floor Exercise Area

Blood Pressure Checks

1st Floor Atrium

10:00 am

Outdoor Games

Backyard

Visits with Bella

Door-to-Door

Circuit Training

3rd Floor Exercise Area

10:30 am

Wii Games

2nd Floor Activity Area

Puzzles

3rd Floor Billiards Area

1:00 pm

Bus Ride

Check In at Concierge Desk

Visit with Bella

1st Floor Atrium

Stretch

3rd Floor Exercise Area

2:00 pm

Happy Hour

Live Entertainment

Marsha & Mike

1st Floor Atrium

3:00 pm

Outdoor Activity with Bella

Backyard

3:15 pm

Dance Party

3rd Floor Exercise Area

6:30 pm

Evening Movie

2nd Floor Activity Area

Billiards

3rd Floor Billiards Area

7:00 pm

Wassail & Christmas Carols

1st Floor Atrium

1

Saturday

2

9:00 am

Outdoor Games

Backyard

Billiards

3rd Floor Billiards Area

9:30 am

Church of Epiphany

2nd Floor Activity Area

10:00 am

News Talk

1st Floor Lobby

Circuit Training

3rd Floor Exercise Area

Cooking Quiz

1st Floor Dining Room

1:30 pm

Bingo

2nd Floor Activity Area

Book Club

2nd Floor Library

3:30 pm

Happy Hour

1st Floor Atrium

6:30 pm

Evening Movie

2nd Floor Activity Area

Darts

3rd Floor Billiards Area

7:00 pm

Christmas

Chinese Auction

1st Floor Atrium

Activities are shown in red.
Wellness classes are in blue.

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Sunday 3

1ST SUNDAY OF ADVENT

- 9:00 am**
Hosting & Entertaining
1st Floor Dining Room
- Circuit Training**
3rd Floor Exercise Area
- 9:30 am**
Coffee & Conversation
1st Floor Lobby
- 10:30 am**
CountrySide Church Service
1st Floor Atrium
- 1:30 pm**
Outdoor Games
Backyard
- Snacks**
1st Floor Dining Room
- Live Entertainment**
George Gall
1st Floor Lobby
- 2:00 pm**
Board Games
1st Floor Atrium
- 3:00 pm**
Trivia
1st Floor Lobby
- Circuit Training**
3rd Floor Exercise Area
- Darts**
3rd Floor Billiards Area
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- 7:00 pm**
Christmas Wreath Making
1st Floor Atrium

Monday 4

- 8:30 am**
Shopping, Banking & Personal Trips
Check In at Concierge Desk
- 9:00 am**
Wheel of Fortune
2nd Floor Activity Area
- 9:30 am**
Live Ent. – Don Kruger
1st Floor Lobby
- 10:00 am**
Napkin Folding
1st Floor Dining Room
- Circuit Training**
3rd Floor Exercise Area
- Visits with Bella**
Door-to-Door
- 10:30 am**
Coffee & Conversation
1st Floor Atrium
- 1:00 pm**
Walmart
Check In at Concierge Desk
- Visit with Bella**
1st Floor Atrium
- 2:00 pm**
Then & Now
2nd Floor Activity Area
- Journey of a Lifetime Walking Club**
1st Floor Lobby
- 2:30 pm**
Live Ent. – George Gall
1st Floor Atrium
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Darts
3rd Floor Billiards Area
- Evening Movie**
2nd Floor Activity Area
- TV Shows**
3rd Floor Billiards Area
- 7:00 pm**
Christmas Cards for Troops
1st Floor Atrium

Tuesday 5

- 9:00 am**
Personal & Doctor Trips
Check In at Concierge Desk
- Darts**
3rd Floor Billiards Area
- Live Entertainment**
Conrad Droog
1st Floor Lobby
- Aerobics**
3rd Floor Exercise Area
- 9:30 am**
Bible Study
2nd Floor Activity Area
- Prize Patrol**
1st Floor Dining Room
- Chair Dancing**
3rd Floor Exercise Area
- 10:00 am**
Visits with Bella
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Yoga
3rd Floor Exercise Area
- 1:00 pm**
Outdoor Walk with Bella
Backyard
- 1:30 pm**
Bingo
2nd Floor Activity Area
- Live Entertainment**
Conrad Droog
1st Floor Lobby
- 2:30 pm**
Visiting Chef
1st Floor Dining Room
- 3:00 pm**
Visit with Bella
1st Floor Atrium
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Game Night
1st Floor Atrium
- Evening Movie**
2nd Floor Activity Area
- 7:00 pm**
Christmas Word Jumble
1st Floor Atrium

