

# CountrySide Lakes®

A Shepherd Senior Living Community

## MAY 2017



## ACTIVITIES & WELLNESS CALENDAR

[CountrySideLakes.com](http://CountrySideLakes.com)



## ANIMAL THERAPY

Come pet, snuggle with, and enjoy a variety of animals, including our own community pup.



## AFTERNOON MOVIE

Join us for popcorn and snacks as we screen everything from classics to new releases.

## BEER, BRATS, AND BOYS

Boys will be boys. Sometimes, we just need a beer, a brat, and a reason to talk “guy stuff.” No rules here. Just good times.

## BIBLE STUDY

Chaplain Dannie guides you through the Bible and other topics of faith.

## BILLIARDS TOURNAMENT

Test your billiards skills amongst your fellow residents. Includes individual, team, and group matches.

## BOARD GAMES

Calling all talented gamers. We challenge you to the classics – from Monopoly and Sorry to oh-so-much more.

## BOOK CLUB

Love to read? Join us as we read and discuss everything – from the classics to today’s best selling novels.

## BOWLING

Dust off that ball, find those ugly shoes, and let’s go bowling in a local community alley.

## CARDS

Enjoy a variety of card games, including poker, bridge, euchre, canasta, rummy, UNO, Phase 10, and more.

## CARDS, COFFEE, AND CONVERSATION

Connect with friends here at CountrySide and in the broader community. We provide the cards and coffee.

## CHEF’S TABLE EXPERIENCE

An out of this world dining experience, including prime meats, fine wines, and seafood. Reservations required one day in advance – confirm with Linda or Cathy.



## COUNTRYSIDE CHOIR

Join us as we start our own CountrySide Lakes choir and sing our hearts out.

## CHURCH SERVICE

Worship with your neighbors, as local community churches come on-site to share a service with us.

## COMMUNITY ED

Local professionals teach us how to do a variety of things. These pros range from farmers to lawyers, accountants to engineers. Eventually, we’ll cover them all.

## COOKIES, CAKES, & CANDY

Yes, we have devoted an entire activity to these delicious morsels. Join us for baking and tasting.

## COOKING CLASS

Lee lets loose some secrets to his amazing dishes. Bring an apron for this hands-on experience. Tasters are also welcome.

## EVENING MOVIE

Join us for popcorn and snacks as we screen everything from classics to new releases.

## FLOWER ARRANGING

Learn the tips and tricks the pros use to create stunning flower arrangements. Brought to you by our local florists.

## FUN WITH CULINARY

Be our guest as we celebrate our chef, Lee. Bring your appetite for this special treat.

## HEALTHY EATING

Oh so much more than a cooking class, this experience shows you how what we put in our bodies impacts our well being.

## HOSTING AND ENTERTAINING

This peek behind the scenes lets you learn how the pros put together such a beautiful dining experience.

## NEWS TALK

Join us as we tackle current events with insightful conversation over coffee.

## DARTS

Check out our electronic dart game and join us as we practice and compete. Includes individual, team, and group matches.

## FRIDAY NIGHT LIGHTS

Curl up with some good snacks and watch sports, movies, and other TV shows together.

## HAPPY HOUR

The name says it all. Join us daily in the Atrium and don’t be surprised if Charlie throws in some themes and entertainment.

## HAPPY PAINTING

Create your own acrylic masterpiece over happy hour.

## KARAOKE

Back by popular demand. Croon away to your favorites.

## LAKESIDE PARTY

Weather permitting, we head down to the water and have some fun. On rainy days, we bring it inside.

## LIVE ENTERTAINMENT

Good times for all, brought to you by local magicians, jugglers, children’s groups, and musicians.

## NAPKIN FOLDING

Are you amazed by the unique styles of napkins in the dining room? Learn how to do it yourself and dazzle your family and friends at your next gathering.

## OUTDOOR GAMES

Weather permitting, we play shuffleboard, bocce ball, croquet, and more.

## PERSONAL TRIPS

Need a ride? We’ll take you wherever you want to go.

## PINE BOX DERBY

Were you a Scout as a kid? Or wish you were? Now’s your chance to re-connect with some classic fun and challenge the neighborhood kids to a Derby. Family involvement in building your car is welcome.

## PLANTING & POTTING

Have a green thumb? Join us as we beautify our community with live plants and flowers.

## POOL PARTY

Cool off from the FL sunshine or just come outside by the deck and enjoy games, refreshments, and entertainment.

## PRIZE PATROL

Come help us make the day of some lucky resident – maybe even you. It’s a surprise party at their place.

## PROGRESSIVE PARTY

Each week we will visit several different locations here at CountrySide – maybe even your apartment. At each stop, we sample a treat, play a game, and laugh, laugh, laugh.

## PUZZLES

Everyone likes a good puzzle. It’s even more fun with friends.

## QUEST

Join us on this scavenger hunt where you never leave the room. You’ll be asked to find everyday items that you may or may not have with you. Take it up a notch – bring your own bag of tricks.

## SATURDAY NIGHT FEVER

It’s the theme party of the week. Join us and let loose with your friends and neighbors.

