

CountrySide Chronicle

MONTHLY NEWS

JUNE 2017

Margarita Summer!

We had a great time at our Official Summer Kick-Off Margarita Party!



CountrySideLakes.com

From the Director's Desk

Welcome to June! One of our busiest months, it holds Flag Day, Father's Day, and the Summer Solstice, the first day of Summer.

Father's Day, June 19th, means something special to all of us. We all have someone to thank or remember on this day. Who taught you how to ride a bike or tie your shoes? I learned a lot from my father, like how to bait a hook, and fix a flat. Some things he took special time to show me how, but mostly he showed me how and why through his actions. Don't forget to remember your Dad this month, and share a story about your dad with someone.

Summer officially begins June 21st and it's already getting hotter and drier. The Summer Solstice is the longest day of the year. We're looking forward to continuing to enjoy these long evenings with our new patio furniture and umbrellas.

Our building renovations are moving right along! We'll be done with the paint and new carpet in the hallways in June. New lighting fixtures are going up in the hallways, as well, to help brighten them up.

We're especially excited about our new Wellness Center on the Third Floor. Part gym, part activity space, this area



will combine new workout equipment with your old favorites. We'll also be having more classes - from aerobics to yoga.

As always, I want to thank all our residents, families and staff for their gracious amounts of patience. You have all been great! Let's have a great summer.

Charlie



Congratulations Oscar!

RESIDENT SPOTLIGHT

Oscar Hilbert

Oscar Hilbert moved to CountrySide in 2008. He loves to instruct and play pool every Saturday - he even had special t-shirts made for everyone to wear while playing! Oscar enjoys swimming and playing the organ on Wednesdays and for the Catholic services here at CountrySide. One of his great joys is traveling. Instead of souvenirs, he collected patches from his travels and had them all sewn on a jacket. A man of many talents, Oscar is an Amateur Radio operator with a station here and a previous one in Australia. He is an Army WWII veteran with three Purple Hearts and numerous other medals.

Bella's Corner

Bella is growing up fast! Our friendly pup loves spending her days "working" throughout our community - from cheerful doorman to cuddly bedmate. She gives us all some exercise, too - especially during Lakeside with Bella. She loves playing fetch with a stick, romping around our grounds, posing for photos, and showing off her manners. Have you had your puppy fix today? Come out for some backyard playtime!



Follow Bella's photos and videos online at CountrySideLakes.com

Weigh Day on Saturday, June 3rd

Take an opportunity to join us for Weigh Day on Saturday, June 3rd in front of the first floor elevator, starting at 6:30 am. It's as simple as it sounds - weigh in and say hello to your nurses, Gail (Director of Nursing), and Carrie (Assistant Director of Nursing).





Beat the Heat Hydration Drive

A Thank You to our First Responders

We are hosting “Beat the Heat Hydration Drive” supplying water and Gatorade to show our appreciation to our first responders for their hard work and efforts in our community.

The event will be Tuesday, June 13th at 10 a.m. here at CountrySide Lakes – 941 Village Trail, Port Orange.

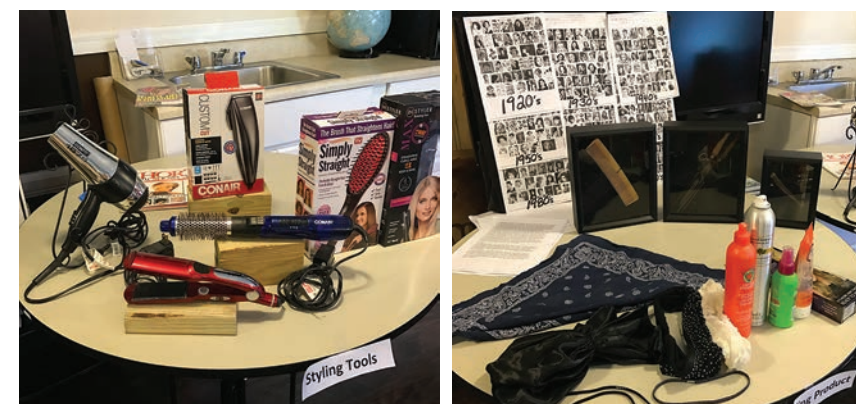
This is a great opportunity for our residents and their families to say “Thanks!” Donations of Gatorade and water can be dropped off at the Concierge Desk.