Wednesday 6

- 9:00 am**
Personal Trips
Check In at Concierge Desk
- Cornhole**
Backyard
- 9:45 am**
Singspiration
1st Floor Atrium
- Trivial Pursuit**
1st Floor Atrium
- 10:00 am**
Fun with Culinary
1st Floor Dining Room
- Outdoor Games**
Backyard
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:45 am**
Functional Flex
3rd Floor Exercise Area
- 11:30 am**
Lunch Bunch
Check In at Concierge Desk
- 1:00 pm**
Visit with Bella
1st Floor Atrium
- 2:00 pm**
Stretch
3rd Floor Exercise Area
- 2:45 pm**
Progressive Party
2nd Floor Activity Area
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 6:00 pm**
Chefs Table
1st Floor Dining Room
- 6:30 pm**
Darts
3rd Floor Billiards Area
- Evening Movie**
2nd Floor Activity Area
- 7:00 pm**
Christmas Cookie Decorating
1st Floor Atrium

Thursday 7

- 9:00 am**
Personal & Doctor Trips
Check In at Concierge Desk
- Aerobics**
3rd Floor Exercise Area
- 9:30 am**
Bible Study
2nd Floor Activity Area
- Journey of a Lifetime Walking Club**
1st Floor Lobby
- 10:00 am**
Tea Time
1st Floor Dining Room
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Yoga
3rd Floor Exercise Area
- 10:30 am**
Darts
3rd Floor Billiards Area
- 1:30 pm**
Birthday Party for Bella
1st Floor Atrium
- Hand & Foot**
2nd Floor Activity Area
- Live Entertainment**
Conrad Droog
1st Floor Lobby
- 3:00 pm**
Visit with Bella
1st Floor Atrium
- 3:30 pm**
Happy Hour
1st Floor Atrium
- Prize Patrol**
1st Floor Dining Room
- 6:30 pm**
Live Entertainment
Shannon Rae
1st Floor Lobby
- Evening Movie**
2nd Floor Activity Area

Friday 8

- 8:30 am**
Shopping, Banking & Personal Trips
Check In at Concierge Desk
- 9:00 am**
Aerobics
3rd Floor Exercise Area
- 9:45 am**
Coffee & Danish
1st Floor Atrium
- Outdoor Games**
Backyard
- 10:00 am**
Circuit Training
3rd Floor Exercise Area
- Dominoes**
1st Floor Atrium
- Visits with Bella**
Door-to-Door
- 10:30 am**
Puzzles
3rd Floor Billiards Area
- Wii Bowling**
2nd Floor Activity Area
- 1:00 pm**
Bus Ride
Check In at Concierge Desk
- Visit with Bella**
1st Floor Atrium
- Stretch**
3rd Floor Exercise Area
- 2:00 pm**
Happy Hour
1st Floor Atrium
- Live Entertainment – Judy Locke**
1st Floor Atrium
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 3:15 pm**
Chair Dancing
3rd Floor Exercise Area
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- 7:00 pm**
Billiards
3rd Floor Billiards Area
- Christmas Trivia**
1st Floor Atrium

Saturday 9

- 9:00 am**
Outdoor Games
Backyard
- Billiards**
3rd Floor Billiards Area
- 9:30 am**
Church of Epiphany
2nd Floor Activity Area
- 10:00 am**
News Talk
1st Floor Lobby
- Cooking Quiz**
1st Floor Dining Room
- Orbit Piano Students**
1st Floor Lobby
- Circuit Training**
3rd Floor Exercise Area
- 1:00 pm**
Kinetic Dance Academy
1st Floor Lobby
- 1:30 pm**
Bingo
2nd Floor Activity Area
- Book Club**
2nd Floor Library
- 2:30 pm**
Live Entertainment
George Gall
1st Floor Lobby
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- Darts**
3rd Floor Billiards Area
- 7:00 pm**
Christmas Jingo
1st Floor Atrium

RESIDENT BIRTHDAYS

December 2
Sophie G.