## SHOPPING TRIPS

Where do you want to go? We’re at your service.



## SPORTS TALK

Show off your favorite team apparel and join Charlie in a round table discussion about local, college, and national sports.

## STORYTELLING

Come spin your yarns with us. Or better yet, just come listen to the pros and your fellow amateurs.

## SURPRISE!

This unique event is different every time, depending on who attends. Bring your creativity and craft a masterpiece in multiple art mediums.

## TEA TIME

Come sample teas from around the globe and learn tips and tricks for brewing that perfect cup.

## TRIVIA

Immerse yourself in fun facts about the past, the bizarre, and the unknown with this game of unlimited topics.

## TRUST

Through a series of games and activities, learn to trust your fellow residents. Or not! There is a twist and you’ll love it.

## TV SHOWS

Whether you watch *Blacklist*, *House of Cards*, *The Walking Dead*, or *The Big Bang Theory*, join us as we “binge watch” our favorites together.

## VARIETY SHOW

Everyone is welcome as the community shows off its talent.

## VISITING CHEF

Enjoy a cooking show and tastings from one of our local Port Orange, Daytona, or New Smyrna Beach chefs.

## Wii SPORTS

Loved by those of all ages. We’re out to find our own Wimbledon and NFL champions.

## WINE CLUB

Be a part of this lucky group that samples a flight of wine each week and provides us feedback as we build our CountrySide Lakes wine cellar.