Unable to drop off drinks? Cash donations can be given to the Concierge Desk and we’ll purchase the water and Gatorade for you. All donations are greatly appreciated!

Join us to show our gratitude to the Port Orange First Responders. Everyone will have the opportunity to have their photos taken with the firemen and trucks to remember the occasion.

Then & Now – Hairstyles

One of our Then & Now sessions for the month of May was “Hair Styles and Products.” We featured pictures of hair styles, ranging from the 1920’s to the year 2000. We learned about different tools used to style your hair, different kinds and sizes of brushes and combs and things that can be worn in your hair. The Beauty Shop displayed an antique ivory comb, a straight razor, and an antique finger wave iron in its shadow boxes. The ladies had a great time reminiscing and talking about different hairstyles from their generation. A lot has changed over the years!



Interesting Dates in JUNE

- ❖ June 1, 1926 – Marilyn Monroe (1926-1962) was born in Los Angeles (as Norma Jean Mortensen).
- ❖ June 5, 1783 - The first sustained flight occurred as a hot-air balloon was launched at Annonay, France, by brothers Joseph and Jacques Montgolfier, and ascended to about 6,000 feet.
- ❖ June 6, 1944 - D-Day, the largest amphibious landing in history, began in the early-morning hours as Allied forces landed in Normandy on the northern coast of France.
- ❖ June 8, 1867 – American architect Frank Lloyd Wright (1867-1959) was born in Richland Center, Wisconsin.
- ❖ June 11, 1910 – Undersea explorer Jacques Cousteau (1910-1997) was born in Ste-Andre-de-Cubzac, France. In 1943, he helped invent the first underwater breathing apparatus, called the Aqualung.
- ❖ June 19, 1903 – Baseball great Lou Gehrig (1903-1941) was born in New York City. He played in 2,130 consecutive games and seven World Series for the New York Yankees and had a lifetime batting average of .340.
- ❖ June 30, 1997 - In Hong Kong, the flag of the British Crown Colony was officially lowered at midnight and replaced by a new flag representing China’s sovereignty and the official transfer of power.

WELCOME
NEW RESIDENTS!

B-215 Lillian W.
A-109 Gerald A.
B-209 Charlotte C.

RESIDENT BIRTHDAYS

June 1
Paul M.
June 5
Joe F.
Mort S.
June 6
Stanley W.
June 22
Irene S.
Ralph C.
June 23
Esther M.
June 25
Ruth R.
June 27
Virginia R.
Dorothy W.
John D.
June 28
Jo Ann A.
Dolores U.

STAFF BIRTHDAYS

June 1
Caitlin Belz
Server
June 14
Maria Morgan
Med Tech
June 21
Ruth Gibson
Concierge
June 22
Chad Owens
Physical Therapy
June 24
Cira Henrich
Caregiver

JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
Pentecost						
4	5	6	7	8	9	10
11	12	13	Flag Day	15	16	17
Father's Day			First Day of Summer			
18	19	20	21	22	23	24
25	26	27	28	29	30	

Angelita Pitcher

Congratulations, Angelita!
We're lucky to have you.

Angelita has been a part of CountrySide Lakes since June of 2000. A star housekeeper, she is always available to help out when needed, is an encouragement to her fellow employees, and loves our residents. Angelita enjoys shopping and working in her garden on her orchids. You can always count on her cheerful smile when you pass Angelita in the halls. Be sure to say Congratulations next time you see her!



CountrySide Lakes[®]

A Shepherd Senior Living Community

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