December 4
Halina M.

December 6
Betty M.

December 7
Normand R.

December 13
Albert M.

December 15
Sally D.

December 17
Rose M.

December 19
Sonny G.

December 31
Donald P.

Activities are shown in red. Wellness classes are in blue.

Sunday 10

2ND SUNDAY OF ADVENT

- 9:00 am**
Hosting & Entertaining
1st Floor Dining Room
- 9:30 am**
Coffee & Conversation
1st Floor Lobby
- 10:30 am**
CountrySide Church Service
1st Floor Atrium
- 1:30 pm**
Snacks
1st Floor Dining Room
- 2:00 pm**
Board Games
1st Floor Atrium
- 3:00 pm**
Trivia
1st Floor Lobby
- Darts**
3rd Floor Billiards Area
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- 7:00 pm**
Blindfold Christmas Drawing
1st Floor Atrium

Monday 11

- 8:30 am**
Shopping, Banking & Personal Trips
Check In at Concierge Desk
- 9:00 am**
Wheel of Fortune
2nd Floor Activity Area
- 9:30 am**
Darts
3rd Floor Billiards Area
- Live Entertainment**
Don Kruger
1st Floor Lobby
- 10:00 am**
Napkin Folding
1st Floor Dining Room
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Coffee & Conversation
1st Floor Atrium
- 1:00 pm**
Shopping to Bon Worth
Check In at Concierge Desk
- Visit with Bella**
1st Floor Atrium
- 2:00 pm**
Then & Now
2nd Floor Activity Area
- Journey of a Lifetime**
Walking Club
1st Floor Lobby
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Live Entertainment
Frank Kessel
1st Floor Lobby
- Evening Movie**
2nd Floor Activity Area

Tuesday 12

- HANUKKAH BEGINS**
- 9:00 am**
Personal & Doctor Trips
Check In at Concierge Desk
- Aerobics**
3rd Floor Exercise Area
- Darts**
3rd Floor Billiards Area
- 9:30 am**
Chair Dancing
3rd Floor Exercise Area
- Bible Study**
2nd Floor Activity Area
- Prize Patrol**
1st Floor Dining Room
- 10:00 am**
Visits with Bella
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Yoga
3rd Floor Exercise Area
- 1:00 pm**
Outdoor Walk with Bella
Backyard
- Dulcimer Performance**
1st Floor Lobby
- 1:30 pm**
Bingo
2nd Floor Activity Area
- 2:30 pm**
Visiting Chef
1st Floor Dining Room
- 3:00 pm**
Community Ed Connect Hearing
2nd Floor Activity Area
- Visit with Bella**
1st Floor Atrium
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Game Night
1st Floor Atrium
- Evening Movie**
2nd Floor Activity Area
- 7:00 pm**
Christmas Pictionary
1st Floor Atrium

Wednesday 13

- 9:00 am**
Personal Trips
Check In at Concierge Desk
- Cornhole**
Backyard
- Live Ent. – Conrad Droog**
1st Floor Lobby
- 9:45 am**
Trivial Pursuit
1st Floor Atrium
- Singspiration**
1st Floor Atrium
- 10:00 am**
Our Lady of Hope Mass
2nd Floor Activity Area
- Fun with Culinary**
1st Floor Dining Room
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Outdoor Games
Backyard
- 10:45 am**
Functional Flex
3rd Floor Exercise Area
- 11:30 am**
Lunch Bunch
Check In at Concierge Desk
- 1:00 pm**
Visit with Bella
1st Floor Atrium
- 1:30 pm**
Craft: Build a Lighthouse
1st Floor Atrium
- Live Ent. – Conrad Droog**
1st Floor Lobby
- 2:00 pm**
Stretch
3rd Floor Exercise Area
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 6:00 pm**
Chefs Table
1st Floor Dining Room
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- 7:00 pm**
String Popcorn & Cranberries
1st Floor Atrium