MAY 7-13, 2017

Sunday 7

**9:00 am**  
**Hosting & Entertaining**  
 1st Floor Dining Room

**Circuit Training**  
 3rd Floor Exercise Space

**9:30 am**  
**Coffee & Conversation**  
 1st Floor Lobby

**Crosswords**  
 2nd Floor Activity Area

**10:00 am**  
**Our Lady of Hope Group**  
**Liturgy**  
 2nd Floor Activity Area

**10:30 am**  
**CountrySide Church**  
**Service**  
 1st Floor Atrium

**1:30 pm**  
**Outdoor Games**  
 Backyard

**Snacks**  
 1st Floor Dining Room

**2:00 pm**  
**Afternoon Movie**  
 2nd Floor Activity Area

**Board Games**  
 1st Floor Atrium

**Chicken Soup for the Soul**  
 1st Floor Lobby

**3:00 pm**  
**Trivia**  
 1st Floor Lobby

**Darts**  
 3rd Floor Billiards Area

**Circuit Training**  
 3rd Floor Exercise Space

**6:30 pm**  
**Evening Movie**  
 1st Floor Atrium

**Cornhole**  
 Outback

**7:00 pm**  
**Cakes, Cookies & Candies**  
 1st Floor Dining Room

Monday 8

**8:30 am**  
**Shopping / Banking Trips**  
 Check In at Concierge Desk

**9:00 am**  
**Wheel of Fortune**  
 2nd Floor Activity Area

**Circuit Training**  
 3rd Floor Exercise Space

**9:30 am**  
**Darts**  
 3rd Floor Billiards Area

**9:45 am**  
**Morning Coffee**  
 1st Floor Atrium

**10:00 am**  
**Healthy Eating**  
 1st Floor Dining Room

**10:45 am**  
**Sing Along**  
 1st Floor Lobby

**1:00 pm**  
**Matinee Movie Out**  
 Check In at Concierge Desk

**Chicken Soup for the Soul**  
 1st Floor Lobby

**2:00 pm**  
**Then & Now**  
 2nd Floor Activity Area

**3:00 pm**  
**Surprise**  
 1st Floor Atrium

**Circuit Training**  
 3rd Floor Exercise Space

**6:30 pm**  
**Live Entertainment**  
**Frank Kessel**  
 1st Floor Lobby

**6:30 pm**  
**Darts**  
 3rd Floor Billiards Area

**Beer, Brats & Boys**  
 3rd Floor Billiards Area

**7:00 pm**  
**Book Club**  
 1st Floor Lobby

Tuesday 9

**9:00 am**  
**Warner Christian**  
**Academy Choir**  
 1st Floor Lobby

**Personal / Doctor Trips**  
 Check In at Concierge Desk

**Seniorobics**  
 2nd Floor Activity Area

**Darts**  
 3rd Floor Billiards Area

**9:30 am**  
**Bible Study**  
 2nd Floor Activity Area

**Prize Patrol**  
 1st Floor Dining Room

**10:00 am**  
**Outdoor Games**  
 Backyard

**Wii Games**  
 2nd Floor Activity Area

**Circuit Training**  
 3rd Floor Exercise Space

**10:30 am**  
**Chicken Soup for the Soul**  
 1st Floor Lobby

**Outdoor Games**  
 Backyard

**1:30 pm**  
**Bingo**  
 2nd Floor Activity Area

**Cooking Quiz**  
 1st Floor Dining Room

**2:00 pm**  
**Visiting Chef**  
 1st Floor Dining Room

**Storytelling**  
 1st Floor Lobby

**3:00 pm**  
**Community Ed -**  
**Connect Hearing**  
 2nd Floor Activity Area

**6:30 pm**  
**Wii Bowling**  
 2nd Floor Activity Area

**Chicken Soup for the Soul**  
 1st Floor Lobby

**Travelogue**  
 1st Floor Atrium

Wednesday 10

**9:00 am**  
**Personal Trips**  
 Check In at Concierge Desk

**Cornhole**  
 Backyard

**Uno Card Game**  
 1st Floor Atrium

**Morning Meditation**  
 3rd Floor Exercise Space

**9:30 am**  
**Trivial Pursuit**  
 1st Floor Atrium

**Book Club**  
 2nd Floor Library

**10:00 am**  
**Our Lady of Hope Mass**  
 2nd Floor Activity Area

**Fun with Culinary**  
 1st Floor Dining Room

**10:30 am**  
**CountrySide Choir**  
 1st Floor Atrium

**Outdoor Games**  
 Backyard

**11:00 am**  
**Exercise with Bella**  
 Outdoor Pool Area

**11:30 pm**  
**Lunch Bunch Out**  
 Check In at Concierge Desk

**2:00 pm**  
**Progressive Party**  
 2:45 pm - 2nd Floor Activity Area  
 3:00 pm - 1st Floor Atrium

**Community Ed -**  
**Volusia Medical**  
 1st Floor Atrium

**3:00 pm**  
**Beat the Clock**  
 Check In at Concierge Desk

**6:30 pm**  
**Chefs Table Experience**  
 (Limited Seating Sign up at Concierge)  
 1st Floor Atrium

**Evening Movie**  
 2nd Floor

**Darts**  
 3rd Floor Billiards Area

Thursday 11

**9:00 am**  
**Personal / Doctor Trips**  
 Check In at Concierge

**Seniorobics**  
 2nd Floor Activity Area

**Morning Meditation**  
 3rd Floor Exercise Space

**9:30 am**  
**Bible Study**  
 2nd Floor Activity Area

**Outdoor Games - Croquet**  
 Backyard

**9:45 am**  
**Cookie, Cakes & Candies**  
 1st Floor Dining Room

**10:00 am**  
**Storytelling**  
 1st Floor Lobby

**Chair Yoga**  
 2nd Floor Activity Area

**10:30 am**  
**Darts**  
 3rd Floor Billiards Area

**1:00 pm**  
**Live Entertainment**  
**Harpist Melody**  
 1st Floor Atrium

**1:30 pm**  
**Milk Shake Social**  
 1st Floor Atrium

**3:00 pm**  
**Prize Patrol**  
 1st Floor Dining Room

**Beat the Clock**  
 3rd Floor Exercise Space

**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium

**5:00 pm**  
**Dinner Night Out**  
 Check In at Concierge Desk

**6:30 pm**  
**Movie**  
 2nd Floor Activity Area

**Darts**  
 3rd Floor Billiards room

Friday 12

**8:30 am**  
**Shopping / Banking Trips**  
 Check In at Concierge Desk

**Personal Trips**  
 Check In at Concierge Desk

**9:00 am**  
**Seniorobics**  
 2nd Floor Activity Area

**9:30 am**  
**Exercise with Bella**  
 Outdoor Pool Area

**9:45 am**  
**Coffee & Danish**  
 1st Floor Atrium

**Outdoor Games**  
 Backyard

**10:00 am**  
**News Talk**  
 1st Floor Lobby

**Dominoes**  
 1st Floor Atrium

**10:30 am**  
**Puzzles**  
 3rd Floor Billiards Area

**Wii Bowling**  
 2nd Floor Activity Area

**1:00 pm**  
**Shopping**  
 Bealls, Ross, Walgreens

**2:00 pm**  
**Happy Hour**  
 1st Floor Atrium

**Live Entertainment**  
**Judy Locke**  
 1st Floor Atrium

**3:30 pm**  
**Margaritaville Party**  
**with Live Music**  
 Pool Deck

**6:30 pm**  
**Evening Movie**  
 2nd Floor Activity Area

**7:00 pm**  
**Billiards**  
 3rd Floor Billiards room

Saturday 13

**9:00 am**  
**Outdoor Games**  
 Backyard

**Billiards Instruction**  
 3rd Floor Billiards Area

**Personal Trips**  
 Check In at Concierge Desk

**Circuit Training**  
 3rd Floor Exercise Space

**10:00 am**  
**News Talk**  
 1st Floor Lobby

**Cooking Quiz**  
 1st Floor Dining Room

**10:45 am**  
**Darts**  
 3rd Floor Billiards Area

**Dominoes**  
 2nd Floor Activity Area

**1:30 pm**  
**Bingo**  
 2nd Floor Activity Area

**Book Club**  
 1st Floor Lobby

**2:00 pm**  
**Afternoon Movie**  
 1st Floor Atrium

**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium

**6:30 pm**  
**Movie**  
 1st Floor Atrium

**Darts**  
 3rd Floor Billiards Area

**7:00 pm**  
**Price is Right**  
 2nd Floor Activity Area

# ACTIVITIES SCHEDULE

CountrySide Lakes

## RESIDENT BIRTHDAYS

- May 1  
**Eloise D.**
- May 5  
**Joseph F.**
- May 8  
**Sam A.**
- May 8  
**Jan S.**
- May 9  
**Anna C.**
- May 9  
**Elliott H.**
- May 11  
**Dom D.**
- May 14  
**Frances M.**
- May 15  
**Bill S.**
- May 16  
**Kay B.**
- May 17  
**Bernice G.**
- May 19  
**Ken S.**
- May 21  
**Walma T.**



# MAY 14-20, 2017

Sunday 14

**MOTHER'S DAY**  
**9:00 am**  
**Hosting & Entertaining**  
 1st Floor Dining Room  
**Circuit Training**  
 3rd Floor Exercise Space  
**9:30 am**  
**Coffee & Conversation**  
 1st Floor Lobby  
**Wii Tennis/Golf**  
 2nd Floor Activity Area  
**10:30 am**  
**CountrySide Church Service**  
 1st Floor Atrium  
**2:00 pm**  
**Afternoon Movie**  
 1st Floor Atrium  
**Board Games**  
 2nd Floor Activity Area  
**3:00 pm**  
**Trivia**  
 1st Floor Lobby  
**Wii Bowling**  
 2nd Floor Activity Area  
**Circuit Training**  
 3rd Floor Exercise Space  
**6:30 pm**  
**Evening Movie**  
 1st Floor Atrium  
**Cornhole**  
 Backyard  
**7:00 pm**  
**Cakes, Cookies & Candies**  
 1st Floor Dining Room

Monday 15

**8:30 am**  
**Shopping / Banking Trips**  
 Check In at Concierge Desk  
**9:00 am**  
**Wheel of Fortune**  
 2nd Floor Activity Area  
**Chicken Soup for the Soul**  
 1st Floor Lobby  
**Functional Flex**  
 3rd Floor Exercise Space  
**9:45 am**  
**Potting & Planting**  
 1st Floor Atrium  
**10:00 am**  
**Healthy Eating**  
 1st Floor Dining Room  
**Outdoor Games**  
 Backyard  
**10:30 am**  
**Darts**  
 3rd Floor Billiards Area  
**Coffee & Conversation**  
 1st Floor Atrium  
**1:00 pm**  
**Shopping**  
 Dollar Tree  
**Live Entertainment**  
**Bobby Meeks**  
 1st Floor Lobby  
**2:00 pm**  
**Then & Now**  
 2nd Floor Activity Area  
**Journey of a Lifetime**  
**Walking Club**  
 Outdoor Pool Area  
**3:00 pm**  
**Surprise**  
 1st Floor Atrium  
**Community Ed - Miracle Ear**  
 2nd Floor Activity Area  
**Beat The Clock**  
 Check In at Concierge Desk  
**6:30 pm**  
**Movie**  
 2nd Floor Activity Area  
**Darts**  
 3rd Floor Billiards Area  
**7:00 pm**  
**Book Club**  
 1st Floor Lobby

Activities are shown in red. Wellness classes are in blue.

Tuesday 16

**9:00 am**  
**Personal / Doctor Trips**  
 Check In at Concierge Desk  
**Seniorobics**  
 2nd Floor Activity Area  
**Darts**  
 3rd Floor Billiards Area  
**H2O Cardio in Pool**  
 Outdoor Pool Area  
**9:30 am**  
**Bible Study**  
 2nd Floor Activity Area  
**Prize Patrol**  
**10:00 am**  
**Wii Games**  
 2nd Floor Activity Area  
**Exercise with Bella**  
 Outdoor Pool Area  
**10:30 am**  
**Chicken Soup for the Soul**  
 1st Floor Lobby  
**Outdoor Games**  
 Backyard  
**1:00 pm**  
**Mindful Basics**  
 3rd Floor Exercise Space  
**1:30 pm**  
**Bingo**  
 2nd Floor Activity Area  
**Cooking Quiz**  
 1st Floor Dining Room  
**3:00 pm**  
**Adventure Club**  
 Backyard  
**2:00 pm**  
**Visiting Chef**  
 1st Floor Dining Room  
**Storytelling**  
 1st Floor Lobby  
**6:30 pm**  
**Movie**  
 1st Floor Atrium  
**Wii Bowling**  
 2nd Floor Activity Area  
**Chicken Soup for the Soul**  
 1st Floor Lobby