Thursday 14

- 9:00 am**
Personal & Doctor Trips
Check In at Concierge Desk
- Live Ent. – Conrad Droog**
1st Floor Lobby
- Aerobics**
3rd Floor Exercise Area
- 9:30 am**
Bible Study
2nd Floor Activity Area
- Croquet**
Backyard
- 10:00 am**
Tea Time
1st Floor Dining Room
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Yoga
3rd Floor Exercise Area
- Darts**
3rd Floor Billiards Area
- 1:00 pm**
Live Entertainment
Harpist – Melody
1st Floor Lobby
- 1:30 pm**
Eggnog & Cookies
1st Floor Atrium
- Hand & Foot**
2nd Floor Activity Area
- 3:00 pm**
Visit with Bella
1st Floor Atrium
- 3:30 pm**
Happy Hour
1st Floor Atrium
- Prize Patrol**
1st Floor Dining Room
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- 7:00 pm**
Resident/Employee Christmas Party
1st Floor Lobby
- Live Entertainment**
Shannon Rae
1st Floor Lobby

Friday 15

- 8:30 am**
Banking & Shopping Trips
Check In at Concierge Desk
- 9:00 am**
Aerobics
3rd Floor Exercise Area
- 10:00 am**
Outdoor Games
Backyard
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Wii Games
2nd Floor Activity Area
- Puzzles**
3rd Floor Billiards Area
- 1:00 pm**
Bus Ride
Check In at Concierge Desk
- Visit with Bella**
1st Floor Atrium
- Stretch**
3rd Floor Exercise Area
- 2:00 pm**
Happy Hour
Live Entertainment
Marsha & Mike
1st Floor Atrium
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 3:15 pm**
Chair Dancing
3rd Floor Exercise Area
- 6:30 pm**
Live Entertainment
Song of the Coast Singing
1st Floor Lobby
- Evening Movie**
2nd Floor Activity Area

Saturday 16

- 9:00 am**
Outdoor Games
Backyard
- Billiards**
3rd Floor Billiards Area
- 9:30 am**
Church of Epiphany
2nd Floor Activity Area
- 10:00 am**
News Talk
1st Floor Lobby
- Cooking Quiz**
1st Floor Dining Room
- Orbit Piano Students**
1st Floor Lobby
- Circuit Training**
3rd Floor Exercise Area
- 1:30 pm**
Bingo
2nd Floor Activity Area
- Book Club**
2nd Floor Library
- 2:30 pm**
Live Entertainment
George Gall
1st Floor Lobby
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Live Entertainment
Blue Velvet
1st Floor Lobby
- Evening Movie**
2nd Floor Activity Area
- Darts**
3rd Floor Billiards Area

STAFF BIRTHDAYS

- December 6
Rashae Bryant
Med Tech
- December 7
Julie Smith
LPN
- December 13
Celia Laureano
Housekeeping Director
- December 15
Marisa Caro
Caregiver
- December 25
Christopher Favata
Kitchen Supervisor

Activities are shown in red. Wellness classes are in blue.

Sunday 17

3RD SUNDAY OF ADVENT

- 9:00 am**
Hosting & Entertaining
1st Floor Dining Room
- 9:30 am**
Coffee & Conversation
1st Floor Lobby
- 10:00 am**
Our Lady of Hope Group
Liturgy
2nd Floor Activity Area
- 10:30 am**
CountrySide Church
Service
1st Floor Atrium
- 1:30 pm**
Live Entertainment
Don Kruger
1st Floor Lobby
- 2:00 pm**
Board Games
2nd Floor Activity Area
- Chicken Soup for the Soul**
1st Floor Lobby
- 3:00 pm**
Trivia
1st Floor Lobby
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- Cornhole**
Backyard
- 7:00 pm**
Cakes, Cookies & Candies
1st Floor Dining Room

Monday 18

- 8:30 am**
Shopping & Banking Trips
Check In at Concierge Desk
- 9:00 am**
The Price Is Right
2nd Floor Activity Area
- 9:15 am**
Warner Christian
Academy Choir
1st Floor Lobby
- 10:00 am**
Coffee & Conversation
1st Floor Atrium
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 1:00 pm**
Shopping
Walmart
Check In at Concierge Desk
- Live Entertainment**
Bobby Meeks
1st Floor Lobby
- Visit with Bella**
1st Floor Atrium
- 2:00 pm**
Then & Now
2nd Floor Activity Area
- Journey of a Lifetime**
Walking Club
1st Floor Lobby
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 6:30 pm**
Darts
3rd Floor Billiards Area
- Evening Movie**
2nd Floor Activity Area
- Christmas Lights - 1st Trip**
Check In at Concierge Desk
- 7:00 pm**
Book Club
1st Floor Lobby

Tuesday 19

- 9:00 am**
Personal & Doctor Trips
Check In at Concierge Desk
- Aerobics**
3rd Floor Exercise Area
- Darts**
3rd Floor Billiards Area
- 9:30 am**
Chair Dancing
3rd Floor Exercise Area
- Bible Study**
2nd Floor Activity Area
- Prize Patrol**
1st Floor Dining Room
- 10:00 am**
Visits with Bella
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Yoga
3rd Floor Exercise Area
- 1:00 pm**
Live Entertainment
One Voice
1st Floor Lobby
- Outdoor Walk with Bella**
Backyard
- 1:30 pm**
Bingo
2nd Floor Activity Area
- 2:30 pm**
Visiting Chef
1st Floor Dining Room
- 3:00 pm**
Community Ed
Miracle Ear
2nd Floor Activity Area
- Visit with Bella**
1st Floor Atrium
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Game Night
1st Floor Atrium
- Evening Movie**
2nd Floor Activity Area
- Christmas Lights - 2nd Trip**
Check In at Concierge Desk

Wednesday 20

- HANUKKAH ENDS**
- 9:00 am**
Personal Trips
Check In at Concierge Desk
- Resident Council Meeting**
1st Floor Atrium
- Cornhole**
Backyard
- 9:45 am**
Trivial Pursuit
1st Floor Atrium
- Book Club**
2nd Floor Library
- 10:00 am**
Fun with Culinary
1st Floor Dining Room
- Circuit Training**
3rd Floor Exercise Area
- Visits with Bella**
Door-to-Door
- 9:45 am**
Singspiration
1st Floor Atrium
- Outdoor Games**
Backyard
- 10:45 am**
Functional Flex
3rd Floor Exercise Area
- 11:30 am**
Birthday Lunch
1st Floor Dining Room
- 1:00 pm**
Visit with Bella
1st Floor Atrium
- Fireplace & S'mores**
2nd Floor Activity Area
- 2:00 pm**
Stretch
3rd Floor Exercise Area
- 2:30 pm**
Live Ent. - Sherry Adams
1st Floor Lobby
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 6:30 pm**
Live Entertainment
The Stage at Thank you 5
- Evening Movie**
2nd Floor Activity Area

Thursday 21

- WINTER SOLSTICE**
- 9:00 am**
Personal & Doctor Trips
Check In at Concierge Desk
- Aerobics**
3rd Floor Exercise Area
- 9:30 am**
Bible Study
2nd Floor Activity Area
- Croquet**
Backyard
- 10:00 am**
Tea Time
1st Floor Dining Room
- Visits with Bella**
Door-to-Door
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Yoga
3rd Floor Exercise Area
- Darts**
3rd Floor Billiards Area
- 1:30 pm**
Decorate Christmas Cookies
1st Floor Atrium
- Hand & Foot**
2nd Floor Activity Area
- Live Entertainment**
Conrad Droog
1st Floor Lobby
- 3:00 pm**
Visit with Bella
1st Floor Atrium
- 3:30 pm**
Happy Hour
1st Floor Atrium
- Prize Patrol**
1st Floor Dining Room
- Circuit Training**
3rd Floor Exercise Area
- 6:30 pm**
Live Entertainment
Shannon Rae
1st Floor Lobby
- Evening Movie**
2nd Floor Activity Area