Wednesday 17

**9:00 am**  
**Personal Trips**  
 Check In at Concierge Desk  
**Cornhole**  
 Backyard  
**Resident Council Meeting**  
 1st Floor Atrium  
**9:30 am**  
**Trivia**  
 1st Floor Atrium  
**10:00 am**  
**Our Lady of Hope Mass**  
 2nd Floor Activity Area  
**Fun with Culinary**  
 1st Floor Dining Room  
**Functional Flex**  
 3rd Floor Exercise Space  
**10:30 am**  
**CountrySide Choir**  
 1st Floor Atrium  
**10:45 am**  
**Exercise**  
 2nd Floor Activity Space  
**11:00 am**  
**Exercise with Bella**  
 Outdoor Pool Area  
**11:30 pm**  
**Birthday Luncheon**  
 1st Floor Dining Room  
**2:00 pm**  
**Progressive Party**  
 2:45 pm - 2nd Floor Activity Area  
 3:00 pm - 1st Floor Atrium  
**Stretch**  
 2nd Floor Activity Space  
**6:30 pm**  
**Live Entertainment**  
**George Gall**  
 1st Floor Lobby  
**Chefs Table Experience**  
 (Limited Space, Sign up at Concierge)  
 1st Floor Atrium  
**7:00 pm**  
**Movie**  
 2nd Floor Activity Area  
**Billiards Tournament**  
 3rd Floor Billiards Area

Thursday 18

**9:00 am**  
**Personal / Doctor Trips**  
 Check In at Concierge Desk  
**Seniorobics**  
 2nd Floor Activity Area  
**H2O Cardio in Pool**  
 Outdoor Pool Area  
**9:30 am**  
**Bible Study**  
 2nd Floor Activity Area  
**9:45 am**  
**Cookie, Cakes & Candies**  
 1st Floor Dining Room  
**Outdoor Games**  
 Backyard  
**10:00 am**  
**Book Club**  
 2nd Floor Library  
**Puzzles**  
 3rd Floor Billiards Area  
**Chair Yoga**  
 2nd Floor Activity Space  
**10:30 am**  
**Morning Snack**  
 1st Floor Atrium  
**11:00 am**  
**Exercise with Bella**  
 Outdoor Pool Area  
**1:30 pm**  
**Ice Cream Social**  
 1st Floor Atrium  
**2:00 pm**  
**Surprise**  
 1st Floor Atrium  
**3:00 pm**  
**Prize Patrol**  
 1st Floor Dining Room  
**Adventure Club**  
 Backyard  
**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium  
**5:00 pm**  
**Dinner Night Out**  
 Check In at Concierge Desk  
**6:30 pm**  
**Live Ent. Shannon Rae**  
 1st Floor Lobby  
**7:00 pm**  
**Evening Movie**  
 2nd Floor Activity Area

Friday 19

**8:30 am**  
**Shopping / Banking Trips**  
 Check In at Concierge Desk  
**9:00 am**  
**Seniorobics**  
 2nd Floor Activity Area  
**Sing Along**  
 1st Floor Lobby  
**9:30 am**  
**Morning Meditation**  
 2nd Floor Activity Area  
**Morning Meditation**  
 2nd Floor Activity Space  
**9:45 am**  
**Outdoor Games**  
 Backyard  
**10:00 am**  
**Chicken Soup for the Soul**  
 1st Floor Lobby  
**10:30 am**  
**Puzzles**  
 3rd Floor Billiards Area  
**10:45 am**  
**Wii Bowling**  
 2nd Floor Activity Area  
**1:00 pm**  
**Bus Ride**  
**Stretch**  
 2nd Floor Activity Space  
**2:00 pm**  
**Happy Hour**  
 1st Floor Atrium  
**Marcia & Mike**  
 1st Floor Atrium  
**3:15 pm**  
**Dance Party**  
 2nd Floor Activity Area  
**6:30 pm**  
**Evening Movie**  
 1st Floor Atrium  
**Circuit Training**  
 3rd Floor Exercise Space  
**7:00 pm**  
**Billiards**  
 3rd Floor Billiards room  
**Friday Night Lights**  
 2nd Floor Activity Area

Saturday 20

**ARMED FORCES DAY**  
**9:00 am**  
**Personal Trips**  
 Check In at Concierge Desk  
**Outdoor Games**  
 Backyard  
**Billiards Instruction**  
 3rd Floor Billiards room  
**10:00 am**  
**News Talk**  
 1st Floor Lobby  
**Cooking Quiz**  
 1st Floor Dining Room  
**Circuit Training**  
 3rd Floor Exercise Space  
**1:30 pm**  
**Bingo**  
 2nd Floor Activity Area  
**Book Club**  
 1st Floor Lobby  
**2:00 pm**  
**Afternoon Movie**  
 1st Floor Atrium  
**Wii Bowling**  
 2nd Floor Activity Area  
**Circuit Training**  
 3rd Floor Exercise Space  
**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium  
**6:30 pm**  
**Beers, Brats, Boys**  
 3rd Floor Billiards Area  
**Evening Movie**  
 1st Floor Atrium  
**Darts**  
 3rd Floor Billiards Area

## CountrySide Lakes STAFF BIRTHDAYS

May 1  
**Melissa Patterson**  
 Med Tech  
 May 3  
**Samantha Olsen**  
 Server  
 May 4  
**Brianna Perez**  
 Server  
 May 5  
**Lisa Conway**  
 Server  
 May 6  
**Maryanna Hilton**  
 Dining Room Supervisor  
 May 7  
**Marcella Medel**  
 Caregiver  
**Amber Paytas**  
 LPN  
 May 13  
**Michael Wright**  
 Med Tech  
 May 15  
**Marissa Wallace**  
 Caregiver  
 May 17  
**Vivian Roberts**  
 Housekeeper  
 May 18  
**Sandra Talbot**  
 Sales & Marketing Director  
 May 19  
**Ryan Gardner**  
 Housekeeper  
 May 24  
**Gina LaMendola**  
 LPN  
 May 27  
**Dannie Webster**  
 Chaplain  
 May 28  
**Elenita Stewart**  
 Server  
**Melody Moses**  
 Med Tech  
 May 29  
**Kaitlyn Mulvenna**  
 Server  
**Barb Tyler**  
 Cook

# MAY 21-27, 2017

Sunday 21

**9:00 am**  
**Hosting & Entertaining**  
 1st Floor Dining Room  
**Circuit Training**  
 3rd Floor Exercise Space  
**9:30 am**  
**Coffee & Conversation**  
 1st Floor Lobby  
**Crosswords**  
 2nd Floor Activity Area  
**10:00 am**  
**Our Lady of Hope Group**  
**Liturgy**  
 2nd Floor Activity Area  
**10:30 am**  
**CountrySide Church**  
**Service**  
 1st Floor Atrium  
**1:30 pm**  
**Outdoor Games**  
 Backyard  
**Snacks**  
 1st Floor Dining Room  
**2:00 pm**  
**Afternoon Movie**  
 2nd Floor Activity Area  
**Board Games**  
 1st Floor Atrium  
**Chicken Soup for the Soul**  
 1st Floor Lobby  
**3:00 pm**  
**Trivia**  
 1st Floor Lobby  
**Darts**  
 3rd Floor Billiards Area  
**Circuit Training**  
 3rd Floor Exercise Space  
**6:30 pm**  
**Evening Movie**  
 1st Floor Atrium  
**Indoor Cornhole**  
 Backyard  
**7:00 pm**  
**Cakes, Cookies & Candies**  
 1st Floor Dining Room

Monday 22

**8:30 am**  
**Shopping / Banking Trips**  
 Check In at Concierge Desk  
**9:00 am**  
**Wheel of Fortune**  
 2nd Floor Activity Area  
**Outdoor Games**  
 Backyard  
**Circuit Training**  
 3rd Floor Exercise Space  
**9:45 am**  
**Scrabble**  
 1st Floor Atrium  
**10:00 am**  
**Health Tips**  
 2nd Floor Activity Area  
**Prize Patrol**  
 1st Floor Dining Room  
**10:30 am**  
**Coffee & Conversation**  
 1st Floor Atrium  
**1:00 pm**  
**Shopping**  
 Walmart  
**1:30 pm**  
**Wii Games**  
 2nd Floor Activity Area  
**2:00 pm**  
**Then & Now**  
 2nd Floor Activity Area  
**Journey of a Lifetime**  
**Walking Club**  
 2nd Floor Activity Area  
**3:00 pm**  
**Surprise**  
 1st Floor Atrium  
**Snacks**  
 1st Floor Atrium  
**Circuit Training**  
 3rd Floor Exercise Space  
**6:30 pm**  
**Evening Movie**  
 1st Floor Atrium  
**Billiards**  
 3rd Floor Billiards room  
**7:00 pm**  
**Book Club**  
 1st Floor Lobby

Activities are shown in red. Wellness classes are in blue.

Tuesday 23

**9:00 am**  
**Personal / Doctor Trips**  
 Check In at Concierge Desk  
**Seniorobics**  
 2nd Floor Activity Area  
**H2O Cardio in Pool**  
 Outdoor Pool Area  
**9:30 am**  
**Bible Study**  
 2nd Floor Activity Area  
**Billiards**  
 3rd Floor Billiards Area  
**Exercise with Bella**  
 Outdoor Pool Area  
**10:30 am**  
**Chicken Soup for the Soul**  
 1st Floor Lobby  
**Yahtzee Game**  
 1st Floor Atrium  
**1:30 pm**  
**Bingo**  
 2nd Floor Activity Area  
**2:00 pm**  
**Visiting Chef**  
 1st Floor Dining Room  
**Darts**  
 3rd Floor Billiards Area  
**Beat the Clock**  
 Check In at Concierge Desk  
**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium  
**6:30 pm**  
**Evening Movie**  
 1st Floor Atrium  
**Wii Bowling**  
 2nd Floor Activity Area  
**7:00 pm**  
**Fun with Culinary**  
 1st Floor Dining Room

Wednesday 24

**9:00 am**  
**Personal Trips**  
 Check In at Concierge Desk  
**Build Cornhole**  
 Backyard  
**9:30 am**  
**Crossword Puzzles**  
 2nd Floor Activity Area  
**10:00 am**  
**Fun with Culinary**  
 1st Floor Dining Room  
**Functional Flex**  
 3rd Floor Exercise Space  
**10:30 am**  
**CountrySide Choir**  
 1st Floor Atrium  
**11:00 am**  
**Exercise with Bella**  
 Outdoor Pool Area  
**11:30 pm**  
**Birthday Luncheon**  
 1st Floor Dining Room  
**2:00 pm**  
**Progressive Party**  
 2:45 pm - 2nd Floor Activity Area  
 3:00 pm - 1st Floor Atrium  
**Stretch**  
 2nd Floor Activity Area  
**3:00 pm**  
**Mindful Basics**  
 3rd Floor Exercise Space  
**6:30 pm**  
**Evening Movie**  
 2nd Floor Activity Area  
**Chefs Table Experience**  
 (Limited Seating,  
 Sign up at Concierge)  
 1st Floor Atrium  
**7:00 pm**  
**Billiards**  
 3rd Floor Billiards Area