Friday 22

- 8:30 am**
Shopping, Banking &
Personal Trips
Check In at Concierge Desk
- 9:00 am**
Aerobics
3rd Floor Exercise Area
- 9:45 am**
Uno Game
1st Floor Atrium
- Outdoor Games**
Backyard
- 10:00 am**
Visits with Bella
Door-to-Door
- Dominoes**
1st Floor Atrium
- Circuit Training**
3rd Floor Exercise Area
- 10:30 am**
Puzzles
3rd Floor Billiards Area
- 1:00 pm**
Bus Ride
Check In at Concierge Desk
- Visit with Bella**
1st Floor Atrium
- Stretch**
3rd Floor Exercise Area
- 2:00 pm**
Happy Hour
1st Floor Atrium
- Live Entertainment**
Judy Locke
1st Floor Atrium
- 3:00 pm**
Outdoor Activity with Bella
Backyard
- 3:15 pm**
Chair Dancing
3rd Floor Exercise Area
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- Live Entertainment**
George Gall
1st Floor Lobby
- 7:00 pm**
Billiards
3rd Floor Billiards Area
- Minute to Win It**
1st Floor Atrium

Saturday 23

- 9:00 am**
Outdoor Games
Backyard
- 9:30 am**
Church of Epiphany
2nd Floor Activity Area
- Billiards**
3rd Floor Billiards Area
- 10:00 am**
News Talk
1st Floor Lobby
- Circuit Training**
3rd Floor Exercise Area
- Cooking Quiz**
1st Floor Dining Room
- 1:30 pm**
Bingo
2nd Floor Activity Area
- Live Entertainment**
Forgiven Way Band
1st Floor Lobby
- 2:00 pm**
Circuit Training
3rd Floor Exercise Area
- Wii Bowling**
2nd Floor Activity Area
- 3:30 pm**
Happy Hour
1st Floor Atrium
- 6:30 pm**
Evening Movie
2nd Floor Activity Area
- Darts**
3rd Floor Billiards Area
- 7:00 pm**
Christmas Gift Party
1st Floor Atrium

HOLIDAYS & SPECIAL EVENTS

- December 1-21
Sagittarius
- December 22-31
Capricorn
- Year of the
Red Fire Rooster
- December 3, 10, 17, 24
Advent
- December 7
Pearl Harbor
Remembrance
- December 12-20
Hanukkah
- December 21
Winter Solstice
- December 25
Christmas
- December 31
New Year's Eve

Activities are shown in red. Wellness classes are in blue.

Sunday 24

CHRISTMAS EVE
4TH SUNDAY OF ADVENT
9:00 am
Hosting & Entertaining
 1st Floor Dining Room
Circuit Training
 3rd Floor Exercise Area
9:30 am
Coffee & Conversation
 1st Floor Lobby
10:00 am
Our Lady of Hope Group Liturgy
 2nd Floor Activity Area
10:30 am
CountrySide Church Service
 1st Floor Atrium
1:30 pm
Outdoor Games
 Backyard
Snacks
 1st Floor Dining Room
2:00 pm
Board Games
 1st Floor Atrium
Chicken Soup for the Soul
 1st Floor Lobby
3:00 pm
Trivia
 1st Floor Lobby
Darts
 3rd Floor Billiards Area
6:30 pm
Evening Movie
 2nd Floor Activity Area

Monday 25

CHRISTMAS DAY
NO SHOPPING & BANKING TODAY
9:30 am
Darts
 3rd Floor Billiards Area
10:00 am
Napkin Folding
 1st Floor Dining Room
Visits with Bella
 Door-to-Door
10:30 am
Coffee & Cookies
 1st Floor Atrium
1:00 pm
Visit with Bella
 1st Floor Atrium
2:00 pm
Afternoon Christmas Movie
 2nd Floor Activity Area
3:00 pm
Outdoor Activity with Bella
 Backyard
6:30 pm
Darts
 3rd Floor Billiards Area
Evening Christmas Movie
 2nd Floor Activity Area
7:00 pm
Listen to Christmas Music
 1st Floor Lobby

Tuesday 26

9:00 am
Personal & Doctor Trips
 Check In at Concierge Desk
Aerobics
 3rd Floor Exercise Area
Darts
 3rd Floor Billiards Area
9:30 am
Chair Dancing
 3rd Floor Exercise Area
Bible Study
 2nd Floor Activity Area
Prize Patrol
 1st Floor Dining Room
10:00 am
Visits with Bella
 Door-to-Door
Wii Games
 2nd Floor Activity Area
Circuit Training
 3rd Floor Exercise Area
10:30 am
Yoga
 3rd Floor Exercise Area
1:00 pm
Outdoor Walk with Bella
 Backyard
1:30 pm
Bingo
 2nd Floor Activity Area
2:30 pm
Visiting Chef
 1st Floor Dining Room
Storytelling
 1st Floor Lobby
3:00 pm
Visit with Bella
 1st Floor Atrium
3:30 pm
Happy Hour
 1st Floor Atrium
6:30 pm
Game Night
 1st Floor Atrium
Evening Movie
 2nd Floor Activity Area
7:00 pm
Christmas Word Search
 1st Floor Atrium