Thursday 25

**9:00 am**  
**Personal / Doctor Trips**  
 Check In at Concierge Desk  
**Seniorobics**  
 2nd Floor Activity Area  
**H2O Cardio in Pool**  
 Outdoor Pool Area  
**9:30 am**  
**Bible Study**  
 2nd Floor Activity Area  
**Reminiscing**  
 2nd Floor Library  
**9:45 am**  
**Cookie, Cakes & Candies**  
 1st Floor Dining Room  
**10:00 am**  
**Storytelling**  
 1st Floor Lobby  
**Chair Yoga**  
 2nd Floor Activity Area  
**10:30 am**  
**Crossword Puzzles**  
 1st Floor Atrium  
**1:30 pm**  
**Surprise**  
 1st Floor Atrium  
**Root Beer Floats**  
 1st Floor Atrium  
**2:00 pm**  
**Outdoor Games**  
 Backyard  
**Exercise with Bella**  
 Outdoor Pool Area  
**3:00 pm**  
**Prize Patrol**  
 1st Floor Dining Room  
**Darts**  
 3rd Floor Billiards Area  
**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium  
**5:00 pm**  
**Dinner Night Out**  
 Check In at Concierge Desk  
**6:30 pm**  
**Movie**  
 1st Floor Atrium  
**7:00 pm**  
**Billiards**  
 3rd Floor Billiards Area

# ACTIVITIES SCHEDULE

Friday 26

**8:30 am**  
**Shopping / Banking Trips**  
 Check In at Concierge Desk  
**9:00 am**  
**Seniorobics**  
 2nd Floor Activity Area  
**9:30 am**  
**Morning Meditation**  
 2nd Floor Activity Area  
**Outdoor Games**  
 Backyard  
**9:45 am**  
**Outdoor Games**  
 Backyard  
**Scrabble**  
 2nd Floor Activity Area  
**10:30 am**  
**Board Games/Puzzles**  
 3rd Floor Billiards Area  
**Darts**  
 3rd Floor Billiards Area  
**1:00 pm**  
**Shopping**  
 Kohls  
**Stretch**  
 2nd Floor Activity Area  
**2:00 pm**  
**Happy Hour**  
 1st Floor Atrium  
**Marsha & Mike**  
 1st Floor Atrium  
**3:15 pm**  
**Dance Party**  
 2nd Floor Activity Area  
**6:30 pm**  
**Live Entertainment**  
**Sims Kline**  
 1st Floor Atrium  
**Circuit Training**  
 3rd Floor Exercise Space  
**7:00 pm**  
**Darts**  
 3rd Floor Billiards room  
**Friday Night Lights**  
 2nd Floor Activity Area

Saturday 27

**9:00 am**  
**Outdoor Games**  
 Backyard  
**Billiards Instruction**  
 3rd Floor Billiards Area  
**Personal Trips**  
 Check In at Concierge Desk  
**Circuit Training**  
 3rd Floor Exercise Space  
**10:00 am**  
**News Talk**  
 1st Floor Lobby  
**Checkers Game**  
 2nd Floor Activity Area  
**1:30 pm**  
**Bingo**  
 2nd Floor Activity Area  
**Storytelling**  
 1st Floor Lobby  
**2:00 pm**  
**Afternoon Movie**  
 1st Floor Atrium  
**Share Your Favorite**  
**Recipes**  
 1st Floor Dining Room  
**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium  
**Cornhole**  
 Backyard  
**Circuit Training**  
 3rd Floor Exercise Space  
**6:30 pm**  
**Beers, Brats, Boys**  
 3rd Floor Billiards Area  
**Saturday Night Fever**  
 2nd Floor Activity Area  
**7:00 pm**  
**Movie**  
 1st Floor Atrium  
**Dominoes**  
 2nd Floor Activity Area

## HOLIDAYS & SPECIAL EVENTS

- May 1-20  
**Taurus**
- May 21-31  
**Gemini**
- Year of the Red Fire Rooster
- May 1  
**May Day**
- May 5  
**Cinco de Mayo**
- May 14  
**Mother's Day**
- May 20  
**Armed Forces Day**
- May 29  
**Memorial Day**