Wednesday 27

9:00 am
Personal Trips
 Check In at Concierge Desk
Cornhole
 Backyard
Live Ent. – Conrad Droog
 1st Floor Lobby
9:30 am
Trivial Pursuit
 1st Floor Atrium
Book Club
 2nd Floor Library
10:00 am
Fun with Culinary
 1st Floor Dining Room
Visits with Bella
 Door-to-Door
Circuit Training
 3rd Floor Exercise Area
10:30 am
Singspiration
 1st Floor Atrium
10:45 am
Functional Flex
 3rd Floor Exercise Area
11:30 am
Lunch Bunch
 Check In at Concierge Desk
1:00 pm
Visit with Bella
 1st Floor Atrium
1:30 pm
Craft Class
 1st Floor Atrium
Live Ent. – Conrad Droog
 1st Floor Lobby
2:00 pm
Stretch
 3rd Floor Exercise Area
3:00 pm
Outdoor Activity with Bella
 Backyard
5:30 pm
Darts
 3rd Floor Billiards Area
6:30 pm
Evening Movie
 2nd Floor Activity Area
7:00 pm
Minute to Win It
 1st Floor Atrium

Thursday 28

8:30 am
Personal & Doctor Trips
 Check In at Concierge Desk
9:00 am
Aerobics
 3rd Floor Exercise Area
9:30 am
Bible Study
 2nd Floor Activity Area
Journey of a Lifetime Walking Club
 1st Floor Lobby
10:00 am
Tea Time
 1st Floor Dining Room
Visits with Bella
 Door-to-Door
Circuit Training
 3rd Floor Exercise Area
10:30 am
Yoga
 3rd Floor Exercise Area
Darts
 3rd Floor Billiards Area
1:30 pm
Hand & Foot
 2nd Floor Activity Area
Root Beer Floats
 1st Floor Atrium
3:00 pm
Visit with Bella
 1st Floor Atrium
Prize Patrol
 1st Floor Dining Room
3:30 pm
Happy Hour
 1st Floor Atrium
6:30 pm
Evening Movie
 1ACT
7:00 pm
Christmas Trivia
 1st Floor Atrium

Friday 29

8:30 am
Shopping, Banking & Personal Trips
 Check In at Concierge Desk
9:00 am
Aerobics
 3rd Floor Exercise Area
9:30 am
Live Ent. – George Gall
 1st Floor Lobby
9:45 am
Outdoor Games
 Backyard
10:00 am
Visits with Bella
 Door-to-Door
Chicken Soup for the Soul
 1st Floor Lobby
Circuit Training
 3rd Floor Exercise Area
10:30 am
Puzzles
 3rd Floor Billiards Area
10:45 am
Wii Bowling
 2nd Floor Activity Area
1:00 pm
Bus Ride
 Check In at Concierge Desk
Stretch
 3rd Floor Exercise Area
2:00 pm
New Year's Party Live Entertainment
 George Gall
 1st Floor Atrium
3:00 pm
Outdoor Activity with Bella
 Backyard
3:15 pm
Dance Party
 3rd Floor Exercise Area
6:30 pm
Evening Movie
 2nd Floor Activity Area
7:00 pm
Billiards
 3rd Floor Billiards Area
Christmas Charades
 1st Floor Atrium

Saturday 30

9:00 am
Outdoor Games
 Backyard
Billiards
 3rd Floor Billiards Area
9:30 am
Church of Epiphany
 2nd Floor Activity Area
10:00 am
News Talk
 1st Floor Lobby
Cooking Quiz
 1st Floor Dining Room
1:30 pm
Bingo
 2nd Floor Activity Area
3:30 pm
Happy Hour
 1st Floor Atrium
6:30 pm
Evening Movie
 2nd Floor Activity Area
Darts
 3rd Floor Billiards Area
7:00 pm
Stacking Snowman
 1st Floor Atrium