# MAY 28-31, 2017

Sunday 28

**9:00 am**  
**Hosting & Entertaining**  
 1st Floor Dining Room

**Puzzles**  
 3rd Floor Billiards Area

**Circuit Training**  
 3rd Floor Exercise Space

**9:30 am**  
**Coffee & Conversation**  
 1st Floor Lobby

**Wii Games**  
 2nd Floor Activity Area

**10:00 am**  
**Our Lady of Hope Liturgy**  
 2nd Floor Activity Area

**10:30 am**  
**CountrySide Church Service**  
 1st Floor Atrium

**1:30 pm**  
**Live Entertainment**  
**Forgiven Way Band**  
 1st Floor Lobby

**2:00 pm**  
**Afternoon Movie**  
 2nd Floor Activity Area

**Board Games**  
 1st Floor Atrium

**2:30**  
**Word Search Fun**  
 1st Floor Lobby

**Outdoor Games**  
 Backyard

**Billiards**  
 3rd Floor Billiards Area

**Circuit Training**  
 3rd Floor Exercise Space

**6:30 pm**  
**Evening Movie**  
 1st Floor Atrium

**Beers, Brats & Boys**  
 3rd Floor Billiards Area

**7:00 pm**  
**Cakes, Cookies & Candies**  
 1st Floor Dining Room

Monday 29

**MEMORIAL DAY**

**8:30 am**  
**Shopping / Banking Trips**  
 Check In at Concierge Desk

**9:00 am**  
**Wheel of Fortune**  
 2nd Floor Activity Area

**9:45 am**  
**Potting & Planting**  
 1st Floor Atrium

**10:00 am**  
**Healthy Eating**  
 1st Floor Dining Room

**10:30 am**  
**Coffee & Conversation**  
 1st Floor Atrium

**11:00 am**  
**Memorial Day Lunch**  
 1st Floor Dining Room

**12:30 pm**  
**Matinee Movie Out**  
 Check In at Concierge Desk

**1:00 pm**  
**Shopping**  
 Target

**2:00 pm**  
**Then & Now**  
 2nd Floor Activity Area

**Journey of a Lifetime Walking Club**  
 2nd Floor Activity Area

**3:00 pm**  
**Surprise**  
 1st Floor Atrium

**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium

**6:30 pm**  
**Darts**  
 3rd Floor Billiards Area

**Beer, Brats & Boys**  
 3rd Floor Billiards Area

**7:00 pm**  
**Book Club**  
 1st Floor Lobby

# ACTIVITIES SCHEDULE

Tuesday 30

**9:00 am**  
**Personal / Doctor Trips**  
 Check In at Concierge Desk

**Seniorobics**  
 2nd Floor Activity Area

**H2O Cardio in Pool**  
 Outdoor Pool Area

**9:30 am**  
**Bible Study**  
 2nd Floor Activity Area

**10:00 am**  
**Craft Class**  
 1st Floor Atrium

**Exercise with Bella**  
 Outdoor Pool Area

**10:30 am**  
**Storytelling**  
 1st Floor Lobby

**Wii Bowling**  
 2nd Floor Activity Area

**Circuit Training**  
 3rd Floor Exercise Space

**11:00 am**  
**Functional Flex**  
 3rd Floor Exercise Space

**1:30 pm**  
**Bingo**  
 2nd Floor Activity Area

**2:00 pm**  
**Visiting Chef**  
 1st Floor Dining Room

**Darts**  
 3rd Floor Billiards Area

**Adventure Club**  
 Backyard

**3:00 pm**  
**Beat the Clock**  
 Check In at Concierge Desk

**3:30 pm**  
**Happy Hour**  
 1st Floor Atrium

**6:30 pm**  
**Billiards**  
 3rd Floor Billiards Area

**Evening Movie**  
 2nd Floor Activity Area

**7:00 pm**  
**Fun with Culinary**  
 1st Floor Dining Room

Wednesday 31

**9:00 am**  
**Personal Trips**  
 Check In at Concierge Desk

**Trivia**  
 1st Floor Atrium

**Morning Meditation**  
 3rd Floor Exercise Space

**9:30 am**  
**Darts**  
 3rd Floor Billiards Area

**10:00 am**  
**Fun with Culinary**  
 1st Floor Dining Room

**Functional Flex**  
 3rd Floor Exercise Space

**10:30 am**  
**CountrySide Choir**  
 1st Floor Atrium

**10:45 am**  
**Exercise**  
 2nd Floor Activity Area

**11:00 am**  
**Exercise with Bella**  
 Outdoor Pool Area

**11:30 pm**  
**Lunch Bunch Out**  
 Check In at Concierge Desk

**2:00 pm**  
**Stretch**  
 2nd Floor Activity Area

**2:45 pm**  
**Progressive Party**  
 2:45 pm - 2nd Floor Activity Area  
 3:00 pm - 1st Floor Atrium

**3:00 pm**  
**Beat the Clock**  
 Check In at Concierge Desk

**6:30 pm**  
**Happy Hour**  
 1st Floor Atrium

**Chef's Table Experience**  
 (Limited Seating, Sign up at Concierge)  
 1st Floor Atrium

**7:00 pm**  
**Movie**  
 2nd Floor Activity Area

**Billiards Tournament**  
 3rd Floor Billiards Area

**Beer, Brats & Boys**  
 3rd Floor Billiards Area

Activities are shown in red. Wellness classes are in blue.