Sunday 31

NEW YEAR'S EVE
9:00 am
Hosting & Entertaining
 1st Floor Dining Room
9:30 am
Coffee & Conversation
 1st Floor Lobby
Crosswords
 2nd Floor Activity Area
10:00 am
Brunch
 1st Floor Dining Room
Our Lady of Hope Group Liturgy
 2nd Floor Activity Area
10:00 am - 2:00 pm
Brunch
 1st Floor Dining Room
10:30 am
CountrySide Church Service
 1st Floor Atrium
1:30 pm
Outdoor Games
 Backyard
2:00 pm
Board Games
 1st Floor Atrium
2:30 pm
Chicken Soup for the Soul
 1st Floor Lobby
6:30 pm
Evening Movie
 2nd Floor Activity Area
Live Entertainment
 Shannon Rae
 1st Floor Lobby

ACTIVITIES (Continued from Page 2)

KARAOKE

Back by popular demand. Croon away to your favorites.

LAKESIDE PARTY

Weather permitting, we head down to the water and have some fun. On rainy days, we bring it inside.

LIVE ENTERTAINMENT

Good times for all, brought to you by local magicians, jugglers, children's groups, and musicians.

NAPKIN FOLDING

Are you amazed by the unique styles of napkins in the dining room? Learn how to do it yourself and dazzle your family and friends at your next gathering.

NEWS TALK

Join us as we tackle current events with insightful conversation over coffee.

OUTDOOR GAMES

Weather permitting, we play shuffleboard, bocce ball, croquet, and more.

PERSONAL TRIPS

Need a ride? We'll take you wherever you want to go.

PINE BOX DERBY

Were you a Scout as a kid? Or wish you were? Now's your chance to re-connect with some classic fun and challenge the neighborhood kids to a Derby. Family involvement in building your car is welcome.

PLANTING & POTTING

Have a green thumb? Join us as we beautify our community with live plants and flowers.

POOL PARTY

Cool off from the FL sunshine or just come outside by the deck and enjoy games, refreshments, and entertainment.

PRIZE PATROL

Come help us make the day of some lucky resident – maybe even you. It's a surprise party at their place.

PROGRESSIVE PARTY

Each week we will visit several different locations here at CountrySide – maybe even your suite. At each stop, we sample a treat, play a game, and laugh, laugh, laugh.

PUZZLES

Everyone likes a good puzzle. It's even more fun with friends.

SINGSPARATION

Join us as we start our own CountrySide Lakes choir and sing our hearts out.

SATURDAY NIGHT FEVER

It's the theme party of the week. Join us and let loose with your friends and neighbors.

SHOPPING TRIPS

Where do you want to go? We're at your service.



SPORTS TALK

Show off your favorite team apparel and join Charlie in a round table discussion about local, college, and national sports.

STORYTELLING

Come spin your yarns with us. Or better yet, just come listen to the pros and your fellow amateurs.

SURPRISE!

This unique event is different every

time, depending on who attends. Bring your creativity and craft a masterpiece in multiple art mediums.

TEA TIME

Come sample teas from around the globe and learn tips and tricks for brewing that perfect cup.

THEN & NOW

Join us on Mondays at 2:00 for Then & Now, when we pick a different theme to discuss and show items related to that theme. It's a fun time to reminisce about old and new things. Bring an item to share!

TRIVIA

Immerse yourself in fun facts about the past, the bizarre, and the unknown with this game of unlimited topics.

TRUST

Through a series of games and activities, learn to trust your fellow residents. Or not! There is a twist and you'll love it.

TV SHOWS

Whether you watch *Blacklist*, *House of Cards*, *The Walking Dead*, or *The Big Bang Theory*, join us as we "binge watch" our favorites together.

VARIETY SHOW

Everyone is welcome as the community shows off its talent.

VISITING CHEF

Enjoy a cooking show and tastings from one of our local Port Orange, Daytona, or New Smyrna Beach chefs.

Wii SPORTS

Loved by those of all ages. We're out to find our own Wimbledon and NFL champions.

WINE CLUB

Be a part of this lucky group that samples a flight of wine each week and provides us feedback as we build our CountrySide Lakes wine cellar.